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# Water shortages worsened by reservoir effects

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**The expansion of reservoirs to cope with droughts and water shortages is hotly debated in many places around the world. We argue that there are two counterintuitive dynamics that should be considered in this debate: *supply-demand cycles* and *reservoir effects*. Supply-demand cycles describe instances where increasing water supply enables higher water demand, which can quickly offset the initial benefits of reservoirs. Reservoir effects refer to cases where over-reliance on reservoirs increases vulnerability, and therefore increases the potential damage caused by droughts. Here we illustrate these counterintuitive dynamics with global and local examples, and discuss policy and research implications.**

Throughout history, societies have been severely affected by drought. The collapse of various ancient civilizations, such as the Maya, has been attributed to prolonged periods of drought<sup>1</sup>. Individuals, communities, and societies have reacted and adapted to drought primarily by exploiting groundwater, building dams and expanding infrastructure for surface water storage and transfer, which aim to stabilize water availability. Consequently, the hydrological regime has become highly artificial in many regions of the world<sup>2,3</sup>, and low flow conditions are influenced by both climatic and anthropogenic factors<sup>4-6</sup>, including reservoir management<sup>7,8</sup>.

Drought occurrences can trigger temporary reductions of water availability, often leading to water shortages when water demand cannot be satisfied by the available water. Societal responses to water shortages can result in a series of cascading effects. The blue loop of Figure 1 shows one traditional response: the expansion of reservoir storage. More specifically, economic damage from water shortages triggers public pressure for action, which can then result in the expansion of reservoirs to increase water availability (blue arrows in Fig. 1). This response tends to decrease the frequency, severity, and duration of water shortage (Fig. 1, negative feedback between supply and shortage).

Dams and reservoirs can supply a reliable source of water<sup>9,10</sup>, and are key for a variety of human activities and needs<sup>11</sup>. Over the past 100 years, the number, and total storage capacity, of large dams and reservoirs has rapidly increased<sup>12-14</sup>. More than half of the world's reservoirs are designed and managed to supply water for domestic, industrial and agricultural purposes<sup>12</sup>. These reservoirs store water during periods of excess, to bridge periods of water deficit or increased demand. Other dams and reservoirs provide different services, such as flood control and hydropower generation<sup>12</sup>.

There are ongoing discussions in many areas around the world about potential new reservoirs to increase water availability. The impact of hydro-climatic and socio-economic trends is part of these debates<sup>15,16</sup>. In water management and planning<sup>16</sup>, hydro-climatic trends derived from climate projections are utilized to better understand future water availability in the coming decades<sup>17</sup> (e.g. decreasing streamflow). Socio-economic trends from various scenarios (e.g. population growth) inform projections of future water demand<sup>16</sup>. The grey arrows in Figure 1 indicate the potential role of these two external drivers of change: hydro-climatic and socio-economic trends.

52 Reservoirs have enabled economic growth and poverty alleviation in many regions around the world<sup>18</sup>.  
53 Notably, the benefits accrued depend not only on the construction of reservoirs, but also on the  
54 development of institutional or human capacities to manage such water infrastructure<sup>19</sup>, and effectively  
55 use the available water for agricultural, industrial or civil purposes.

56 When considering the benefits of additional reservoir capacity, it is important to consider perspectives  
57 from multiple stages of economic growth<sup>20</sup>. Most high-income countries have reaped the benefits of  
58 reservoir construction by developing the majority of their feasible storage capacity, while many low-  
59 and middle-income countries have further potential for reservoir development<sup>19</sup>. The United States, and  
60 other high-income countries, have transitioned from an era of reservoir expansion to an era of  
61 environmental protection and soft-path approaches<sup>21</sup>. Yet, in low- and middle income countries, many  
62 new reservoirs are still being planned or built, such as the Grand Ethiopian Renaissance Dam<sup>22,23</sup>.

63 Despite clear benefits, dams remain controversial. The operation and construction of reservoirs require  
64 significant capital investments that do not always pay off<sup>24</sup>. Aside from financial risks, dams are often  
65 socially and politically contested due to their potentially negative impacts on environment and  
66 society<sup>11,16,21,25</sup>. As a result, proposals for new reservoirs often encounter resistance from the local  
67 population, facing displacement or ecological degradation in their communities.

68 Moreover, we know that the benefits of reservoirs are not equally distributed between upstream and  
69 downstream regions. They may likewise be counteracted by increases in evaporation, sedimentation,  
70 and unfavourable temporal and spatial redistribution of water resources<sup>4,5</sup>. As a result, while reservoirs  
71 can alleviate hydrological drought in certain areas, they can enhance it in others<sup>26,27</sup>.

72 A prominent negative example is the drying of numerous lakes and wetlands around the world due to  
73 continuously increasing water depletion using irrigation systems, which are supplied by water from  
74 reservoirs. For example, Lake Urmia, in northwest Iran, was once the second largest saltwater lake on  
75 Earth. Over the past 40 years, its area has decreased by around 80%, with most of the change occurring  
76 from 2009<sup>28</sup>. Since 2000, 20 dams started operation in the lake's basin<sup>29</sup>, diverting the lake's freshwater  
77 inflow for irrigation and farming purposes, leading to noticeable environmental degradation<sup>30</sup>.

78 Besides stressed lakes, another important negative impact is the so-called closure of river basins<sup>31,32</sup>  
79 where no (or limited) usable water reaches the basin's outlet. Prominent examples are the Colorado,  
80 Indus, and Murray-Darling rivers. The main drivers behind basin closure are human activities aiming at  
81 augmenting, conserving, and reallocating the available water by investing in water infrastructure, such  
82 as reservoirs.

### 83 84 **Long-term dynamics**

85 While the negative impacts of reservoirs have been widely studied and are currently considered in water  
86 management and planning, we posit that there are long-term dynamics that should be considered when  
87 expanding reservoirs or designing water infrastructure: the *supply-demand cycle*<sup>33</sup> and the *reservoir*  
88 *effect*. The supply-demand cycle describes instances where increasing water supply enables higher water  
89 demand, quickly offsetting the initial benefits of reservoirs. The reservoir effect refers to cases where  
90 over-reliance on water infrastructure increases vulnerability, and therefore increases the potential  
91 damage from water shortages.

92 We argue that we currently lack datasets and analytical tools to quantify these two phenomena. As the  
93 two long-term dynamics can occur within the planning horizon of reservoirs (20-30 years), these missing  
94 tools challenge the evaluation of strategies to reduce the negative impacts of drought and water shortage.  
95 In the next paragraphs, we describe these long-term dynamics based on our hypothesis depicted in  
96 Figure 2, and discuss various examples. We then propose a research call to unravel and quantify the  
97 feedback mechanisms between social, technical and hydrological processes, which can produce these  
98 two phenomena in different contexts.

99

## 100 **Supply-demand cycles**

101 The *supply-demand cycle* refers to instances where increasing water supply enables agricultural,  
102 industrial or urban expansion resulting in increasing competition for water resources<sup>33,34</sup>, thereby leading  
103 to a water demand higher than expected when considering socio-economic trends alone (Fig. 2, orange  
104 positive feedback loop). Consequently, the supply-demand cycle can quickly offset the initial benefits  
105 of reservoirs as an additional source of water supply.

106 The supply-demand cycle can be explained as a rebound effect, or Jevon's paradox<sup>35</sup>, which is well-  
107 known in economics: as availability increases, consumption tends to increase. This rebound effect has  
108 been considered in water resources management and planning<sup>36,37</sup>, but mainly with reference to  
109 irrigation efficiency. The orange loop of Figure 2 shows that, in the context of reservoirs and water  
110 shortage, the rebound effect can potentially produce self-reinforcing (positive) feedbacks and lock-in  
111 conditions. The occurrence of a new water shortage may be addressed by further expansion of reservoir  
112 storage to, again, increase water supply<sup>29</sup>. Hence, the supply-demand cycle can trigger the unintended  
113 effect of an accelerating spiral towards unsustainable exploitation of water resources and environmental  
114 degradation.

115 We see the supply-demand cycle at the global scale when comparing annual water demand to storage  
116 capacity of large water supply reservoirs<sup>13</sup>. Figure 3 shows that water storage capacity has grown faster  
117 than water demand in the 1960's (300% vs. 15%, respectively) and 1970's (130% vs. 25%). In more  
118 recent decades, however, demand has grown faster than storage capacity (e.g. 20% vs. 2%, respectively,  
119 in the 1990's), thereby offsetting the initial benefits of many reservoirs. As a result, drought occurrences  
120 can trigger more severe water shortages or, if groundwater extraction is used to cope with drought, lead  
121 to significant aquifer depletion<sup>38,39</sup>.

122 The supply-demand cycle also exists at the local level. Here we show the water histories of three cities:  
123 Athens (Greece), Las Vegas (United States), and Melbourne (Australia). We focus on urban  
124 environments because the two long-term dynamics discussed here are more visible in cities.  
125 Furthermore, long time series of water demand are difficult to obtain for rural environments. Lastly,  
126 there is global concern about increasing urban water demand, which is expected to increase by 80% in  
127 2050<sup>40</sup>.

128 The history of Athens has been intertwined with severe water shortages<sup>41</sup>. Over the past 150 years, the  
129 city has undergone a profound transformation: Kallis<sup>33</sup> describes Athens in 1830, just after Greece's  
130 liberation, when thousands of Athenians returned home to find "nothing but piles of scattered ruins" and  
131 "people around water fountains waiting to fill their buckets, others pulling water from wells". The  
132 situation looks different in 2004: "four million people, no fountains or wells, but four large reservoirs  
133 and a complex system of canals supplying water to the city"<sup>33</sup>. The implementation of water  
134 infrastructure, from the Marathon dam to the Evinos dam (Fig. 4a), has continuously increased water  
135 supply. This process has not only met water needs, but has also enabled a growing population that, along  
136 with changing norms and habits<sup>33</sup>, has led to higher water demand and pressure on the available  
137 resources.

138 Lake Mead Reservoir was constructed in 1936 to provide water for California, Arizona and Nevada. At  
139 the time, Las Vegas had sufficient groundwater to meet demands. Later on, the Las Vegas Valley Water  
140 District built the Southern Nevada Water System to withdraw and distribute water from Lake Mead with  
141 the Colorado River pipeline and the In-take no. 1 (Fig. 4b). Following a logic similar to the one depicted  
142 in Figure 1, the original intention of this infrastructure was to cope with increasing demand in Las Vegas  
143 caused by socio-economic trends, i.e. a growing population that was projected to expand up to 400  
144 thousand people by the end of the century<sup>44</sup>. However, Las Vegas' population grew much faster than  
145 expected and by the year 2000 was four times bigger (~1.5 million). Our hypothesis (Fig. 2) is that this  
146 mismatch between projected and actual growth of water demand was partly related to the fact that  
147 increased water supply enabled urban growth, beyond growth expectations. This rapid growth continued  
148 into the early 2000's with Las Vegas being the fastest growing city in the US, in the fastest growing  
149 state since World War II<sup>45</sup>. In the 2000's, drought conditions threatened one of the in-take structures,  
150 which would have gone out of service if Lake Mead water levels had dropped further. As a result, in  
151 2005 the Southern Nevada Water Authority board authorized the construction of a third and lower in-  
152 take structure, which was completed in 2015 (In-take no. 3, Fig. 4b).

153 Australia has experienced several droughts during the past 80 years, including three major events lasting  
154 more than five years<sup>46</sup>. In response to these multi-year droughts, Melbourne increased its storage  
155 capacity to prevent water shortages (Fig. 4c). The Thomson reservoir was added in 1984 with the  
156 intention to drought-proof Melbourne, increasing storage capacity by around 250%. However, the  
157 additional storage led to more competition for water, as well as population and industrial growth, and  
158 subsequently significant increases in water demand were seen<sup>47</sup>. In 1984, the total water use was around  
159 three times higher than that in the 1940's (Fig. 4c). Accordingly, the supply-demand cycle in Melbourne  
160 is an illustrative example of how increased reservoir capacity can lead to increasing water consumption.  
161

### 162 **Reservoir effects**

163 A second type of long-term dynamic associated with the expansion of water supply is termed here as  
164 the reservoir effect, following White's levee effect<sup>7,48</sup>. This phenomenon is related to instances when  
165 the construction of reservoirs reduces the incentive for adaptive actions on other levels (e.g. individuals,  
166 community), thus increasing the negative impacts of water shortages during severe droughts. In Figure  
167 2 (red loop), we hypothesize that extended periods of abundant water supply, supported by reservoirs,  
168 generate an increasing dependence on water infrastructure, which in turn increases vulnerability and  
169 economic damage when water shortages eventually occur (Fig. 2, red loop).

170 In Melbourne, for example, the addition of reservoirs prevented water shortages only during minor  
171 drought conditions<sup>47</sup>. The anthropogenic increase in human water use in Melbourne not only doubled  
172 the severity of the Millennium Drought (2001-2009) in terms of streamflows<sup>46</sup>, but also made the region  
173 more vulnerable to extreme and prolonged drought conditions because of increased reliance on  
174 reservoirs. The Millennium Drought demonstrated that, as a result of increased dependence on water  
175 resources, Melbourne's economy, agriculture and environment were severely affected<sup>47</sup>.

176 In Athens, the Mornos reservoir overflowed in 1985. This event created pride and political enthusiasm  
177 among the population, as Athens had -for the first time since becoming capital of the Greek state- more  
178 water available than needed<sup>40</sup>. As a result, in 1987, a new law declared water a "natural gift" and an  
179 "undeniable right" for every citizen<sup>40</sup>. The Mornos reservoir was considered sufficient for meeting water  
180 demands of areas not yet connected to the network. Two years later, however, when a severe drought  
181 occurred, the system was pushed to its operating limits and government responses were slow<sup>41</sup>. While  
182 inflows decreased in 1989 and 1990, withdrawals remained initially unchanged, and conservation  
183 measures were undertaken only when water availability became very critical<sup>41</sup>.

184 As for the introductory example of the Maya civilisation, additional storage of water initially brought  
185 many benefits and allowed agricultural growth under normal and minor drought conditions. Yet, the  
186 increased dependence on water resources made the population more vulnerable to extreme drought  
187 conditions, and plausibly contributed to the collapse of the Maya civilisation<sup>49</sup>.

188 The reservoir effect can also be explained as a safe development paradox<sup>50</sup>: increased levels of safety  
189 can paradoxically lead to increasing damage. While this paradox has been widely documented in flood  
190 risk<sup>7,48,51</sup>, it remains largely unexplored in regard to drought and water shortage. This is a major research  
191 gap because the safe development paradox is potentially more dangerous in the context of drought. More  
192 specifically, the increase of potential flood damage caused by higher reliance on levees<sup>7,48,51</sup>, or other  
193 structural protection measures, can be balanced by the corresponding reduction of the frequency of  
194 flooding<sup>51</sup>. Instead, the potential enhancement of drought damage due to increased reliance on reservoirs  
195 might not be counterweighed by a reduced frequency of shortages, if the supply-demand cycle quickly  
196 offsets the initial benefits of increased water supply.

### 197 **Interdisciplinary research call**

198 The two long-term dynamics described here, supply-demand cycle and reservoir effect, are caused by  
199 feedback mechanisms between human and natural systems, and by the interplay of technology and  
200 policy to manage hydrological variability. Although not explicitly put in these terms before, both  
201 phenomena have been discussed in different contexts<sup>33,49,52,53</sup>. Identifying the interactions between  
202 infrastructure and policy choices and emergent hydrological and social dynamics can inform more  
203 sustainable approaches.  
204

205 However, this is challenging as the feedback mechanisms generating these long-term dynamics remain  
206 poorly quantified. It is still unclear how relevant these phenomena are across different contexts, i.e. how  
207 diverse combinations of hydrological, technical, and social factors play a role in accelerating or  
208 mitigating the underlying feedback mechanisms. For instance, using the local examples above, research  
209 questions that we are still unable to address are: To what extent was the increasing demand in Athens  
210 after the construction of the Mornos Dam planned? To what extent has expanding water infrastructure  
211 in Las Vegas enabled its fast urban growth? What would have been the impact of the Millennium  
212 Drought on Melbourne had the Thompson Reservoir not been built?  
213 This lack of knowledge prevents an explicit account of internal feedbacks and long-term dynamics in  
214 reservoir management and planning. As a result, policies and measures based on current methods might  
215 have unintended effects: the supply-demand cycle can produce an acceleration towards peak water  
216 limits<sup>54</sup>, while excessive reliance on water infrastructure (reservoir effect) can lead to damaging water  
217 shortages.  
218 Thus, we call upon water managers, social scientists, policy makers, economists, ecologists and  
219 hydrologists to collaborate and develop datasets and analytical tools capturing the long-term dynamics  
220 produced by the interactions of physical, social and technical processes. To this end, we can draw upon  
221 new methods and concepts recently developed for the study of human-nature interactions in various  
222 interdisciplinary fields, e.g. social-ecological systems, sociohydrology and sustainability science<sup>55-60</sup>.  
223 More specifically, formulating and testing alternative hypotheses, such as the ones depicted in Figure 1  
224 and 2, can guide the process of collecting useful data to explore the relative weight of internal and  
225 external factors in driving long-term dynamics. These hypotheses about feedback mechanisms and long-  
226 term dynamics can be used to build new models able to: i) quantify the way in which social, technical  
227 and hydrological factors interact and influence each other; and ii) capture the emergence of supply-  
228 demand cycles and reservoirs effects.  
229 Locations that have faced consecutive water shortages and significant changes in water policies and  
230 infrastructure can be suitable study areas for exploring the causal mechanisms behind the supply-  
231 demand cycle and the reservoir effect. To unravel the chicken-and-egg dilemma about the causality of  
232 changes in water supply and demand, we also need to monitor behavioural changes during water  
233 shortages in both users (e.g. households, farmers) and decision makers (e.g. water authorities), and how  
234 such responses are in turn influenced by the reliance on water infrastructure. This requires a more  
235 systematic monitoring of vulnerability changes across decades, such as longitudinal studies, and  
236 motivates new data collections and aggregation efforts.  
237 The hypothesis-driven research proposed here can help reveal what can, or cannot, be generalized, and  
238 develop new tools to project the long-term effects of reservoirs, and other types of water infrastructure,  
239 on the spatiotemporal (re)distribution of both water supply and demand.

240

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392

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### 403 **Author contributions**

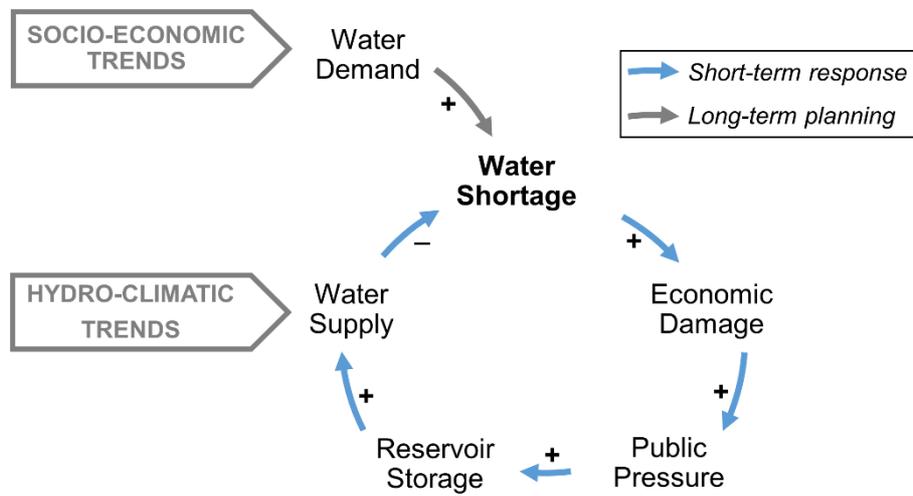
404 G.D.B. conceived the study and wrote the manuscript. N.W. developed the global analysis of reservoir  
405 storage analysis and water demand. A.A., L.K., S.R., T.I.E.V., M.G., P.R.v.O., K.B. and A.F.V.L.  
406 contributed data or insights, discussed the argument, and edited the manuscript.  
407

### 408 **Competing interests**

409 The authors declare no competing financial interests.  
410

411 **Figures**

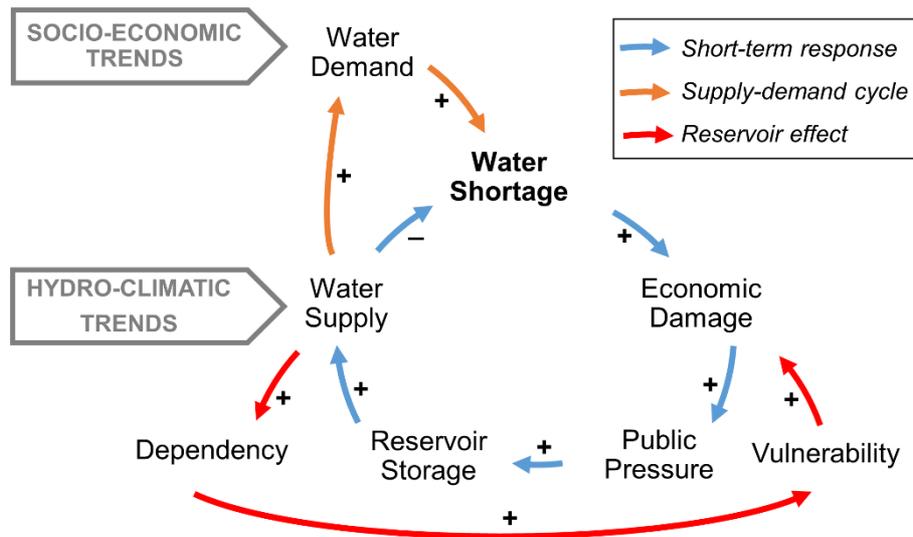
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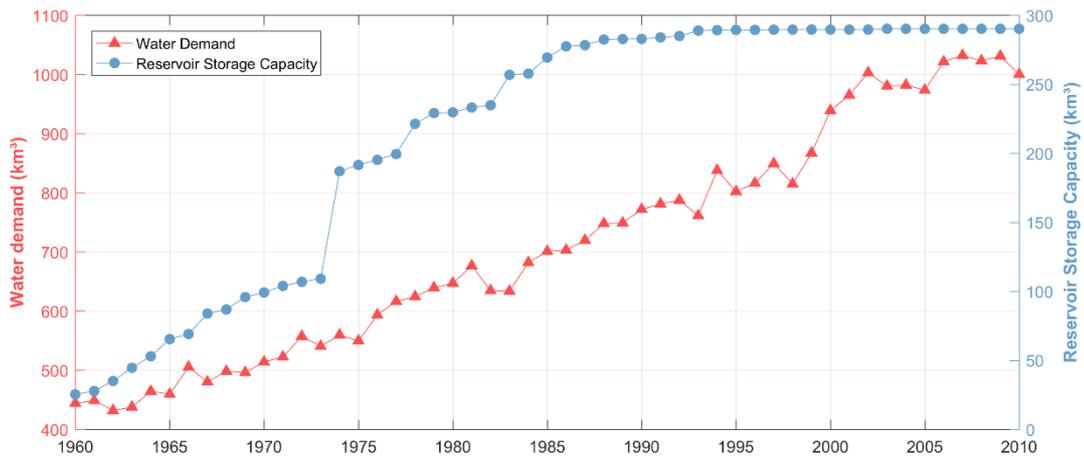
414 **Figure 1 | Water supply to cope with water shortage.** The causal loop diagram shows the positive  
415 (+) and negative (-) feedbacks between physical, technical and social processes. This diagram is based  
416 on traditional approaches in water management and long-term planning that emphasise the role of  
417 external drivers of change (big grey arrows): socio-economic trends influencing water demand, and  
418 hydro-climatic trends influencing water supply.  
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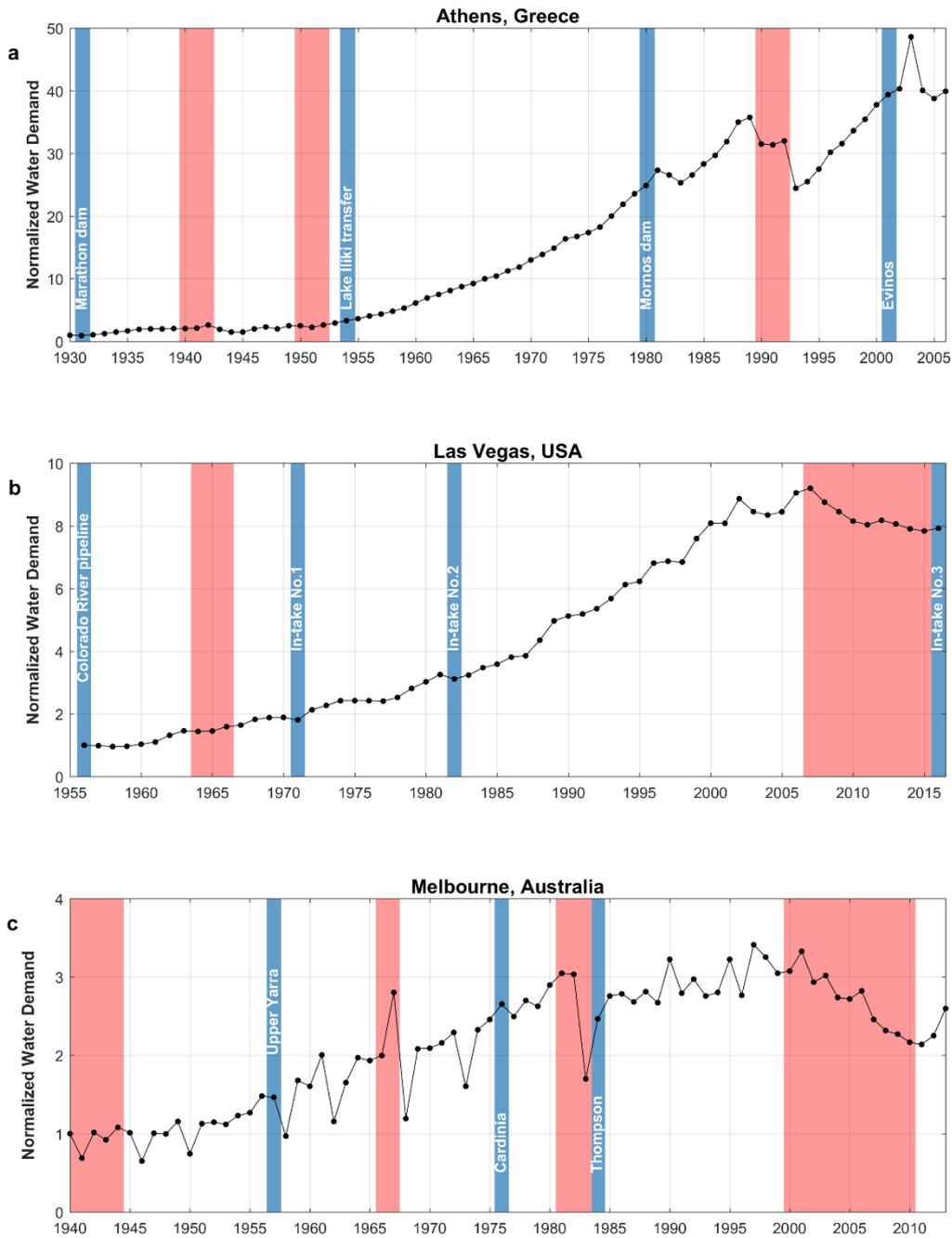
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**Figure 2 | Water supply can worsen water shortage.** The causal loop diagram shows the positive (+) and negative (-) feedbacks between physical, technical and social processes. Our hypothesis emphasises the role of internal feedback mechanisms, and the potential emergence of long-term dynamics: *supply-demand cycle* (orange loop) and *reservoirs effect* (red loop).



429

430 **Figure 3 | Global reservoir storage capacity versus water demand.** Data over the past five decades  
 431 from World Bank statistics and GRanD database<sup>12</sup>. Storage capacity refers only to reservoirs that have  
 432 water supply or irrigation as one of their main purposes in the GRanD database. Annual water  
 433 demand<sup>61</sup> refers to areas downstream of these reservoirs as derived from the HydroSHEDS<sup>62</sup> draining  
 434 network. We assume that the reservoir dependency is limited to 200km downstream of reservoirs.  
 435



437  
 438 **Figure 4 | Local examples of the supply-demand cycles over multiple decades: (a) Athens, (b)**  
 439 **Las Vegas and (c) Melbourne.** Time series of annual water demand normalized by its initial value  
 440 (black line) and timing of the main measures that significantly increased water supply (blue). Drought  
 441 periods (red) were derived from literature for Athens<sup>33</sup> and Melbourne<sup>63</sup>, and from the periods in  
 442 which the annual water levels in the Lake Mead were lower than 1100 feet and potentially affecting  
 443 water supply to Las Vegas. Data sources: EYDAP, South Nevada Water Authority (SNWA), US  
 444 Department of the Interior, and Melbourne Water.

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