Interfacial properties of lipid sponge-like nanoparticles and the role of stabilizer on particle structure and surface interactions†

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The advantage of using nonlamellar liquid crystalline phases has been demonstrated in many applications, such as drug delivery, protein encapsulation and crystallisation. We have recently reported that a mixture of mono- and diglycerides is able to form sponge-like nanoparticles (L3-NPs) with large enough aqueous pores to encapsulate macromolecules such as proteins. Here we use small angle neutron scattering (SANS) to reveal morphology, structural and chemical composition of these polyisorbate 80 (P80) stabilized sponge phase nanoparticles, not previously known. Our results suggest that L3-NPs have a core–shell sphere structure, with a shell rich in P80. It was also found that even if P80 is mostly located on the surface, it also contributes to the formation of the inner sponge phase structure. An important aspect for the application and colloidal stability of these particles is their interfacial properties. Therefore, the interfacial behaviour of the nanoparticles on hydrophilic silica was revealed by Quartz crystal microbalance with dissipation (QCM-D) and neutron reflectivity (NR). Adsorption experiments reveal the formation of a thin lipid layer, with the dimension corresponding to a lipid bilayer after L3-NPs are in contact with hydrophilic silica. This suggests that the diglycerol monoleate/Capmul GMO-50/P80 particles reorganize themselves on this surface, probably due to interactions between P80 head group and SiO2.

1. Introduction

Nonlamellar liquid crystalline nanoparticles (LCNP) are widely considered in many applications due to their well-defined internal structure, stability and easily tuneable properties. Varying the lipid composition allows the formation of stable colloidal particle dispersions with inverse cubic, sponge-phase or hexagonal structure (cubosomes, spongosomes and hexosomes, respectively). 1–5 In addition, they are advantageous compared to micelles or their lamellar analogues (vesicles), as their surface area per volume ratio is larger and they have a larger capability to solubilize both hydrophilic and hydrophobic molecules. 3,6,7 The wide range of applications of these highly versatile particles includes drug delivery, protein encapsulation or crystallisation. 3,7–12

Most of the LCNP investigated so far had inverse cubic or hexagonal inner structures. More recently, the lipid sponge phase (L3) has attracted more attention due to its flexibility and capacity for forming large aqueous pores able to encapsulate large bioactive molecules. 5,11,14 This is more challenging to obtain with other reverse mesophases (cubic or hexagonal), where the cell dimensions are usually smaller or require the use of organic solvents or specific environmental conditions (temperature or pressure). 15–17

The interfacial properties of cubosomes and hexosomes have been examined to understand the nature of the interactions between these LCNP and different interfaces that mimic storage or administration vessels, such as glass vials, catheters or syringes. 19–22 The adsorption behaviour was observed to depend on the environmental conditions (pH, ionic strength), the surface properties (such as hydrophilicity/phobicity or charge)
and the lipid system used to form the LCNP. Vandooolaeghe et al.19,23 studied the adsorption of glycerol monolein (GMO)/pluronic F127 cubosomes on hydrophilic and hydrophobic silica at different conditions. They found that intact cubosomes were adsorbed on hydrophilic silica in the presence of electrolytes. In contrast, a lipid monolayer structure was formed on hydrophobic silica independently of the salt concentration. Soy phosphatidylcholine (SPC)/glycerol dioleate (GDO)/polysorbate 80 (P80) LCNP were found to form lipid multilayers on anionic silica that increase in thickness with P80 concentration.23,24 However on cationic silica, intact LCNP were found to deposit without being dependent on the P80 concentration.

In order to obtain colloidaly stable LCNP with a narrow size distribution, a stabilizer that reduces the LCNP aqueous phase interfacial tension, like Pluronic F127 and P80 is required. It has been proposed earlier that P80 not only acts as a dispersing agent found on the outside of the particles, but also contributes to the inner structure organization of the nonlamellar LCNP. This effect is rather pronounced at high P80 concentrations, where even the loss of internal particle structure can occur.23,25 In our earlier work13 with the same DGMO/GMO-50/P80/water system as studied here, we were also able to form nanoparticles with highly swollen sponge phase structures over a wider range than in the pure lipid–aqueous system. Cryo-TEM imaging showed that such phases could be dispersed into sponge-like nanoparticles (L3-NPs) that featured a dense sponge phase core with swollen bilayer structures at the interface. We suggested that P80 was helping in the formation of these structures at the nanoparticle surface and thus, stabilizing the L3-NPs. However, the internal structural and the compositional organisation are still not known. We have here therefore used small angle neutron scattering (SANS) and partial deuteration of the stabilizer to reveal these important properties of the particles. This allowed us to reveal the location of deuterated P80 (dP80), as well as better understand the morphology of these particles as the L2 phase is not as well studied as other lipid liquid crystal (LLC) phases. Furthermore, for the first time interfacial behaviour of L3-NPs on hydrophilic silica were studied by Quartz crystal microbalance with dissipation (QCM-D) and neutron reflectometry (NR). The results suggest that the L3-NPs, that were initially 180 nm in diameter, spread and rearrange into a thin lipid layer onto hydrophilic silica.

2. Experimental

2.1. Materials

A mixture of acylglycerides denoted as Capmul® GMO-50 (Lot No. 100616-8) was provided by Abitec (Janesville, WI). Its composition was 54.7% monoglycerides, 15–35% diglycerides and 2–10% triglycerides with the following fatty acid composition: 84.6% oleic (C18:1), 6.8% linoleic, 0.8% linolenic and 6.2% saturated acids. Diglycerol monooleate (DGMO) with 88% of diglycerol monoester and 4.9% free glycerol and polyglycerols was received from Danisco A/S (Brabrand, Denmark). The main fatty acid component was oleic acid constituting 90.7%, followed by linoleic (4.2%), saturated (2.9%), eicosenoic (1.2%) and linolenic (0.8%). Polyoxyethylene (20) sorbitan monooleate (polysorbate 80, P80) was supplied by Croda (Chocques, France) for the neutron reflectometry measurements. P80 with hydrogenated and deuterated polyoxyethylene head group (hP80 and dP80), but with hydrogenated oleate chain, used in SANS experiments were synthesised by Oxford Deuteration Laboratory (Dr Robert K. Thomas) as described by Tucker et al.26 Milli-Q purified water (18 MΩ cm) was used for all experiments and heavy water (Sigma-Aldrich) was employed for neutron reflectometry and scattering measurements. All other solvent and reagents were of analytical grade and were used as received.

2.2. Sample preparation

A stock solution composed of DGMO, GMO-50 and P80 was first prepared by co-melting GMO-50 and P80 at 40 °C followed by further weighting of each component into a glass vial. The DGMO/GMO-50 ratio was kept at 40/60 while the lipid/P80 ratio was 70/30. The stock solution was left mixing for 24 h in a roller mixer. Then, sponge-like nanoparticle dispersions were prepared by adding the stock solution into water or heavy water at a concentration of 5 wt% (lipids + P80). The samples were immediately sealed, vigorously hand-shaken and left for 24 h on an orbital shaking table at 300 rpm and room temperature. Samples for QCM-D and neutron reflectometry were heated up at 121 °C and 1.4 bars for 36 min (Prestige Medical Classic 2100 Autoclave, TG-Instrument AB, Helsingborg, Sweden) to remove vesicular aggregates. Samples for SANS measurement were mixed and diluted in appropriate amounts to obtain different contrast and concentrations as specified below. In order to determine the effect of the solvent medium, i.e. D2O versus H2O, on the particle we prepared a sample in the 1:4 H2O:D2O contrast using two different protocols. These two equivalent samples of 1% dilution with identical lipid and P80 composition were prepared by (a) mixing L3-NPs initially prepared in H2O with D2O (1/4 NPs/D2O volume) or (b) mixing L3-NPs initially in D2O with D2O + H2O (1/3/1 NPs/D2O/H2O volume).

2.3. Small angle neutron scattering (SANS)

2.3.1. Measurements. SANS experiments were performed to characterise the structure and form of sponge-like nanoparticles (L3-NPs) and locate the P80 in these nanostructures. For this purpose, deuterated and non-deuterated P80 were used (dP80 and hP80, respectively), as well as deuterated and hydrogenated water (D2O and H2O, respectively) and 1:4 H2O:D2O as bulk solvent contrast. The reason for the 1:4 H2O:D2O contrast is that it matches the SLD of enzymes, which will be used in future studies. First, 0.5% dP80 micelles were analysed to reveal the degree of deuteration of P80 head group, followed by the evaluation of 5 wt% and 1 wt% L3-NPs in different contrast. Samples were filtered through a 0.45 μm syringe filter (PALLAcrodisc® 32 mm 0.45 μm Supor® membrane) and measured in 1 mm (H2O and 1:4 H2O:D2O) or 2 mm (D2O) path length quartz cuvettes (Optiglass, UK). The experiment was carried out on the time-of-flight SANS instrument, SANS2D, at the ISIS Neutron and Muon source of the STFC Rutherford...
Appleton Laboratory. The measurements were performed at two sample-to-detector distances of 4 m and 12 m. The wavelength range was \( \lambda = 2-14 \text{ Å} \), which means a total covered \( q \)-range of \( 0.00168-0.98 \text{ Å}^{-1} \), where \( q = 4\pi/\lambda \sin(\theta/2) \) and \( \theta \) is the scattering angle. The data reduction and solvent subtraction was performed as described by Wadsáter et al.²²

### 2.3.2. Data evaluation.

The data was evaluated using the SASView software.²⁹ The DREAM algorithm was employed for the fitting of the models to ensure that the equilibrium distribution was reached for the calculations. This algorithm provided the quantification of the uncertainty, which reflects the goodness of the fit. P80 micelles were fitted by using a core–shell sphere form factor, where interparticle correlations were considered negligible \( (S(q) = 1) \). For the L₃-NPs, the scattering intensity, \( I(q) \), was divided into two parts to model the data: one describing the inner L₃ phase structure of the nanoparticles and the other one which represents the overall shape of the nanoparticles. The model described by Porcar et al.³⁰ (based on Lei et al.³¹ and Roux et al.³² works) was adopted to model the L₃ phase inner structure. The sponge phase was here modelled by combining \( (a) \) the L₃ structure factor, \( S(q)_{L3} \), which is characterised by one or two Lorentzian broad peaks, depending on the contrast; and \( (b) \) the L₃ form factor, \( P(q)_{L3} \), described as the form factor of membrane “discoids” averaged over random orientations. Eqn (1) shows the applied \( S(q)_{L3} \) function:

\[
S(q)_{L3} = \frac{A}{\xi^2} + \frac{B}{(q-q_1)^2 + (q-q_2)^2}
\]

where \( q_1 \) and \( q_2 \) are the \( q \) vectors of the two Bragg peaks, \( A \) and \( B \) Lorentzian scale factors, and \( \xi_1 \) and \( \xi_2 \) correlation lengths. The \( P(q)_{L3} \) is displayed in eqn (2):

\[
P(q)_{L3} \approx 4\pi\sigma^2(\rho_s - \rho_o) \left( \frac{1 - \cos(\xi_1 q)}{\xi^2 q^2 + 2\exp[\xi^2 q^2/6]} \right) \exp \left( \frac{-q^2 L^2}{32} \right) \quad (2)
\]

where \( \rho_s \) is the scattering length density (SLD) of the bilayer, \( \rho_o \) is the scattering length density of the solvent, \( t_o \) is the membrane hydrocarbon core thickness with a Gaussian distribution of transverse SLD characterised by discoid radii of gyration \( R = \sqrt{2}\sigma \), where \( \sigma \) is a fitting parameter obtained from eqn (2).³⁰ Here the scattering length density of the bilayer that makes up the sponge phase was assumed to be \( 1.63 \times 10^{-6} \text{ Å}^{-2} \) and \( 0.33 \times 10^{-6} \text{ Å}^{-2} \) for dP80 and h80 L₃-NPs, respectively. These values were estimated considering the individual amounts and SLDs of each component (Table 1). A core–shell sphere form factor, \( P(q) \), was used to define the whole nanoparticle (expression is given in the ESI†).

Therefore, the total scattering intensity was described as:

\[
I(q) = P(q) + S(q)_{L3}P(q)_{L3} + \text{background} \quad (3)
\]

Both P80 micelles and L₃-NPs were considered to consist of a polydisperse core with a shell of constant thickness. This model was found to adequately describe the experimental data and the introduction of a polydisperse shell did not further improve the fit. The polydispersity of the core was described with a lognormal distribution function. For polysorbate 80 micelles, simultaneous fit of dP80 micelles in two solvent contrasts was performed. This was carried out as well for L₃-NPs. We found that the fitting of the model to the data was very challenging due to the complexity of the system and the high sensitivity to the solvent contrast as the sponge phases have a very flexible structure. We therefore adopted the following approach to model the L₃-NPs SANS data:

[I] Constrained and simultaneous fit of the same P80 contrast for the two dilutions studied (5 and 1%) were performed in order to obtain more reliable results.

[II] In the case of the 1:4 \( \text{H}_2\text{O}:\text{D}_2\text{O} \) contrast, constrained and simultaneous fit of the two equivalent samples, prepared as described in the sample preparation, was done for only 1% dilution.

The data was normalized by the volume fraction of the scattering entities prior to the fitting. All the parameters were set to be equal except scale factors, polydispersity and background. The solvent volume faction and the scattering length density (SLD) of the lipid/P80 mixture in the core and the shell were estimated by:

(a) Using the SLD values obtained for the core and shell in different solvent contrast.

(b) Assuming that the solvent volume fraction and SLD of the lipid/P80 mixture were the same independently of the solvent. Volume fractions and SLD values for the core and the shell were considered separately.

These calculations were done comparing two isotopic solvent contrasts simultaneously, and then the results were averaged to obtain the final values. The equations used are shown in the ESI†. It should be noted that not all of the fits gave parameters that were physically possible. For the calculation of lipid/P80 composition and hydration it was not possible to use co-fitting for all solvent contrast used. We therefore compared calculated values for core and shell composition for a pair of two contrasts and the results are shown in Table S1 (ESI†). Although most of
values are consistent there are a few pairs of contrast that are not consistent with other values. In such a case the fits that gave the most physically reasonable parameters and gave the most consistent values of two pairs of contrasts were chosen as the best to describe the L3-NPs. Here we also benefitted from the results from the interfacial characterization as well as previous SAXS data. It is possible that a more complex model would have described the system better, but then we would have ended up with even more fitting parameters whose physical validity would be even harder to judge.

2.4. Quartz crystal microbalance with dissipation (QCM-D)

2.4.1. Measurements. QCM-D measurements were used to study the interfacial behaviour of L3-NPs on a SiO2 surface. The measurements were performed on a four flow cell module named E4 system (Q-Sense, Gothenburg, Sweden). QCM-D measures the change in resonance frequency ($\Delta f$) of a quartz crystal due to the adsorption of molecules. This technique also enables to evaluate the viscoelastic properties of the adsorbed layer by measuring the change in the dissipation energy ($\Delta D$) of the crystal. The quartz crystals used for the experiment have a fundamental frequency of 4.95 MHz and are coated with gold and on top a SiO2 layer (QSX 303, Q-Sense) to be able to compare with the results from the neutron reflectivity study of adsorption to the spontaneously formed SiO2 layers on the silicon blocks. Before measurements, the crystals were sonicated 5 minutes with 2% (v/v) Hellmanex III, then thoroughly rinsed with MilliQ water and ethanol. Afterwards, they were blown dry with nitrogen and plasma cleaned (Harrick Scientific Corp, model PDC-3XG, New York, USA) for 5–10 minutes in low pressure are at 0.04 mbar just before placing them in a flow module. Then, pH 4 or 5.5 adjusted citrate buffer solution with/without 150 mM NaCl was flowed through the cells with a peristaltic pump (Ismatec IPC-N 4, Zürich, Switzerland). The temperature of the system was set to 24 °C, the fundamental frequencies and dissipation energies for each overtone were determined and the surfaces were left to equilibrate until a stable baseline was achieved. The pH-adjusted buffer with 0.1 mg ml$^{-1}$ of L3-NPs was flowed through the measuring cells at 50 µl min$^{-1}$ until a plateau was reached. Finally, the surfaces were rinsed with the corresponding buffer solution free of L3-NPs at 200 µl min$^{-1}$.

2.4.2. Data evaluation. The frequency and dissipation changes were recorded with Q-soft software and analysed with DFind software (Q-Sense, Biolun Scientific). The analysis was performed by applying the Voigt viscoelastic model, since the linear relation between the adsorbed mass and the change in frequency is not valid for viscoelastic films. In these cases, there is a frequency (overtone)-dependence of the QCM response and additional energy dissipations are induced. Further details on the Voigt viscoelastic model can be found in the ESL.$^\dagger$

2.5. Neutron reflectometry (NR)

2.5.1. Measurements. NR was performed to reveal more information about the structure formed by the L3-NPs on hydrophilic SiO2, such as layer thickness, roughness and solvent hydration. Fully hydrogenated nanoparticle dispersion was chosen for this experiment, where the sample was diluted to 1 mg ml$^{-1}$ in deuterated 10 mM citrate buffer at pH 4 and 150 mM NaCl. The sample was injected into the neutron reflectometry cell and left to adsorb for 30 min, the time necessary to reach an equilibrium state as confirmed previously by QCM-D. Then, the specular reflectivity was measured before and after rinsing with deuterated buffer (D2O), and after rinsing with protonated buffer (H2O).

Polished silicon substrates, with spontaneously formed SiO2 layer (Siltronix, Archamps-France) of 8 × 5 × 1.5 cm were used and carefully cleaned before the experiment as follows: (1) at 80 °C for 5 min in a basic solution composed by 25% NH4OH, 30% H2O2 and MilliQ water (1/1/5 volume); (2) rinsed thoroughly and several times with MilliQ water; (3) at 80 °C for 5 min in an acid solution composed by 32% HCl, 30% H2O2 and MilliQ water (1/1/5 volume); and (4) rinsed thoroughly with MilliQ water and kept in water until used. Just before mounting the NR cells, the silicon surfaces were rinsed with MilliQ water and 99.7% ethanol, followed by drying with N2 steam and plasma cleaning for 5 min.

In a specular neutron reflectometry measurement, a neutron beam is reflected against an interface and the reflected neutrons are detected at the same angle as the incoming beam. The reflectivity ($R$) is then, the intensity ratio between the incident and reflected intensity of neutrons which is measured as a function of the scattering vector ($Q$) perpendicular to the surface:

$$Q = \frac{4\pi}{\lambda} \sin \theta$$

where $\lambda$ is the neutron wavelength and $\theta$ the incident angle.

The measurements were performed at the Institute Laue-Langevin (ILL, Grenoble, France) on the Super ADAM reflectometer. This instrument operates in a monochromatic mode at the fixed wavelength of 5.183 Å and we used a q-range of 0 Å$^{-1}$ < $q$ < 0.2 Å$^{-1}$. The raw data was treated with the SuperADAM Sared program. The absolute reflectivity scale was obtained by normalizing to the direct beam at the same slit setting and then dividing by the monitor reading. This allowed us to account for fluctuations in the neutron flux and to correct for points measured for different lengths of time. Slit openings varied with the incident angle in such a way as to provide a constant illumination of the sample. Since SuperADAM is equipped with a position sensitive 2D detector, the background was measured simultaneously. For this purpose, the average value from the regions of interest on both sides of the specular reflected beam was used.

2.5.2. Data evaluation. The data was analysed using the Motofit software, where the reflectivity curves are fitted using an Abeles matrix method for a stratified interface. 1-Layer model was used to characterise the Si–SiO2 block and a 4-layer model to define the Si–SiO2 block and the lipid film formed by L3-NPs. Each layer of the model was described with a film thickness, SLD, solvent penetration (vol%) and roughness. Different isotopic solvent contrasts were fitted simultaneously.
using the genetic algorithm in Motofit. A slightly less good fit of the data was also obtained using a 5-layer model that will be discussed in the ESI.†

2.6 Cryogenic transmission electron microscopy (cryo-TEM)

The structure and morphology of the dP80 L3-NPs dispersion in water was determined by using cryo-TEM. The sample was prepared in an automatic plunge freezer (Leica EM GP) to ensure a stable temperature and to prevent the loss of water during sample preparation. The climate chamber temperature was kept at 25 °C, and the relative humidity was kept close to saturation to prevent sample evaporation. The samples were prepared by placing 4 μL of 5 wt% L3-NPs dispersion on glow discharged lacy formvar carbon-coated copper grids (Ted Pella and gently blotted with filter paper to obtain a thin liquid film). Immediately after being blotted, the grids were rapidly plunged into liquid ethane at −183 °C to vitrify the water-rich samples to prevent the formation of ice crystals and to preserve the internal crystalline structure. The vitrified specimens were stored in liquid nitrogen (−196 °C) until measurements were taken. A Fischione Model 2550 cryo transfer tomography holder was used to transfer the samples into the transmission electron microscope, a JEM-2200FS (JEOL), equipped with an in-column energy filter (Omega filter), which allows zero-loss imaging. The accelerating voltage was 200 kV and zero-loss images were recorded with a TVIPS TemCam-F416 digital camera using Serial EM under low-dose conditions with a 10 eV slit. The working temperature was kept below −175 °C.

3. Results and discussion

3.1. Modelling lipid sponge-like nanoparticles (L3-NPs)

Small angle neutron scattering (SANS) was used to characterise the L3-NPs structure and morphology as well as to localise the polysorbate 80 (P80) on the L3-NPs. This allowed us to extract information about the role of P80 in the formation and stabilisation of these lipid sponge-like nanoparticles. Deuterated P80 (dP80) was used to highlight its location, as the scattering length density (SLD) of the deuterated head group is higher than that of the lipids and also that of hP80.

The presentation, interpretation and discussion of the data are divided in three main sections:

- **The structure of the dP80 micelles**: simultaneous fit of dP80 micelles in two solvent contrasts was performed using a core–shell sphere model. This allowed us also to extract the SLD of dP80.
- **Revealing the inner structure of the nanoparticles**: characterised by the sponge phase structure factor, $L_3-S(q)$, and form factor, $L_3-P(q)$.
- **The overall shape and structure of the nanoparticles**: described as core–shell spheres.

In order to obtain the results in Sections 3.1.2 and 3.1.3, a constrained and simultaneous fit of the model to SANS data from two samples with the same P80 contrast (either 2 dilutions or 2 sample preparations) were performed. This procedure allowed us to obtain more consistent fits as some contrast are more sensitive than others.

3.1.1. The core–shell structure of dP80 micelles: finding the degree of deuteration of dP80. The SLD and hence the degree of deuteration of P80 head groups was determined by performing SANS on the P80 micelles. Accurate determination of this value was needed to determine the location of P80 in the L3-NPs. The micelles were studied in H2O and D2O solvent contrast as depicted in Fig. 1. The data were fitted to a core–shell sphere model (Table 2). The core comprises the hydrocarbon tail while the shell is composed by the head group. Amani et al.37 performed molecular dynamics simulation of polysorbate 80 in a micelle in water and they found acyl chain lengths of about 22 Å, which fits well with average core radius of 23 Å we observed (Table 2). The corresponding length of the polyethylene group was found to be around 15 Å, which is less than the shell thickness of about 22 Å we observed. This discrepancy can possibly be assigned to the inherent polydispersity of P80. Based on the molecular structure of P80 one would expect that the complete hydrogenated and deuterated P80 head groups have a SLD of 0.793 × 10⁻⁶ Å⁻² and 6.903 × 10⁻⁶ Å⁻², respectively. From the fitted parameters we estimated that the SLD of dP80 head group was 6.48 × 10⁻⁶ Å⁻², which corresponds to a degree of deuteration of 93 ± 2%. Therefore, the SLD of the entire dP80 molecule was estimated to be 4.87 × 10⁻⁶ Å⁻². Further details

<table>
<thead>
<tr>
<th>dP80 micelles</th>
<th>D2O</th>
<th>H2O</th>
</tr>
</thead>
<tbody>
<tr>
<td>Volume fraction of micelles (%)</td>
<td>4.00 ± 0.03</td>
<td>2.60 ± 0.03</td>
</tr>
<tr>
<td>Average core diameter (Å)</td>
<td>46.0 ± 0.3</td>
<td>45.0 ± 0.2</td>
</tr>
<tr>
<td>Core polydispersity</td>
<td>0.100 ± 0.004</td>
<td>0.100 ± 0.004</td>
</tr>
<tr>
<td>Shell thickness (Å)</td>
<td>21.6 ± 0.2</td>
<td>21.6 ± 0.2</td>
</tr>
<tr>
<td>SLD core (Å⁻²) 10⁻⁶</td>
<td>2.00 ± 0.01</td>
<td>0.10 ± 0.02</td>
</tr>
<tr>
<td>SLD shell (Å⁻²) 10⁻⁶</td>
<td>6.38 ± 0.01</td>
<td>1.14 ± 0.02</td>
</tr>
<tr>
<td>SLD solvent (Å⁻²) 10⁻⁶</td>
<td>6.35</td>
<td>−0.56</td>
</tr>
<tr>
<td>Solvent in core (vol%)</td>
<td>27.5 ± 0.3</td>
<td>27.5 ± 0.3</td>
</tr>
<tr>
<td>Solvent in the shell (vol%)</td>
<td>75.8 ± 0.3</td>
<td>75.8 ± 0.3</td>
</tr>
<tr>
<td>Background (cm⁻¹)</td>
<td>0.0065</td>
<td>0.036</td>
</tr>
</tbody>
</table>

![Fig. 1] SANS data of dP80 micelles in H2O (blue) and D2O (green). Solid lines represent the core–shell sphere fitted model from Table 2.
on the fitted and theoretical values used can be found in Tables 1 and 2.

3.1.2. The lipid sponge (L₃) phase: inner particle structure.
As discussed in the experimental section, the scattering from the inner and overall structure of the particles contribute to the recorded SANS data. In this section we focus on the q-range of $q \geq 0.02 \, \text{Å}^{-1}$. This part of the scattering curve is particularly influenced by the L₃ phase, which is dominant at this particle composition as previously shown from our SAXS and cryo-TEM results. Fig. 2 depicts the experimental and fitted scattering curves of L₃-NPs with hP80 and dP80 at different solvent contrast and dilutions. A visual inspection of the data shows clear differences between the results from the two P80 contrast. Two broad peaks can be distinguished for the sample with dP80, while samples with hP80 only exhibit the lower q broad peak, around 0.05 Å⁻¹. The q position of the first broad peak ($q_1$) reflects the L₃ cell–cell correlation length while the second one ($q_2$) is related to lipid bilayer distances. This clearly indicates that P80 is involved in the formation of bicontinuous sponge bilayers. However, the P80 location in the bilayer can only be seen when emphasized by deuteration of the molecule, i.e. when the contrast between the head group and the acyl chain is large. Further discussion on this matter will be brought up later when considering the overall particle arrangement.

In order to find a realistic model to fit the data recorded in this q-range, we used a combination of sponge phase structure and form factors ($S(q)$, and $P(q)$, respectively) as described in the experimental section and previous work.

3.1.2.1. $L_3$ correlation peak, $S(q)_{L_3}$. Table 3 shows the results obtained from the fitting, where the peaks’ maxima were fixed. The $q_1$ value was found to be 0.05 Å⁻¹, which agrees quite well with the SAXS results where $q_1$ was 0.047 Å⁻¹. It should be noted that, in spite of the fact that the dP80 and hP80 used here were from a different batch than the hP80 used for the SAXS and cryo-TEM experiments, we still found similar sponge phases in terms of dimensions and location in the phase diagram. Comparing different solvent contrast, it can be seen that in H₂O the repeat distances are larger than in D₂O, as $q_1$ shift towards lower q-values, both for dP80 and hP80. The effect is larger for dP80 than for hP80. This could possibly be due to the sample in H₂O being more hydrated than the ones with D₂O. However, it should be noted that the shift of $q_2$ is in the opposite direction.

3.1.2.2. Discoids form factor, $P(q)_{L_3}$. The bilayer form factor in the bicontinuous L₃ phase was described using the one of discoids averaged over random orientations, as used previously by Porcar et al. The hydrocarbon core thickness was found to be around 24.5 and 18.8 Å for dP80 and hP80 samples, respectively. Since the dP80 tail extension was found to be 23 Å in the micelles and the hydrocarbon region is the same for DGM0 and GMO-50, these results suggest that the lipid and P80 tails are somehow interdigitated or tilted in the L₃ bilayer. The lower value for the hP80 sample might be due to the smaller difference in SLD between head group and tail.

<table>
<thead>
<tr>
<th>Solvent contrast</th>
<th>dP80 L₃-NPs</th>
<th>hP80 L₃-NPs</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>D₂O</td>
<td>1:4 H₂O:D₂O</td>
</tr>
<tr>
<td>$r_0$ (Å)</td>
<td>24.8 ± 0.4</td>
<td>26.0 ± 0.3</td>
</tr>
<tr>
<td>$\sigma$ (Å)</td>
<td>36.9 ± 0.3</td>
<td>27.8 ± 0.6</td>
</tr>
<tr>
<td>$q_1$ (Å⁻¹)</td>
<td>0.0524</td>
<td>0.05</td>
</tr>
<tr>
<td>$q_1$ (Å⁻¹)</td>
<td>61.4 ± 0.5</td>
<td>58.3 ± 1.1</td>
</tr>
<tr>
<td>$q_2$ (Å⁻¹)</td>
<td>0.109</td>
<td>0.115</td>
</tr>
<tr>
<td>$q_2$ (Å)</td>
<td>26.9 ± 0.6</td>
<td>27 ± 2</td>
</tr>
</tbody>
</table>
3.1.3. The overall shape of the nanoparticles

3.1.3.1. Differences and similarities between hP80 and dP80 L3-NPs. A core–shell sphere model was used to fit the SANS data for the low q-range, i.e. $q < 0.02 \, \text{Å}^{-1}$ (Fig. 2). The model was chosen taking into account the sponge-like nanoparticle morphology previously observed by cryo-TEM, where the core is characterised by a denser L3 phase while the surface presented swollen bilayer structures. Inter-particle interactions were assumed to be negligible as the concentration of particle was considered to be sufficiently low. Discrepancies could, however, be seen when comparing fitted curves at very low $q$-values of diluted and non-diluted samples.

Tables 4 and 5 show the results from the fitting, as well as estimated solvent hydration and SLD-solvent corrected values for the core and the shell of L3-NPs. The first aspect that can be noticed is the difference in size between the samples that contain hydrogenated and deuterated P80. In fact, L3-NPs with hP80 are smaller and present lower polydispersity. This size-dependence can also be appreciated from Fig. 2 where samples with hP80 reach a plateau at low $q$-values that is not present in dP80 samples. These discrepancies could be related to the degree of polymerization of P80 which makes the dP80 and hP80 chemically different. Here it should be noted that the P80 synthesis is very challenging and often gives non-negligible degree of polymerization of P80 which makes the dP80 and hP80 chemically different. Here it should be noted that the P80 synthesis is very challenging and often gives non-negligible.

As a general trend, the core dimension of L3-NPs increases with the H2O content while the shell thickness was largest for the 1:4 H2O:D2O solvent contrast and the decreases with D2O followed by H2O. This could be related to the dilutions used for each simultaneous fitting. While for D2O and H2O contrast two dilutions where used (5% and 1%), only one dilution (1%) was used for 1:4 H2O:D2O solvent contrast. The results suggest that the dilution process has an effect on the shell thickness, while the core diameter is less affected by it. This also shows that the inner sponge phase structure can only uptake a certain amount of solvent. Despite this size difference likely associated with dilution, we were able to obtain good fits for 5% and 1% L3-NPs in D2O and H2O.

The results from fitting the core shell model to the experimental data shows that the solvent contrast has a huge impact on the SLD of the core and the shell. This is expected as the sponge phase is an open and flexible system composed of a curved lipid bilayer with interconnected solvent channels that are connected to the bulk solvent. Therefore, when the bulk solvent's contrast changes, the contrast of the solvent inside the sponge mesh changes accordingly. It was found that the solvent present in the core was 59 and 56% for hP80 and dP80 L3-NPs, respectively. This agrees quite well with previous findings that showed that at this DGMO/GMO-50/P80 composition the lipid system could uptake around 60% of water.13 In addition, the solvent content in the shell was found to be around 90%, which means that the contrast between the shell and the surrounding medium is low. This can be explained by the swollen structures observed in the L3-NPs surface (Fig. 3 and Valldeperas et al.13) These structures appear to be composed of curved layers that enhance the contact with the bulk solvent as the surface area to volume ratio is increased. Therefore, it is expected that they are highly hydrated. Interestingly, the L3-NPs in water that contain dP80 show a less swollen surface structure and a denser core than the one we reported previously for hP80 L3-NPs.13 These highly swollen surfaces in the hP80 nanoparticles implies a large amount of solvent in that area, which makes it harder to see in SANS due to the lack of contrast between shell and medium.

Table 4 Core–shell sphere fits used to describe the overall shape of the L3-NPs with deuterated and protonated P80 (dP80 and hP80, respectively) in D2O, 1:4 H2O:D2O and H2O reported in Fig. 2

<table>
<thead>
<tr>
<th>Solvent contrast</th>
<th>dP80 L3-NPs</th>
<th>hP80 L3-NPs</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>D2O</td>
<td>1:4 H2O:D2O</td>
</tr>
<tr>
<td>Average core diameter (Å)</td>
<td>706 ± 2</td>
<td>950 ± 2</td>
</tr>
<tr>
<td>Core polydispersity</td>
<td>0.3</td>
<td>0.3</td>
</tr>
<tr>
<td>Shell thickness (Å)</td>
<td>173 ± 4</td>
<td>248 ± 6</td>
</tr>
<tr>
<td>SLD core (Å²) 10⁻⁶</td>
<td>4.00 ± 0.03</td>
<td>3.22 ± 0.05</td>
</tr>
<tr>
<td>SLD shell (Å²) 10⁻⁶</td>
<td>6.07 ± 0.01</td>
<td>4.83 ± 0.06</td>
</tr>
<tr>
<td>SLD solvent (Å²) 10⁻⁶</td>
<td>6.35</td>
<td>4.968</td>
</tr>
<tr>
<td>Background (cm⁻¹)</td>
<td>0.897</td>
<td>1.11</td>
</tr>
<tr>
<td></td>
<td>D2O</td>
<td>1:4 H2O:D2O</td>
</tr>
<tr>
<td>Average core diameter (Å)</td>
<td>492 ± 1</td>
<td>586 ± 1</td>
</tr>
<tr>
<td>Core polydispersity</td>
<td>0.3</td>
<td>0.22/0.28</td>
</tr>
<tr>
<td>Shell thickness (Å)</td>
<td>82 ± 2</td>
<td>116 ± 1</td>
</tr>
<tr>
<td>SLD core (Å²) 10⁻⁶</td>
<td>3.85 ± 0.05</td>
<td>3.03 ± 0.02</td>
</tr>
<tr>
<td>SLD shell (Å²) 10⁻⁶</td>
<td>5.74 ± 0.04</td>
<td>4.510 ± 0.003</td>
</tr>
<tr>
<td>SLD solvent (Å²) 10⁻⁶</td>
<td>6.35</td>
<td>4.968</td>
</tr>
<tr>
<td>Background (cm⁻¹)</td>
<td>0.695</td>
<td>1.78</td>
</tr>
</tbody>
</table>

Table 5 Estimated values of solvent volume fraction and scattering length density (SLD) corrected by the solvent contribution on the core and the shell of dP80 and hP80 L3-NPs

<table>
<thead>
<tr>
<th></th>
<th>hP80 L3-NPs</th>
<th>dP80 L3-NPs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Average solvent hydration in the core (vol%)</td>
<td>58.8 ± 0.6</td>
<td>55.8 ± 0.4</td>
</tr>
<tr>
<td>Average solvent hydration in the shell (vol%)</td>
<td>89.50 ± 0.01</td>
<td>90.6 ± 0.3</td>
</tr>
<tr>
<td>Average SLD core (Å²) 10⁻⁶ - solvent corrected</td>
<td>0.27 ± 0.08</td>
<td>1.01 ± 0.04</td>
</tr>
<tr>
<td>Average SLD shell (Å²) 10⁻⁶ - solvent corrected</td>
<td>0.57 ± 0.01</td>
<td>3.45 ± 0.07</td>
</tr>
</tbody>
</table>
3.1.3.2. dP80 stabilizer mostly found on the L3-NPs surface. We previously noted that dP80 was not affecting the sponge correlation peak, but we also saw that the second $q_2$ peak was only visible for particles with dP80. This suggested that P80 somehow participates in the formation of the structure.

The data for hP80 L3-NPs does not allow us to draw any firm conclusions regarding the location of P80 due to the lack of contrast between lipids and hP80. However, it is interesting to notice that the SLD values for the lipid/surfactant mixture in the core and the shell are rather close, i.e. 0.27 and $5.7 \times 10^{-6}$ $\text{Å}^{-2}$, for the non-deuterated nanoparticles (Table 5). While the core SLD is slightly below the expected value for a homogeneous particle ($0.33 \times 10^{-6}$ $\text{Å}^{-2}$), the shell SLD is very close to the hP80 SLD value of $5.5 \times 10^{-6}$ $\text{Å}^{-2}$ (Table 1). This suggests that L3-NPs shell is mostly formed by hP80 at the expense of an enriched lipid core. However, the contrast is not large enough to confirm that there is less than 30 wt% of P80 in the core.

In the case of dP80 L3-NPs, it was observed that the SLD of the lipid/surfactant components in the core ($1.01 \times 10^{-6}$ $\text{Å}^{-2}$) is much lower compared to that of the shell ($3.45 \times 10^{-6}$ $\text{Å}^{-2}$). Since the lipids are not deuterated, these high SLD values can only be attributed to dP80. This suggests that deuterated P80 is mostly found on the L3-NPs surface, i.e. stabilizing the lipid nanoparticles and allowing the formation of more swollen bilayers. Moreover, the core SLD value indicates that there is also some dP80 that contributes to the core sponge phase structure, as the SLD is higher than in the non-deuterated system. It is worth noting that the core SLD is lower than the expected SLD of the lipid + P80 mixture ($1.63 \times 10^{-6}$ $\text{Å}^{-2}$), indicating that not all the P80 is in the core and thus, supporting the observations made for the hP80 nanoparticles. Therefore, it can be confirmed that the sponge-like nanoparticles present phase separation with a rich P80 shell. This is in line with what Wadsäters et al. previously reported for cubic micellar type of liquid crystalline nanoparticles. Their study focused on the effect of P80 concentration on soy phosphatidylcholine (SPC)/glycerol dioleate (GDO) lipid liquid crystalline nanoparticles. They observed that by increasing the dP80, the shell thickness was larger and richer in P80 at the expense of a GDO enriched core. In addition, the internal structure of the nanoparticles was affected at larger amounts (10 and 15 wt%) of P80, indicating that it was not only on the surface but also on the core of the particles. Yepuri et al. compared the cubic phase nanoparticle structures of phytantriol with two non-ionic stabilizers Tween® 80 (or P80) and Pluronic® F127. The location of the dispersing agent was revealed by SANS using deuterated phytantriol. They found that for P80, the surfactant molecules in the phytantriol-d/Tween® 80 followed a self-avoiding walk organization, whereas F127 in phytantriol-d/Pluronic® F127 particles appeared in a more rod-like packing. Here we note that in our case the more even distribution of P80 is favored by the fact that the lipids used and P80 has the same acyl chain.

3.2. Adsorption of L3-NPs on hydrophilic silica

Adsorption experiments were carried out to determine the interfacial properties of L3-NPs with hydrogenated P80. The aim was to understand their colloidal stability and how they interact with a silica interface. This will allow us to understand the driving force for the interaction as well as what happens with L3-NPs when they attach to a surface. Apart from the fundamental aspects, this is directly relevant when these types of dispersions are kept in glass vials for storage purposes. Here we used a negatively charged SiO$_2$ (hydrophilic) as model substrate.

3.2.1. Quartz crystal microbalance with dissipation. QCM-D was used to study the adsorption kinetics at different conditions, as well as to evaluate the viscoelastic properties of the lipid interfacial film. Previously it has been demonstrated that QCM-D is also a powerful tool to reveal the fate of soft nanoparticles, like vesicles, when they attach to a surface. In addition, the interfacial wet mass, i.e. the adsorbed mass including the solvent coupled to the film, could be estimated. This was obtained by fitting the data using the Voigt viscoelastic model as described above.

The first experiment carried out was to study the adsorption of L3-NPs from pure water with no addition of any salt (pH $\approx$ 6.5–7), as they are prepared and stored under these conditions. Fig. S3a (ESI†) shows that no adsorption was observed which could be the result of electrostatic repulsion between the negatively charged L3-NPs and silica. Similar results were reported by Vandooolaeghe et al. who studied the affinity of GMO/Pluronic F127 cubosomes to hydrophilic SiO$_2$ surfaces in water and at different pH values and ionic strengths. They found that by reducing the pH or adding electrolytes, adsorption of cubosomes took place. Therefore, we followed the same approach by studying the adsorption under low pH conditions (pH $= 4$ and 5.5) with and without 150 mM NaCl.

The results shown in Fig. 4 and Fig. S2b–d (ESI†), confirm that under these conditions L3-NPs adsorb, although no major differences in frequency and dissipation changes were observed when comparing the different solution conditions. We here focus on the results for pH $= 4$ with 150 mM, where we expect...
that the adsorption should not be hampered by repulsion between particles and the surface.

Fig. 4 displays the change in frequency (Δf) and dissipation (ΔD) as a function of time after addition of sponge-like nanoparticles on hydrophilic SiO2. After injection there is an immediate decrease of Δf followed by a minimum and then a plateau at slightly higher frequency, which is reached after 30 min. This is accompanied by initially high ΔD values which are reduced once the steady state is achieved. Taking into account that the L3-NPs were initially 180 nm, we could suggest that, as soon as they are in contact with the hydrophilic SiO2, the lipid nanoparticles spread (at least partially) and reorganize themselves forming a lipid + P80 film characterised by the decrease in dissipation and mass (increase in Δf). This is supported by the kink observed in the ΔD vs. Δf plot (embedded in Fig. 4). Similar observations and conclusion regarding change in the soft particle structure on the surface has been previously reported for vesicles.40 It is not surprising that the sponge-like nanoparticles show similarities to the vesicles, as the sponge phase is formed by curved bilayers and it is close to the lamellar phase as showed in the bulk phase behaviour.13 Based on the experimental observation we suggest that the adsorption process is divided in two steps: (1) rapid adsorption of L3-NPs material and (2) rearrangement of material previously adsorbed. Furthermore, it was possible to rule out the adsorption of intact nanoparticles. However, it is difficult to confirm it with QCM-D data (Table 6). Furthermore, QCM-D thickness/adsorbed mass data also include the water coupled to the film.

### 3.2.2. Neutron reflectometry

Neutron reflectometry provides information about the lipid film structure, including thickness, roughness, composition and solvent penetration into the lipid layer. First, the Si–SiO2 block was characterised at two different isotopic solvent contrasts (D2O and H2O). Then, 1 mg ml−1 of L3-NPs in deuterated buffer was introduced to the neutron reflectivity cell and left to adsorb for at least 30 min. After this time, a measurement was carried out before rinsing with D2O buffer and finally, H2O buffer. The measuring time was about 2-3 h depending on the contrast. Additional scans were performed to verify that the plateau value was reached. In addition, the curve after rinse was identical to the one recorded after adsorption.

As NR is less sensitive than QCM-D and the NR surface area was larger, a higher concentration of L3-NPs was used in order to ensure full coverage of the surface. A L3-NPs concentration of 1 mg ml−1 was enough to observe a fringe in NR, as the sample was left to adsorb for 30 min, while in QCM-D the sample was constantly flowed passed the substrate.

Fig. 5 shows the NR data after adsorption of L3-NPs. The data clearly show a strong adsorption of particles as a fringe appears, which is not present for bare silica in D2O buffer. The corresponding reflectivity curves in the H2O solvent contrast is also significantly

### Table 6 Thickness and wet mass values obtained using the Voigt viscoelastic model after addition of L3-NPs on hydrophilic silica

<table>
<thead>
<tr>
<th>Period</th>
<th>Thickness (Å)</th>
<th>Wet mass (ng cm⁻²)</th>
</tr>
</thead>
<tbody>
<tr>
<td>After injection of L3-NPs</td>
<td>80 ± 4</td>
<td>789 ± 42</td>
</tr>
<tr>
<td>After rinsing with buffer</td>
<td>67 ± 3</td>
<td>655 ± 30</td>
</tr>
</tbody>
</table>
Lipid head 15/C6/Lipid tail 33/C6

The four-layer model consist of: (1) SiO2; (2) lipid head groups; (3) lipid hydrocarbon tails and; (4) lipid head groups, where the inner and outer head groups were considered equivalent in terms of thickness and SLD. The total thickness of the lipid layers formed from the L3-NPs dispersion was found to be 63 Å (3) lipid hydrocarbon tails and; (4) lipid head groups, where the inner and outer head groups were considered equivalent in terms of thickness and SLD. The total thickness of the lipid layers formed from the L3-NPs dispersion was found to be 63 Å bilayer structure on hydrophilic silica, which agrees quite well with QCM-D values after rinsing. Table 7 shows the results obtained from the fit. It is noteworthy that the head group is highly hydrated (≈ 80%) and it is smaller than the dP80 head group observed by SANS (23 Å). Taking into account that the head group of DGMO and GMO-50 are smaller and that the thickness values are averaged over the whole surface, it makes sense that the observed thickness is reduced. In the case of the hydrocarbon tails, there is almost no solvent, as expected because of its hydrophobicity, and present a thickness of 33 Å. This value is slightly larger than the ones found for the L3-NPs studied by SANS. This suggests that the interfacial bilayer is less compact than the bilayers in L3-NPs. The tail layer thickness is lower than twice the dP80 tail size and thus supports the fact that the tails might be interdigitated or tilted. SLD values for lipid heads and tails agree quite well with the values expected (see Table 1 for more detailed information on head and tail SLD values of each component).

The surface excess (Γ) of each layer was estimated in order to compare the neutron reflectivity with the QCM-D values. To do so, the following equation was used:

\[ F = \frac{d \cdot \Phi \cdot M}{V_M N_A} \]  

where \( d \) is the thickness, \( \Phi \) is the volume fraction of the lipid + P80, \( M \) is the molar mass, \( V_M \) the molecular volume and \( N_A \) the Avogadro number. \( d \) and \( \Phi \) were taken from the NR fit, while \( M \) and \( V_M \) were estimated considering a DGMO/GMO-50/P80 weight ratio of 28/42/30 and values from Table 1. The total adsorbed mass obtained was 325.3 ng cm\(^{-2}\), where 34.6 ng cm\(^{-2}\) was for each head group layer and 256.1 ng cm\(^{-2}\) for the hydrocarbon tail. In contrast, the QCM-D values after rinsing were 655 ng cm\(^{-2}\), which is almost double of the estimated value from NR. This was expected as the mass measured by the QCM-D technique includes the water within the lipid film, while that from NR does not. This is supported as well by the highly hydrated head group layers obtained from the neutron reflectometry fits.

With the experiments performed here it is not possible to distinguish the location of P80 on the interfacial film, as dP80 was not used for these experiments. However, we could speculate that P80 might play an important role in the adsorption process of L3-NPs. Earlier it was suggested\(^ {24,41,42} \) that attractive interactions exist between the polyethylene oxide segments of the P80 head group and SiO\(_2\). Since P80 is mostly found on the sponge-like nanoparticles surface, the adsorption driving force could be the same here, as no significant changes were obtained between different conditions studied by QCM-D.

4. Conclusion

In this work the role of P80 in the formation of sponge-like nanoparticles was investigated by SANS. It was found that the L3-NPs features local phase separation, as the more swollen bilayer type of structure on the particle surface is rich in P80 at the expense of a more DGMO/GMO-50 rich core. The sponge phase inner structure was however retained and was found to be very similar to the one reported earlier.\(^ {13} \) This confirms our hypothesis that the polymer polysorbate 80 not only contributes to the formation of highly swollen inverse bicontinuous phases, but also acts as a stabilizer when these LLC phases are in excess water. Therefore, polysorbate 80 plays an important role here and confers long term stability to these nanoparticles.

Table 7 Parameters used to fit the neutron reflectometry data displayed on Fig. 5

<table>
<thead>
<tr>
<th>Component</th>
<th>Thickness (Å)</th>
<th>SLD (10(^{-6}) Å(^{-2}))</th>
<th>Solvent (vol%)</th>
<th>Roughness (Å)</th>
</tr>
</thead>
<tbody>
<tr>
<td>SiO(_2)</td>
<td>5 ± 1.0</td>
<td>3.41</td>
<td>7 ± 2</td>
<td>3 ± 2</td>
</tr>
<tr>
<td>Lipid head</td>
<td>15 ± 1</td>
<td>1.24 ± 0.1</td>
<td>80 ± 5</td>
<td>7.5 ± 0.2</td>
</tr>
<tr>
<td>Lipid tail</td>
<td>33 ± 3</td>
<td>−0.16 ± 0.1</td>
<td>1.78 ± 4</td>
<td>3.1 ± 5</td>
</tr>
<tr>
<td>Lipid head</td>
<td>15 ± 1</td>
<td>1.24 ± 0.1</td>
<td>80 ± 5</td>
<td>7.5 ± 0.2</td>
</tr>
</tbody>
</table>
The interfacial behaviour of L3-NPs was studied by QCM-D and neutron reflectometry. The results reveal that particles spread to form a relatively hydrated 65 Å thick film on hydrophilic silica. Thus, the layer thickness is much lower than the particle size confirming the flexibility of the particles.

These results are of great interest since highly swollen sponge phase nanoparticles can be used as delivery systems, e.g. of bioactive macromolecules. The adsorption data suggests that the particles collapse once they are adsorbed and that is likely to lead to release of the cargo. We envisage that by tuning the stabiliser surface interactions we can potentially achieve targeted release.

Conflicts of interest
There are no conflicts to declare.

Acknowledgements
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