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PCR detection of *Streptococcus pneumoniae* and *Haemophilus influenzae* in pneumonia patients

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Abstract

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PCR is a rapid, reproducible method for nucleic acid detection. However, this technology displays significant deficiencies when applied in clinical microbiology. This work's aim was to improve current diagnostics and provide sensitive and quantitative real-time PCRs.

Paper I describes the development of a sensitive and specific quantitative real-time PCR for the detection of *Streptococcus pneumoniae*, based on the Spn9802 DNA fragment. Applied to nasopharyngeal aspirates from 166 pneumonia patients, Spn9802 PCR had a sensitivity of 94% and a specificity of 98%.

In Paper II the performance of a *ply* gene PCR for identification of pneumococcal lower respiratory tract infection (LRTI) was evaluated on bronchoalveolar lavage fluids. At the detection limit 10^3 genome copies/mL, 89% sensitivity but only 43% specificity was achieved.

Paper III shows that *S. pneumoniae* DNA is detectable in plasma from acutely febrile patients. Sensitivities were low (26-42%) for detection of pneumococcal pneumonia, for bacteraemic pneumococcal pneumonia they were 60-70%.

Paper IV describes evaluation of four PCR targets for *Haemophilus influenzae* detection. A real-time PCR based on the P6 gene was developed and applied to 166 CAP patients, using cut-off of 10^4 genome copies/mL the assay had a sensitivity of 97% and a specificity of 96%.

In paper V, the two real-time PCRs presented in papers I and IV were combined with a PCR for detection of *Neisseriae meningitidis*. The analytical sensitivity of this multiplex real-time PCR was not affected by using a mixture of reagents and a combined DNA standard (*S. pneumoniae*/*H. influenzae*) in single tubes. Applied to 156 LRTI patients, this PCR had sensitivities over 90% for *S. pneumoniae* and *H. influenzae*, and specificities of 89% and 96%, respectively.

In conclusion, real-time PCR assays are useful for the diagnosis of *S. pneumoniae* and *H. influenzae*. They enable detection after antibiotic installation, and quantification increases the etiological specificity of pneumonia.

Keywords: Lower respiratory tract infections, Pneumonia, *Streptococcus pneumoniae*, *Haemophilus influenzae*, real-time PCR

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*"Glory be to You (God), we have no knowledge except whatever you have taught us.
You are the Aware, the Wise!"* The Noble Qur'an (Surah 2, versus 32)

To my parents

To my wife and children

To my sisters and brothers

List of original papers

This thesis is based on the following papers, which are referred to in the text by their Roman numerals.

- I **Abdeldaim GM**, Strålin K, Olcén P, Blomberg J, Herrmann B.
Toward a quantitative DNA-based definition of pneumococcal pneumonia: a comparison of *Streptococcus pneumoniae* target genes, with special reference to the Spn9802 fragment.
Diagn Microbiol Infect Dis 2008; **60**: 143-150.
- II **Abdeldaim GM**, Herrmann B, Korsgaard J, Olcén P, Blomberg J, Strålin K. Is quantitative PCR for the pneumolysin (*ply*) gene useful for detection of pneumococcal lower respiratory tract infection?
Clin Microbiol Infect 2009; **15**: 565-570.
- III **Abdeldaim GM**, Herrmann B, Mölling P, Holmberg H, Blomberg J, Olcén P, Strålin K. Usefulness of real-time PCR applied to plasma samples for detection of pneumococcal pneumonia.
Clin Microbiol Infect (Accepted for publication).
- IV **Abdeldaim GM**, Strålin K, Kirsebom L, Olcén P, Blomberg J, Herrmann B. Detection of *Haemophilus influenzae* in respiratory secretions from pneumonia patients by quantitative real-time PCR.
Diagn Microbiol Infect Dis 2009; **64**: 366-73
- V **Abdeldaim GM**, Strålin K, Korsgaard J, Blomberg J, Herrmann B. Multiplex quantitative PCR for detection of lower respiratory tract infection caused by *Streptococcus pneumoniae* and *Haemophilus influenzae* (Submitted).

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Abbreviations

<i>16S rRNA</i>	16 subunits ribosomal RNA
ATCC	The American Type Culture Collection
BAL	Bronchoalveolar lavage
<i>bexA</i>	Capsule-producing gene
CAP	Community-acquired pneumonia
CCUG	Culture Collection University of Göteborg
CFU	Colony-forming unit
C_t	Threshold cycle
<i>fucK</i>	Fuculokinase synthesing gene
LNA	Locked nucleic acid
LRTI	Lower respiratory tract infection
<i>lytA</i>	Autolysin gene
MgCl ₂	Magnesium chloride
MLST	Multilocus sequence typing
NAAT	Nucleic acid amplification technique
NCTC	The National Collection of Type Cultures
NPA	Nasopharyngeal aspirates
PCR	Polymerase chain reaction
<i>ply</i>	Pneumolysin gene
<i>rnpB</i>	Rnase P RNA gene
T_a	Annealing temperature
T_m	Melting temperature

Introduction

Lower respiratory tract infections (LRTI) are a persistent and pervasive public health problem. They cause a greater burden of disease world-wide than human immunodeficiency virus infection, malaria, cancer, or heart attacks (1).

Pneumonia can be defined as LRTI with inflammation of the lung parenchyma. It is a potentially severe condition (2). It is the most frequent infectious cause of death in developed countries (3), and is still one of the most important causes of mortality in children especially among those under the age of 5 years. This is even more significant in developing countries (4). In the year 2000 1.9 million children died from acute respiratory infections, 70% of them in Africa and southeast Asia (5). In one study in Sweden the mortality among adult patients with community-acquired pneumonia (CAP) who were treated in departments of infectious diseases was 3.5% (6). In another study from Scandinavia the mortality within 3 months after admission to the hospital was 9% (7).

CAP is the most frequently studied entity of pneumonia. Another important entity is nosocomial pneumonia, in which individuals develop pneumonia within 48-72 hours after admittance to hospital.

Etiology

While a large number of microorganisms can cause CAP, *Streptococcus pneumoniae* is clearly the most prevalent etiologic agent (8). Among CAP patients subjected, during six separate studies (9), to both blood culture and lung puncture culture, *S. pneumoniae* was identified by at least one of the two methods in 48% of the patients.

Haemophilus influenzae is one of the most frequent etiologies of CAP. In two previous studies, culture of transtracheal aspirate was positive for *H. influenzae* in 13% (16/119) (9) and 15% (9/61) (10) of CAP patients subjected to transtracheal aspiration.

Other frequent etiologies of CAP include *Mycoplasma pneumoniae*, *Chlamydomphila pneumoniae*, *Legionella pneumophila*, *Staphylococcus aureus*, and respiratory viruses (Fig. 1.) (8).

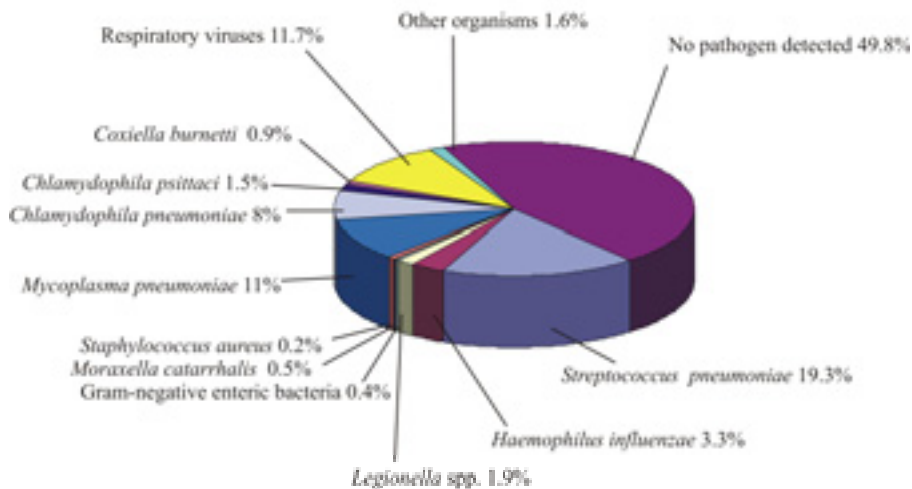


Figure 1. Etiological agents of CAP identified in 9 European studies. Data are presented as percentage means. Figures for hospitalized patients are almost the same (8).

Streptococcus pneumoniae

S. pneumoniae, commonly called the pneumococcus, was first identified in 1881 by Louis Pasteur in France and G. M. Sternberg in the USA. It is both a member of the normal oropharyngeal flora of most people, and an important human pathogen (11).

S. pneumoniae is a species of the genus *Streptococcus*, which comprises almost 50 species that in some cases are difficult to discriminate (12, 13). It is Gram-positive, non-motile and encapsulated. Most strains are facultatively anaerobic, although occasional isolates are strictly anaerobic (11). Sub typing is classically performed using specific typing sera which induce capsular swelling (the quellung reaction). More than 90 distinct capsular polysaccharides have been identified (14). Serotypes differ in invasive capacity, mortality rates, age and geographical distribution and in whether they act as primary pathogen or are more prone to infect persons with underlying disease (15-17). Thus, serotyping is useful for epidemiological purposes and to assess coverage of polyvalent vaccines.

During pneumococcal infections, such as pneumonia, viable *S. pneumoniae* bacteria may enter the blood stream and cause bacteraemia. However, even in cases of non-bacteraemic pneumococcal infections, degraded products from *S. pneumoniae*, such as polysaccharides, may enter the blood stream and circulate for long periods of time (18) and may be excreted in the urine (19).

Haemophilus influenzae

H. influenzae was first documented in 1883 by Robert Koch. During the influenza pandemic of 1889-92, Pfeiffer noted the constant presence of large numbers of small bacilli in the sputum of patients affected by the disease. He had established these organisms in stable subculture by 1889 and in 1893 he argued that the bacillus was the causative agent of the disease. In 1933 Smith, Andrewes and Laidlaw confirmed that the true causative agent was virus, but there still remains a possibility that secondary infection with *H. influenzae* contributed to the high mortality seen in the 1889-92 and 1918-19 pandemics (20). *H. influenzae* is a human-restricted Gram-negative bacterium that is part of the normal nasopharyngeal flora of most humans. It is a pleomorphic Gram-negative rod, aerobic but facultatively anaerobic. Some strains produce a capsule. The capsules are composed of polysaccharides and represent six distinct antigenic types, designated a-f. *H. influenzae* that lack capsular polysaccharides are referred to as nontypeable (20).

Apart from pneumonia, *S. pneumoniae* and *H. influenzae* can cause diseases such as meningitis, bacteraemia, sinusitis and acute otitis media.

Laboratory diagnosis

Microscopic examination

Gram's staining of sputum specimens is an inexpensive and rapid method that is still in use for determination of the bacterial cause of pneumonia (21). While several authors have outlined important limitations of this tool in terms of sensitivity, reliability, and impact on treatment decisions (22-24), others consider it useful in the initial evaluation of patients with CAP (25-27); hence, the usefulness of Gram's staining of sputum is still controversial. Furthermore, the yield of Gram stain has proven to be highly dependent on the application of strict criteria by a skilled microbiologist (28, 29).

Bacterial culture

Bacterial culture is an inexpensive method and also provides bacterial strains for further studies, such as testing of sensitivity to antimicrobials and molecular epidemiologic studies. However the yield of fastidious bacteria such as *S. pneumoniae* and *H. influenzae* is very low when virtually any specimen from the respiratory tract is collected after antibiotic therapy (30). Cultures from sterile sites like blood, pleural fluid, or lung puncture may provide definite CAP etiologies and can be considered as reference standards with which the sensitivity and specificity of other techniques are compared. However, the positivity rate of blood culture is low (31). By bronchoscopic techniques, secretions including bronchoalveolar lavage (BAL) can

be collected close to the site of the infection. However, as the bronchoscope passes the pharynx which includes the oropharyngeal flora, it may contaminate the lower respiratory tract (32). Thus, to differentiate between infection and colonisation, a cut-off limits of 10^4 colony-forming units (CFU)/mL is generally used for BAL culture (33). In order to completely exclude the risk of contamination from the pharynx, transtracheal aspiration can be performed (34), but this technique has been associated with complications.

Sputum is a non-invasive lower respiratory tract sample. As sputum samples pass the mouth on their way out, they are always contaminated by the oropharyngeal flora. In order to reduce the risk of false positive sputum culture results, the generally accepted cut-off limit of sputum culture is 10^5 CFU/mL. However, a problem with this sample type is that a substantial proportion of CAP patients cannot produce sputum samples of high quality.

In CAP patients, the lower and upper respiratory tract is normally colonized with the bacterial pathogen, which is responsible for the infection. Thus, culture of nasopharyngeal aspirates (NPA) or swabs from adult patients with pneumonia can be used for detection of *S. pneumoniae* and *H. influenzae* as CAP etiologies in populations with expectedly low carriage rates of these bacteria (35, 36). However, the usefulness of quantitative or semi-quantitative cultures of nasopharyngeal secretions has not been studied to my knowledge.

S. pneumoniae cultured on blood agar produces 1 mm colonies which are round, domed and surrounded by a zone of α -haemolysis. It is differentiated from other α -haemolytic streptococci by its sensitivity to optochin and bile solubility (20). Optochin sensitivity is the most important identification test, and it is commonly used in the clinical laboratory. However, atypical optochin resistant pneumococci have also been reported (37), which has made the definite identification of pneumococci more difficult. Species identification by DNA sequencing may provide a better discrimination (13).

H. influenzae is cultured on blood agar since it contains the so-called “X factor” (haematin) and “V factor” (nicotinamide adenine dinucleotide). The growth on blood agar is poor due to the lack of availability of V factor; however, growth is greatly improved on chocolate (heated blood) agar because more V factor is available (20). Requirement for both X and V factors is used to discriminate between *H. influenzae* and *Haemophilus parainfluenzae* and the lack of hemolysis on blood agar normally distinguishes *H. influenzae* from *Haemophilus haemolyticus*.

Antigen detection

Antigen detection techniques have been used as alternatives to culture. The test can be applied directly to clinical specimens like sputum, urine and cerebrospinal fluid, or to the bacteria culture. The antigens most commonly

analyzed are capsular polysaccharides (38). Several techniques have been used for antigen detection, including coagglutination, counterimmunoelectrophoresis, latex-particle agglutination, enzyme immunoassay and radioimmunoassay, and immunochromatography. Pneumococcal antigen detection in urine is a generally accepted way of establishing pneumococcal etiology in CAP. The commercially available test, NOW *S. pneumoniae* urinary antigen test (Binax), detects C polysaccharide in urine and is widely used. However it is non-specific for use in children (39). The usefulness of antigen detection in specimens other than urine is controversial. While some reporters suggest that antigen detection is a useful diagnostic tool for *S. pneumoniae* and *H. influenzae* pneumonia (40-42), others have questioned the clinical usefulness of such tests, especially when applied to samples from children (39, 43, 44).

Antibody detection

Antibody detection assays are usually used to demonstrate infections caused by virus and atypical bacteria, and no sensitive assays for detection of antibody responses to *S. pneumoniae* and *H. influenzae* are in routine use. To have optimal yield, serologic testing requires a serum specimen collected within the first 5 days after the onset of infection and a second serum specimen collected a number of weeks after the first one (38). Therefore, antibody measurements have no major importance for the choice of antimicrobial therapy.

PCR

PCR methods for detection of *S. pneumoniae* and *H. influenzae* are described on page 21.

Nucleic acid amplification- an overview

Nucleic acid amplification tests (NAAT) have been established as useful tools in the molecular microbiology laboratory. The polymerase chain reaction (PCR) as we know it today was developed by Kary Mullis in the early 1980s (45, 46). PCR is a technique for amplifying DNA sequences *in vitro*. It can amplify a specific sequence of DNA by as many as one billion times and be visualized as distinct bands on agarose gel (47). NAAT includes not only PCR but also alternate technologies, like strand-displacement amplification and transcription-mediated amplification (48).

During the last decade NAAT has become of central importance and is now commonly used for diagnostic purposes.

Real-time PCR

Real-time PCR is a modification of traditional PCR (gel based PCR) and was first described in the late 1990s (49). It has revolutionized the method of diagnosis in clinical microbiology laboratories (50). It is called “real-time PCR” because it allows the scientist to actually view the increase in the amount of DNA as it is amplified. The monitoring of accumulating amplicon in real time has been made possible by the labelling of oligonucleotide probes (i.e TaqMan[®] probe or Molecular Beacons) or amplicons with molecules capable of fluorescing (i.e SYBR[®] Green). These labels produce a change in signal following direct interaction with, or hybridization to, the amplicon. The signal is related to the amount of amplicon present during each cycle and will increase as the amount of specific amplicon increases.

The TaqMan[®] procedure utilizes the 5′-3′ exonuclease activity of the Taq polymerase. The TaqMan[®] probe is a short oligonucleotide (single stranded DNA) that contains a fluorophore at the 5′ end and a quencher, which keeps the molecule non-fluorescent, at the 3′ end. When the probe binds to the template DNA sequence, the polymerase encounters the probe and cleaves it. Thus, when the fluorophore is released into the solution, it is able to fluoresce (Fig. 2).

Quantitative Real-time PCR

Quantitative Real-time PCR is based on the contention that there is a quantitative relationship between the amount of target nucleic acid present at the start of a PCR assay and the amount of product amplified during its exponential phase. Consequently, the monitoring of PCR product accumulation makes it possible to perform an absolute or relative quantitative analysis of DNA in the samples studied by using standards with known concentrations. However, the accuracy of quantification is dependent on the standards used and sample preparation (51).

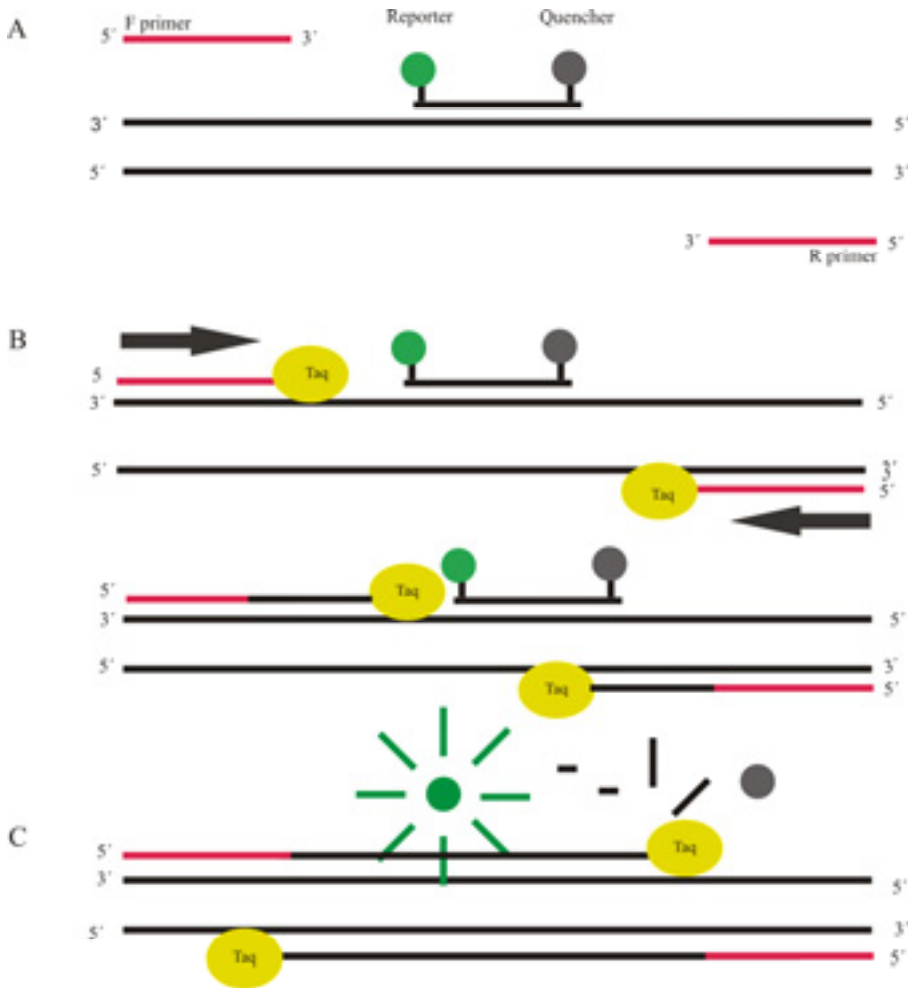


Figure 2. TaqMan[®] real-time PCR. (A) Initialization: a fluorescent reporter dye and a quencher are attached to the 5' and 3' ends of a TaqMan[®] probe. (B) Polymerization and strand displacement of DNA: when both reporter and quencher are attached to the probe, reporter dye emission is quenched. (C) Cleavage: during each extension cycle the DNA polymerase cleaves the reporter dye from the probe. Polymerization completed: once separated from the quencher, the reporter dye emits its characteristic fluorescence.

PCR Primer and Probe Design

One of the most important factors in successful PCR is proper primer design. Primers that only amplify one product will provide the best assay sensitivity and specificity. In this study, the chosen target genes for *S. pneumoniae* or *H. influenzae* were first tested by *in silico* exploration using the on-line software BLAST (<http://blast.ncbi.nlm.nih.gov/Blast.cgi>). Primers and probes were evaluated using the on-line software Oligo Analyzer 3.0 (<http://www.idtdna.com/analyzer/Applications/OligoAnalyzer/>). Probes containing locked nucleic acids (LNAs) were evaluated using the on-line software (<http://oligo.lnainstruments.com/expression/>).

When designing primer and probe, the length should normally be between 18 and 30 nucleotides, while the G-C content should be between 20 and 80%. Primer and probe self- and inter-complementation should be avoided. The melting temperature (T_m) of the probe should be several degrees above the T_m of the primers. Gs on the 5' end of the probe should be avoided and a strand should be selected that gives the probe more Cs than Gs.

Locked nucleic acid (LNA)

Locked nucleic acid (LNA) is a class of nucleic acids containing nucleosides whose major distinguishing characteristic is the presence of a methylene bridge that connects the 2'-oxygen of ribose with the 4'-carbon of the ribose ring (Fig. 3). This bridge results in a locked 3'-endo conformation, reducing the conformational flexibility of the ribose and increasing the local organization of the phosphate backbone (52, 53). These modifications allow increased stability of the nucleic acid duplexes formed between LNAs and other nucleic acids and does not compromise their sequence specificity (52, 54). Moreover, the water solubility of LNAs is similar to the solubility of DNAs or RNAs. As a result of these useful properties, LNAs can substitute for native nucleic acids in many biological applications (55). Usually, LNA/DNA duplexes have increased thermal stability (3–8 °C per modified base in the oligonucleotide) compared with similar duplexes formed by DNA alone, and this increase in thermal stabilities obtained for LNA oligonucleotides depends on the length of the sequence and the number of LNA nucleotides. When designing probes containing LNA, it is recommended that one LNA is used to every two or three DNA nucleotides (56). In this study, LNAs were used in order to increase the T_m of the probes (papers I, IV and V).

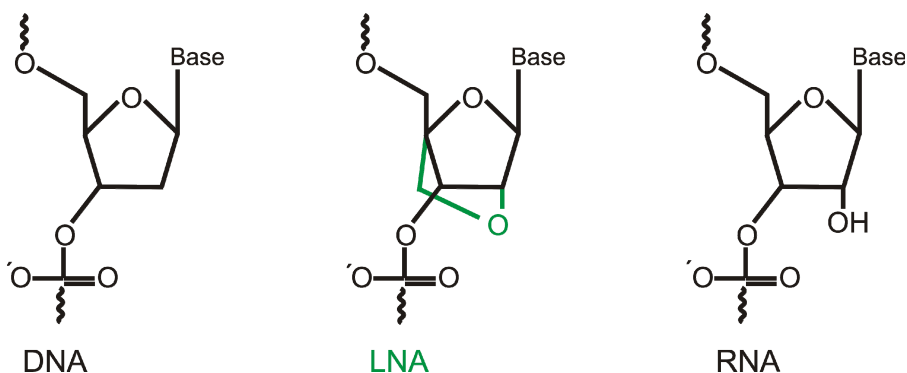


Figure 3. Chemical structure of 2'-O,4'-C-methylene linked LNA residues.

The concept of species

Bacteria are classified in much the same way as eukaryotes, but there are important differences in genetic transfer systems that include horizontal gene transfer between distantly related taxa and variable rates of recombination. Actually, the concept of a prokaryotic species is not theory-based to the same extent as it is for eukaryotes, but rather it is determined by practical needs and arbitrary judgments. Thus, to enable use of bacteria in clinical medicine, agriculture, food-processing industries and other operational activities, bacterial taxonomy is vital – even though it is quite imperfect.

At present, a prokaryotic species is defined as “a category that circumscribes a (preferably) genomically coherent group of individual isolates/strains sharing a high degree of similarity in (many) independent features, comparatively tested under highly standardized conditions” (57). In practice a species is defined as a group of strains that is characterized by a certain degree of phenotypic consistency, showing 70% of DNA-DNA binding and over 97% of *16S rRNA* gene-sequence identity (58). According to this definition, we can decide when two organisms are similar enough in their genotypic and/or phenotypic properties to be given the same name. But even when we use this definition it is still difficult to delineate bacterial species. Many bacteria have genetically determined systems for the uptake and integration of exogenous DNA (59), and allow genetic exchange by transformation and recombination of both intraspecies and interspecies strains. This genetic exchange can lead to enormous strain to strain variation in the gene content within the same species. In a previous study (60), it was

observed that strains of the same species can vary up to 30% in gene content. On the other hand, some strains that show >70% DNA-DNA binding are classified into different species, on the basis of pathogenicity or host range, like strains of *Escherichia coli* and *Shigella* species (61), making the current classification somewhat inconsistent.

Instead of using a single gene such like *16S rRNA* for phylogenetic and taxonomic analysis, several housekeeping genes (usually 7) are used in multilocus sequence typing (MLST) (62). This gives a higher and more stable resolution for species definition but also enables grouping of isolates into major genetic lineages within a species (63). In recent years the rapidly increasing generation of DNA sequence data has made it possible to compare entire genomes of different bacteria strains. This has given rise to new terms such as ‘species genome’ or ‘pan-genome’, indicating the total genetic material found in one species, one genus or even all bacteria (64).

In addition to all the phenotypic and genotypic data, consideration of the ecological perspective is necessary to determine the boundaries between strain clusters and the formation of species (65). Thus it is not surprising that the man-made taxonomy comes into conflict with results derived from the complex characteristics of bacteria.

The species *S. pneumoniae*

MLST analysis of housekeeping genes of the closely related species *S. pneumoniae*, *Streptococcus mitis*, *Streptococcus oralis* and *Streptococcus pseudopneumoniae* has shown that no single gene could resolve streptococcal species clusters to define how strains should be denoted, but the concatenated sequences defined four separated species clusters (66). *S. pseudopneumoniae* is the most recently defined species in the group (67) and is also the species most closely related to *S. pneumoniae* in evolution (68) as well as regarding virulence properties (68, 69).

In clinical routine diagnostics, robust and user-friendly detection methods are necessary. Differentiation of *S. pneumoniae* from other viridans group streptococci, like *S. mitis* and *S. oralis* has been based on phenotypic characteristics, most commonly by demonstrating optochin susceptibility and/or solubility in bile (sodium deoxycholate) (70). However, optochin resistance and bile-insoluble strains of *S. pneumoniae* have been reported (71, 72). Moreover, commercial biochemical-based tests like Rapid ID 32 Strep systems have shown poor correlation when compared to DNA-DNA hybridization within the viridans group streptococci (73). The commonly used NOW *S. pneumoniae* antigen test (Binax Inc) is also positive for isolates of *S. pseudopneumoniae* (69). Genotyping using *16S rRNA* gene sequencing has limited use for the identification of *S. pneumoniae* because of the high genetic similarity (99%) between species of the viridans group, whereas DNA-

DNA homology studies show only 50 to 60% similarity between members of the viridans group (74).

The species *H. influenzae*

The genus *Haemophilus* is characterized by a promiscuous ability to exchange genetic material by transformation and recombination, both between strains within species (75-77) and between species (78). This genetic exchange can lead to high strain to strain variation in the gene content within the same species. Thus, delineation of *H. influenzae* is still reported as an unresolved challenge when MLST, phenotyping and detection of marker genes was used (79). However, intraspecies genetic characterization with high resolution of both encapsulated and nonencapsulated *H. influenzae* strains has been achieved by MLST (80, 81).

Differentiation of *H. influenzae* from closely related species, such as *Haemophilus haemolyticus* and *Haemophilus aegyptius*, is difficult. The commonly used X- and V- growth factors are not reliable, since all three of these species are dependent on both X- and V- factor (82). The beta-hemolytic phenotype of *H. haemolyticus* is routinely used to distinguish *H. haemolyticus* from *H. influenzae*. However, non-hemolytic *H. haemolyticus* strains have been reported (77, 83). Furthermore, DNA-DNA hybridization and multilocus sequence analysis have shown high levels of similarity between *H. influenzae* and *H. aegyptius*, which make it questionable whether *H. aegyptius* merits consideration as a separate species (79, 84, 85). Automated phenotyping, including broad biochemical panels, has been shown to identify most strains to correct *Haemophilus* species, but problems still remain and more extensive strain collections are needed for evaluation (86, 87).

PCRs used for the detection of *S. pneumoniae* and *H. influenzae*

Several PCRs have been developed for the detection of *S. pneumoniae* and *H. influenzae* (88-96). However, the use of PCR has two main problems. Firstly, both *S. pneumoniae* and *H. influenzae* can colonize the pharynx in the absence of disease (asymptomatic colonization). This is also a problem for culture diagnostics, but it is more pronounced when using sensitive nucleic acid amplification tests. Secondly, nonspecific reactions can occur when target genes are also harboured by closely related bacteria species from oropharyngeal flora. In the diagnosis of *S. pneumoniae*, species such as *S. mitis* and *S. oralis* may cause an unspecific reaction (96-98). Similarly, it

is difficult to obtain specific detection of *H. influenzae* in the presence of some other *Haemophilus* species (84, 99).

The *ply* and *lytA* genes have been mainly used as targets for detection of *S. pneumoniae* by PCR (100). However, *S. mitis* and some related viridans streptococci have been shown to occasionally harbour the *ply* and *lytA* genes (96). Two recent studies (101, 102), suggest that the *lytA* gene is a more suitable gene target than the *ply* gene, as PCR was negative for *lytA* in all tested strains of non-pneumococcal streptococci (n=50 and 51, respectively), whereas the *ply* PCR was positive for 9 and 16 strains, respectively.

Two other interesting PCR targets in *S. pneumoniae* are the genes coding for the pneumococcal surface antigen A (*psaA*) (91) and the penicillin-binding protein 2b (*PBP2b*) (103), but these genes have also been identified in some viridans streptococci (104, 105).

Several PCR assays have been developed for the detection of *H. influenzae* (88, 90, 92-94). The *bexA* gene has been used in assays for encapsulated *H. influenzae* (88). However, it has been reported that capsular strains (a, e, and f) were not detected by the *bexA* PCR (106). The *IS1016* gene has also been used to detect the encapsulated *H. influenzae* (107). But, St. Geme *et al.* found approximately 11% of non-capsulated *H. influenzae* from pharyngeal carriage isolates to be positive for *IS1016* (108). The *16S rRNA* and *P6* genes have been used as targets, as they are present in both encapsulated and non-encapsulated strains (109, 110). However, specificity problems regarding these two genes have been reported (94, 109, 110), especially with closely related species like *Haemophilus parainfluenzae*, *H. aegyptius* and *H. haemolyticus*.

In this study we tested several target genes for the detection of *S. pneumoniae* and *H. influenzae* and we found that some of them are more specific, but all have limitations which are in concord with the species concept.

Evaluation of diagnostic tests

A diagnostic test for an infectious agent can be used to demonstrate the presence or absence of infection. Demonstrating the presence of the infecting organism is often crucial for effective clinical management. To be useful, diagnostic methods must be accurate, simple and affordable for the population for which they are intended. The basic performance characteristics of the test under evaluation for its ability to distinguish infected from uninfected individuals are: clinical sensitivity, that is, the probability that a truly infected individual will test positive; and clinical specificity, that is, the probability that a truly uninfected individual will test negative. The classical way to test clinical sensitivity and specificity is to compare the results of the designed test with the results of the gold standard method using a 2 by 2 table, as shown in figure 4. Ideally, the gold standard

provides error-free detection, which means that it does not have any false-negative or false-positive results. For most, if not all conditions in clinical medicine, a gold standard that is without error is not available (111, 112), therefore researchers use the best available method to determine the presence or absence of the target condition, and such a method is referred to as the reference standard rather than the gold standard (113). Researchers evaluating the diagnostic accuracy of a test often encounter situations where the reference standard is less sensitive than the evaluated test. Therefore they use alternative methods to evaluate the new test and discuss the strengths and limitations of that particular method (114, 115).

		Reference standard		
		+	-	
New test (PCR)	+	TP	FP	Sensitivity = $TP/(TP+FN)$
	-	FN	TN	Specificity = $TN/(TN+FP)$
				PPV = $TP/(TP+FP)$
				NPV = $TN/(TN+FN)$

Figure 4. Accuracy measures using 2 by 2 table. TP, true positive results; FP, false positive results; FN, false negative results; TN, true negative results; PPV, positive predictive value; NPV, negative predictive value.

Alternative methods to evaluate the new diagnostic test

Discrepant analysis

This is an attempt to identify the truly positive patients that the reference standard misses. In discrepant analysis the false-positive samples that were PCR positive but negative by culture are subjected to additional testing by one or more tests. If any one of these additional tests yields a positive result, then the original PCR test positive result is considered to be true positive and the original culture negative result is considered a false negative (116). The strength of this method is that it is straightforward and easy to use without statistical expertise. But it has limitations because the verification pattern is dependent on the new test results and it provides the status (117) of the target condition for those who are re-tested, but not for those not re-tested, which is usually the majority.

Composite reference standard

When there is no single gold standard, the results of several imperfect tests can be combined to create a composite reference standard. In this method the imperfect tests are applied to all patients and if one of the reference tests is positive, the target condition is considered to be present (positive). This

method is simple and easy to understand, and the researcher can combine several sources of information to evaluate whether the target condition is present or not. Unlike the discrepant analysis, the application of the second reference standard is independent of the new test results. The limitation of this method is that the inclusion of more than two reference tests in the composite reference standard may then obscure the final definition of the disease.

Latent class analysis

Latent class analysis is a statistical technique which can be used when no gold standard is available. It combines the results of several test methods, such as PCR, cell culture and antigen detection, to estimate the true but unknown sensitivity and specificity of each method as well as the prevalence of the target condition. These unknown parameters are called latent variables, as opposed to the measured or manifest variables, such as the number of patients which are positive in all tests, the number of patients which are negative in all test methods etc, i. e. frequencies. The latent variables are estimated using standard statistical techniques such as maximum likelihood. The strength of this method is that it is objective. However the estimates can be biased if the number of test methods is three or less. This is because the tests are assumed to be independent, which cannot be tested statistically in this case (the independence assumption might of course be true if the tests are based on completely different methods such as cell culture and PCR).

In this study the PCR assays in papers **I** and **IV** were evaluated by discrepant analysis. In paper **V** the Spn9802 target was evaluated by a composite reference standard and the *P6* target was evaluated by discrepant analysis. This resulted in increased specificity and a higher number of pneumonia cases with defined etiology.

Aims

- To develop real-time PCR assays for specific detection of *S. pneumoniae* and *H. influenzae* and to estimate the cut-off level which can differentiate between disease-causing infection and colonization.
- To evaluate the specificity of a quantitative pneumolysin (*ply*) gene PCR applied to clinical specimens for identification of pneumococcal LRTI.
- To evaluate the performance of the real-time PCR in detecting *S. pneumoniae* DNA in blood samples from acutely febrile pneumonia patients.
- To develop and evaluate a sensitive and specific quantitative multiplex real-time PCR for detection of *S. pneumoniae*, *H. influenzae* and *Neisseria meningitidis* as pathogens in respiratory and cerebral infections.

Materials and methods

Clinical specimens

To evaluate PCRs for detection of *S. pneumoniae* and *H. influenzae* a total of 166 nasopharyngeal aspirates from adult CAP patients (median age 71 years) and from 84 adult controls (median age 69 years) without respiratory symptoms were used. These specimen collections are described in detail in papers **I** and **IV**.

To test the performance of a quantitative *ply* PCR for detection of *S. pneumoniae*, (paper **II**) and to evaluate the multiplex real-time PCR for the detection of *S. pneumoniae* and *H. influenzae* (paper **V**), a total of 156 BAL fluids from LRTI patients (median age 63 years), and from 31 adult controls (median age 64 years) were used. The adult controls were consecutively collected, underwent bronchoscopy for suspected malignancy and they did not have pulmonary infection.

In paper **III**, plasma samples from 92 patients (median age 70 years) with CAP, and 91 controls (median age 67 years), were tested to evaluate rapid real-time PCR assays for the detection of *S. pneumoniae* from plasma.

DNA preparation

DNA preparation is one of the most important steps when performing quantitative PCR. The presence of inhibiting substances in the sample may lead to a complete absence of amplification products or have a quantitative effect (51).

The DNA of bacterial strains used for assay optimization and specificity evaluation in papers **I** and **III** was purified by phenol-chloroform extraction of bacteria harvested in exponential growth phase, after culture on blood agar at 37°C in 5% carbon dioxide.

DNA from the nasopharyngeal aspirates used for assay evaluation was purified by the Qiaamp DNA mini kit (Qiagen, Hilden, Germany) (papers **I** and **IV**), whereas DNA from BAL fluid was purified by the automatic MagNa Pure LC DNA-Isolation System (Roche Diagnostics) (papers **II** and **V**). DNA from plasma samples was purified by the automatic NucliSens easyMAG instrument (Biomérieux, Marcy l'Etoile, France) (paper **III**).

PCR methods used in our study

For detection of *S. pneumoniae* we developed a real-time PCR based on the sequence of the Spn9802 DNA fragment described by Suzuki *et al* (118). The sensitivity and specificity of the Spn9802 PCR was compared with the autolysin (*lytA*) gel-based PCR as described by Strålin *et al* (94) (paper I). The quantitative real-time PCR for *ply* was used as described by Corless *et al.* (88), except that 3.5 mmol/L MgCl₂ was used instead of 5.5 mmol/L and that the elongation time was 40 s instead of 1 min (papers II and III).

For detection of *H. influenzae* we developed two real-time PCRs, one based on the sequence of outer membrane protein *P6*, and the other based on the sequence of RNase P RNA gene (*rnpB*) (paper IV). The specificity of the real-time *P6* PCR was compared with *16S rRNA* gel-based PCR as described by Strålin *et al.* (94), *rnpB* real-time PCR, and capsule-producing gene (*bexA*) real-time PCR as described by Corless *et al.* (88), see above. Samples which were negative by culture for *H. influenzae* but positive by *P6* PCR were further tested by *fucK* PCR as described by Meats *et al.* (81). For the detection of *N. meningitidis* *ctrA* PCR was used as described by Corless *et al.* (88), see above.

To enable multiplex detection we developed a PCR assay where the Spn9802 PCR for *S. pneumoniae* (paper I), the *P6* PCR for *H. influenzae* (paper IV) and the *ctrA* PCR for the detection of *N. meningitidis* (88) were combined (paper V).

All clinical samples and reference strains were run on a Rotor-Gene 3000 instrument (Corbett Research, Sydney, Australia).

Optimization

To have a successful PCR, the annealing temperature (T_a), magnesium chloride (MgCl₂), primers and probe concentrations must be optimized.

Annealing temperature is one of the most important parameters that needs to be adjusted in the PCR reaction. It is defined as the temperature at which the single stranded primer will specifically bind to the template sequence. To optimize T_a , a PCR instrument (iCycler™, BioRad) with gradient temperature was used. The PCR products were tested on 2% agarose gel electrophoresis. The temperature that yielded a strong bright band without primer dimer was chosen.

Primer concentration is another parameter that must be considered to minimize the risk of amplification artifacts. All combinations of forward and reverse primers at 900, 600, 300, and 100 nM were tested. The lowest concentrations that resulted in a strong band were chosen.

Another important parameter is the MgCl₂ concentration. PCRs with different concentrations of MgCl₂ (1.5 mM, 2.5 mM, 3.5 mM, and 4.5 mM) were run to find the optimum concentration. The PCR products were tested on 2% agarose gel electrophoresis. The concentration that yielded a strong bright band without primer dimer was chosen.

Once T_a , primer concentration and MgCl₂ are optimized, the next step is to optimize the probe concentration. Three concentrations of probe were tested (400 nM, 200 nM, and 100 nM). The lowest concentration that gave a low threshold cycle (C_t) value and strong fluorescence was chosen.

Sensitivity, specificity and reproducibility of PCR assays

The detection capacity of a quantitative real-time PCR assay is commonly expressed as the analytical sensitivity. In this study two experiments (for each PCR) were performed with serial dilutions of target DNA (5 to 500-600 genome copies per reaction) in carrier tRNA (1 µl/mL) and 2 to 4 tubes of each dilution.

The specificity of the assays was determined by testing a collection of reference strains and clinical isolates.

Moreover, the clinical sensitivity and specificity were evaluated by testing clinical samples and results from the new PCR assays were compared with a reference method as well as with other published PCRs.

The reproducibility of quantification was evaluated by testing DNA preparations with known concentrations (duplicates of 500, 2,000 and 10,000 genome copies per PCR reaction) in five consecutive runs.

Reproducibility of multiplex PCR

The reproducibility of multiplex PCR was evaluated by testing 73 BAL samples and DNA preparations with known concentrations, as above (paper V). PCRs with primer/probe reagents in both monoplex (one tube for each PCR) and multiplex (one tube for all PCRs) configurations were tested in parallel. We also tested the reproducibility of quantification with positive control DNA of *S. pneumoniae* and *H. influenzae* in separate tubes and combined in a single tube. In addition, the reproducibility of combined standard of DNA from *S. pneumoniae*, *H. influenzae* and *N. meningitides* was evaluated in the same way (data not shown).

DNA sequencing

In previous studies, *rnpB* sequence analysis has been shown to be useful in species identification of streptococci (13, 119). Therefore, in paper **I**, the identification of detected *Streptococcus* species was analysed in clinical samples that were positive by PCR and negative by culture according to the mentioned studies.

Results and discussion

Paper I

Toward a quantitative DNA-based definition of pneumococcal pneumonia: a comparison of *Streptococcus pneumoniae* target genes, with special reference to the Spn9802 fragment

In this study quantitative real-time PCR was developed using primers and a TaqMan[®] probe complementary to sequences in the Spn9802 fragment (118). It is essential to test the analytical sensitivity and specificity of the PCR on microorganisms *in vitro* prior to application to clinical samples. When serial dilutions of target DNA with known concentrations were tested, the Spn9802 assay was able to detect 10-60 genome copies per reaction tube (Table 1).

Table 1. Analytical sensitivity of the Spn9802 assay

No. of reactions ^a	Genome copies per reaction tube	No. of reactions with detected target
6	600	6/6 (100%)
8	60	8/8 (100%)
8	20	5/8 (62.5%)
8	10	4/8 (50%)
8	5	0/8 (0.0%)

^a Data derived from 2 experiments with 3 to 4 reactions of each dilution.

When the specificity of the Spn9802 assay was tested on 59 bacterial strains, representing 44 species and including 9 clinical isolates of *S. mitis* and *S. oralis*, all species were negative, except *S. pseudopneumoniae*.

Evaluation of the Spn9802 assay was performed by analysis of 166 CAP patients. *S. pneumoniae* was identified in 68 cases by Spn9802 PCR, in 61 cases by *lytA* PCR and in 50 cases by culture. Of the 50 culture-positive cases, 49 were positive by Spn9802 PCR, whereas 47 were positive by *lytA* (Table 2). Among the 84 controls *S. pneumoniae* was identified in 10 cases by Spn9802 PCR, in 4 cases by *lytA* PCR and in 2 cases by culture.

Table 2. Detection results for 166 nasopharyngeal aspirates (pneumonia cases) using culture and 2 different PCR methods

Culture	<i>lytA</i> with gel detection	Spn9802 real-time PCR	No. of samples
+	+	+	47
+	-	+	2
+ ^a	-	-	1
-	+	+	9
-	+	-	5
-	-	+	10
-	-	-	92

^a In the case where *S. pneumoniae* was detected only by culture, there was weak growth (+) of *S. pneumoniae* but abundant growth of *H. influenzae* in the sample.

The presence of *S. pneumoniae* as normal flora in the upper respiratory tract (asymptomatic colonization) is problematic for both culture and PCR. Since the concentration of bacteria in the respiratory tract is higher during infection than during colonization (120, 121), quantification of the bacteria is a way to solve this problem. Real-time PCR provides a rapid quantification that may be used to distinguish between infection and colonization. In the present study the cut-off 10^4 DNA copies/mL for positive result with Spn9802 provided a high specificity, without significant reduction in the sensitivity (Fig. 5). Another study using quantitative PCR on sputum samples of CAP patients found a detection limit of 3.7×10^4 DNA copies/mL to be appropriate for identification of pneumococcal pneumonia (98).

In a previous study (118), the target gene Spn9802 was shown to be more specific than the *ply* gene for the detection of *S. pneumoniae*. Here we show that species identification by *rnpB* sequence analysis was useful for discrepant analysis of clinical samples that were positive by Spn9802 PCR and negative by culture. Among 29 such samples, 21 yielded *rnpB* sequences of *S. pneumoniae*. That means the use of discrepant analysis to obtain an expanded standard resulted in an increased specificity and a higher number of identified pneumonia cases.

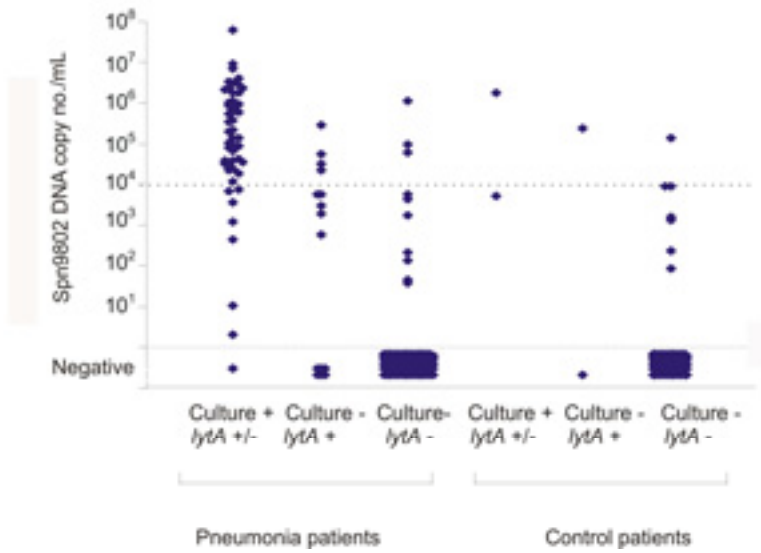


Figure 5. *S. pneumoniae* DNA copy number per milliliter with the quantitative real-time Spn9802 PCR applied to nasopharyngeal aspirates from 166 pneumonia patients and 84 controls, related to culture and *lytA* PCR results.

Paper II

Is quantitative PCR for the pneumolysin (*ply*) gene useful for detection of pneumococcal lower respiratory tract infection?

One of the most commonly used PCR targets for the detection of *S. pneumoniae* is the *ply* gene (98, 122-124), encoding for the pathogenicity factor pneumolysin. When serial dilutions of target DNA with known concentrations were tested, the *ply* assay was able to detect 20 genome copies per reaction tube. Among 109 LRTI patients with negative reference standard and negative *lytA*-based PCR, the *ply* PCR was positive in 51 patients (47%) while results were negative in blood culture, urinary antigen test, BAL culture and *lytA* PCR. Of the 103 LRTI patients who had taken antibiotic prior to sample collection, the combined reference standard was positive in 11 cases, *lytA* was positive in 32 cases, and *ply* was positive in 58 cases. The performance analysis of the quantitative *ply* PCR showed that a cut-off of 10^7 genome copies/mL was required for an acceptable specificity (90%), but that resulted in a low sensitivity (53%).

Our results clearly show that the *ply* gene is not an adequate target for detection of *S. pneumoniae*. Although this conclusion was apparent almost ten years ago (96), *ply* has been used in several studies in the following years (97, 101, 102, 125-128). We therefore found it important to highlight the problem when evaluating the Spn9802 PCR. The summary of these studies is shown in Table 3. When the primer pairs of the mentioned studies were plotted on the *ply* gene as shown in figure 6, it was clearly indicated that non-specific PCR detection is not restricted to a single target sequence in the *ply* gene. Thus our results confirm previous reports that *ply* is a non-specific target for detection of *S. pneumoniae*. Furthermore, it has been suggested that quantification of the *ply* gene could discriminate cases with clinical pneumonia diagnosis from persons that were colonized with *S. pneumoniae* (90, 98). However, our study shows that this is not the case. Figure 7 shows the quantitative results of Spn9802 PCR compared with *ply* PCR in samples from LRTI patients where the reference standard tests and the *lytA* PCR were negative. Assuming the Spn9802 PCR assay represents true positivity it is obvious that the *ply* PCR gives rise to many false positive cases.

In a recent study (129), mutations in the *ply* gene was reported. The impact of these mutations on different *ply* PCR methods was analyzed by *in silico* analysis. No nucleotide substitutions were found in the primers and probe sequences used in our study and originally described by Corless *et al.* (88), as well as in the method of Whatmore *et al.* (96). In the method used by Salo *et al.* (130) and Murdoch *et al.* (127), two nucleotide substitutions were found, one in the reverse inner primer in the 4th position from the 3' end, which may reduce the detection capacity, and another substitution close to the 5' end in the outer primer, which probably has no effect. The

same nucleotide substitution that affected the reverse inner primer of the method of Salo *et al.* also affected the reverse primer in the method used by Saukkoriipi *et al.* (131) and Greiner *et al.* (97).

Table 3. Results of *ply* PCR on strains identified as *Streptococcus* species other than *S. pneumoniae* or atypical *S. pneumoniae*

Author and year	Reference No.	Bacterial strains (No.)	Origin	<i>ply</i> PCR
Whatmore <i>et al.</i> 2000	(96)	Atypical oral <i>streptococci</i> (9)	Clinical isolates	All positive
		Putative atypical <i>pneumococci</i> (16)	Clinical isolates	All positive
Greiner <i>et al.</i> 2001	(97)	<i>S. gordonii</i> (1)	ATCC 12369	Positive
		<i>S. oralis</i> (1)	ATCC 10557	Positive
		<i>S. anginosus</i> (1)	Clinical isolates	Positive
		<i>S. constellatus</i> (1)	Clinical isolates	Positive
		<i>S. mitis</i> (1)	Clinical isolates	Positive
		<i>S. mutans</i> (1)	Clinical isolates	Positive
		<i>S. salivarius</i> (1)	Clinical isolates	Positive
		<i>S. sanguis</i> (1)	Clinical isolates	Positive
Verhelst <i>et al.</i> 2003	(128)	Optochin-resistant alpha-hemolytic pneumococci-like <i>Streptococcus</i> species (49)	Clinical isolates	19 positive by <i>ply</i> and negative in other PCRs 5 positive by <i>ply</i> only
Messmer <i>et al.</i> 2004	(101)	Atypical <i>streptococci</i> (16)	Clinical isolates	8 positive
Neelman <i>et al.</i> 2004	(102)	<i>S. mitis</i> (32)	Clinical isolates	31 positive
		<i>Streptococcus</i> species (18)	Clinical isolates	10 positive
Kajjalainen <i>et al.</i> 2005	(126)	<i>S. mitis</i> (9)	Clinical isolates	All positive
Carvalho <i>et al.</i> 2007	(125)	Pneumococcus- like <i>viridans</i> <i>streptococci</i> (11)	Clinical isolates	All positive

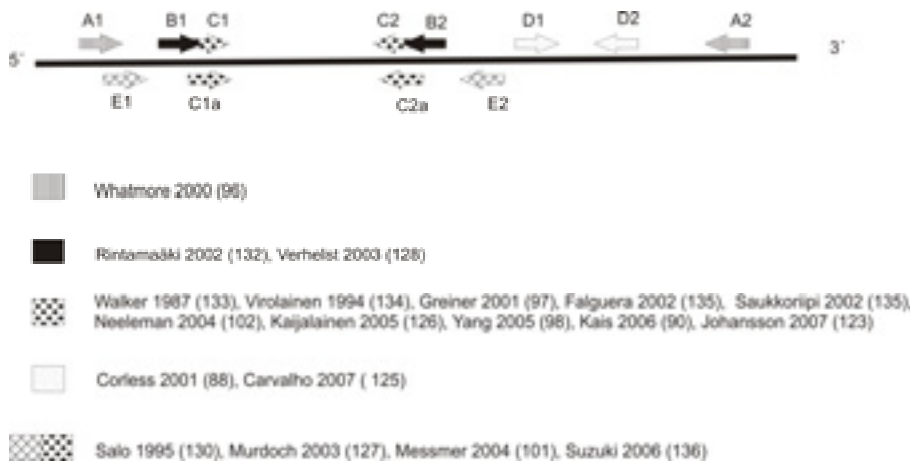


Figure 6. Schematic view of *ply* gene primer sequences used in different studies.

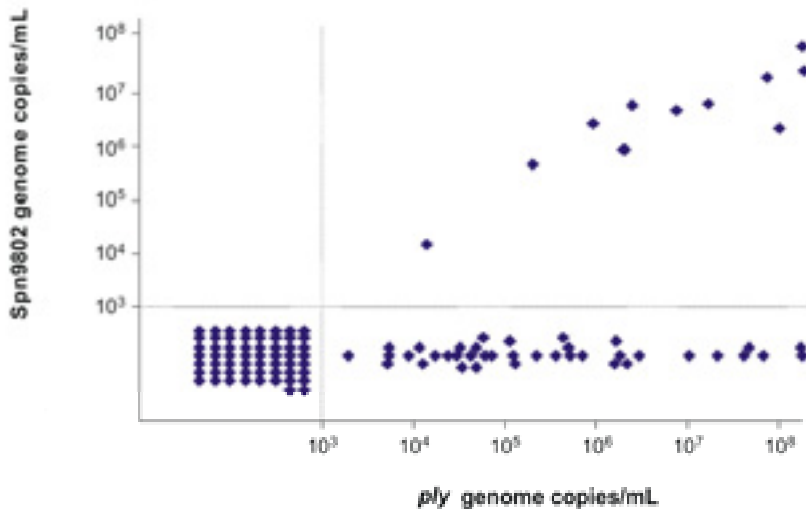


Figure 7. Quantitative results of Spn9802 PCR compared with *ply* PCR applied to bronchoalveolar lavage (BAL) fluid in patients with lower respiratory tract infection. All available reference tests and the *lytA* PCR were negative.

Paper III

Usefulness of real-time PCR for *lytA*, *ply*, and Spn9802, applied to plasma samples to detect pneumococcal pneumonia

Diagnosis of pneumococcal pneumonia is hindered by the lack of a highly sensitive and specific 'gold standard' method. Identification of the bacterium in blood culture provides a definite diagnosis and can serve as an indicator of disease severity. However, the positivity rate of blood cultures rarely exceeds 10% in CAP (137), and can be below 1% if blood samples are obtained during antimicrobial treatment (138). In this study we evaluate the performance of PCR of three different gene targets of *S. pneumoniae* (pneumolysin, *ply*; autolysin, *lytA* and the DNA fragment Spn9802) on 92 plasma samples from patients (median age 70 years) and on 91 plasma samples from controls (median age 67 years), in order to identify a PCR assay that could be used to detect *S. pneumoniae* DNA in blood samples from acutely febrile patients. Among the 92 CAP patients, *S. pneumoniae* was identified by blood culture in 10 cases (11%), by *lytA* PCR in 10 cases (11%), by Spn9802 PCR in 11 cases (12%), by *ply* PCR in 17 cases (18%), and by urinary antigen test in 24 cases (26%).

Table 4 shows the microbiological tests of the individual CAP patients with positive blood culture and/or positive PCR. Among the 10 with bacteraemic pneumococcal pneumonia, 6 proved positive by all three PCR methods, while 2 were negative with all three PCR methods. Five specimens were Spn9802 positive in low copy numbers (200-2000 copies/ mL) but negative by culture. In four of these cases *S. pneumoniae* was also detected by urinary antigen test or sputum culture.

Among 91 control patients, *ply* PCR was positive in 8 cases (9%); blood culture, *lytA* PCR and Spn9802 PCR were all negative. Additionally urinary antigen test was positive in 2 cases (2%), and NPA culture was positive in 4 cases (4%). Of the 8 cases which were positive by *ply* PCR, 1 case was positive by both urinary antigen test and NPA culture, and 1 was positive by NPA culture only.

The diagnostic performance of the three PCR assays in the CAP cases is shown in Table 5. The sensitivities for detection of pneumococcal pneumonia were low (26-42%), although the specificities were high for Spn9802 (98%) and *lytA* (100%). To detect bacteraemic pneumococcal pneumonia, sensitivities were higher (60-70%), and specificities remained high for Spn9802 (94%) and *lytA* (99%). Consequently, Spn9802 and *lytA* had high positive predictive values for pneumococcal pneumonia and high negative predictive values for bacteraemic pneumococcal pneumonia.

Table 4. CAP patients with positive blood culture and/or positive PCR for *Streptococcus pneumoniae* applied to blood samples

Sex, age	Blood culture result	<i>lytA</i> PCR (copies/mL)	Spn9802 PCR (copies/mL)	<i>ply</i> PCR (copies/mL)	<i>S. pneumoniae</i> urinary antigen test	Sputum culture for <i>S. pneumoniae</i>	Culture of nasopharyngeal aspirate for <i>S. pneumoniae</i>
F, 83	<i>S. pneumoniae</i>	9 x 10 ⁸	1 x 10 ¹⁰	4 x 10 ⁹	+	ND	ND
F, 79	<i>S. pneumoniae</i>	2 x 10 ⁸	3 x 10 ⁹	1 x 10 ⁹	+	ND	ND
M, 91	<i>S. pneumoniae</i>	6 x 10 ²	2 x 10 ⁴	2 x 10 ⁴	+	ND	+
F, 89	<i>S. pneumoniae</i>	2 x 10 ²	2 x 10 ⁴	1 x 10 ⁴	+	ND	+
M, 54	<i>S. pneumoniae</i>	3 x 10 ²	5 x 10 ³	8 x 10 ³	+	+	+
F, 74	<i>S. pneumoniae</i>	2 x 10 ²	1 x 10 ³	1 x 10 ³	+	ND	ND
F, 84	<i>S. pneumoniae</i>	8 x 10 ¹	0	0	+	+	+
F, 57	<i>S. pneumoniae</i>	0	0	3 x 10 ²	+	ND	+
M, 31	<i>S. pneumoniae</i>	0	0	0	+	ND	+
F, 85	<i>S. pneumoniae</i>	0	0	0	+	ND	-
M, 23	-	1 x 10 ²	6 x 10 ³	1 x 10 ⁴	+	-	+
F, 78	-	0	2 x 10 ³	6 x 10 ¹	+	ND	ND
M, 58	-	0	6 x 10 ²	2 x 10 ²	+	-	+
M, 74	-	0	2 x 10 ²	6 x 10 ²	-	+	-
M, 31	-	0	4 x 10 ²	1 x 10 ²	-	-	+
M, 87	-	0	0	9 x 10 ²	+	ND	+
F, 77	-	0	0	3 x 10 ²	+	+	+
M, 46	-	0	0	6 x 10 ²	ND	ND	-
F, 69	-	0	0	5 x 10 ²	-	ND	-
M, 51	-	0	0	3 x 10 ²	-	-	-
M, 75	-	0	0	2 x 10 ²	-	-	-
F, 32	-	0	0	2 x 10 ²	-	ND	-

+, positive; -, negative; ND, not done

As shown in this study the sensitivity of the PCR assays was low among both pneumococcal pneumonia and pneumococcal bacteraemia; similar figures have been reported in previous studies (139-141). This is likely due to the sample volume used in the DNA extraction (400 μ L plasma), and 5 μ L (corresponding to 80 μ L original plasma) of the purified DNA was applied in the PCR. The use of such a small volume limits the detection capacity, especially in cases of low-grade bacteraemia. In comparison, the blood volume in the four blood culture bottles was approximately 40 mL (4 x 10 mL), corresponding to about 20-25 mL of plasma.

In paper II we have shown that *ply* PCR applied to respiratory secretions is non-specific for detection of *S. pneumoniae*. In the present study the *ply* gene PCR presumably also caused false positivity in blood, a locality that is assumed to be “sterile”.

Table 5. Performance of PCR for three different gene targets of *Streptococcus pneumoniae* applied to EDTA blood samples from 92 pneumonia patients

Reference group	PCR gene target	Sensitivity ^a	Specificity ^b	Positive predictive value ^c	Negative predictive value ^d
Pneumococcal pneumonia ^e	<i>ply</i>	42 (13/31)	90 (55/61)	68 (13/19)	75 (55/73)
	Spn9802	32 (10/31)	98 (60/61)	91 (10/11)	74 (60/81)
	<i>lytA</i>	26 (8/31)	100 (61/61)	100 (8/8)	73 (61/84)
Bacteraemic pneumococcal pneumonia	<i>ply</i>	70 (7/10)	85 (70/82)	37 (7/19)	96 (70/73)
	Spn9802	60 (6/10)	94 (77/82)	55 (6/11)	95 (77/81)
	<i>lytA</i>	70 (7/10)	99 (81/82)	88 (7/8)	96 (81/84)

^a Reported as percentage (number with positive PCR/number with the defined pneumonia diagnosis).

^b Reported as percentage (number with negative PCR/number without the defined pneumonia diagnosis).

^c Reported as percentage (number with the defined pneumonia diagnosis / number with positive PCR).

^d Reported as percentage (number without the defined pneumonia diagnosis / number with negative PCR).

^e *S. pneumoniae* detected by blood culture, culture of representative sputum, or urinary antigen test.

Paper IV

Detection of *Haemophilus influenzae* in respiratory secretions from pneumonia patients by quantitative real-time polymerase chain reaction

In this study, we developed a specific and sensitive quantitative real-time PCR using the outer-membrane protein *P6* as a target gene for detection of *H. influenzae*. The *P6* assay was able to detect <30 genome copies per reaction tube, when serial dilutions of target DNA with known concentrations were repeatedly tested to identify the detection capacity of the assay (Table 4).

Table 4. Analytical sensitivity of *P6* real-time PCR

No. of reactions	Genome copies per reaction tube	No. of reactions with detected target
6	100	6/6 (100%)
6	30	6/6 (100%)
3	10	2/3 (66%)
7	5	4/7 (57%)
3	3	1/3 (33%)

The specificity of the *P6* PCR, in addition to three other PCR methods (*rnpB*, *16S rRNA* and *bexA*), was tested on DNA from 29 bacterial strains representing 11 species and including 7 clinical isolates of *H. parainfluenzae* (Table 5). The *P6* assay detected all capsular and non-capsular *H. influenzae* strains, and was more specific than *rnpB* and *16S rRNA* PCRs. However, the closely related species *H. aegyptius* and *H. haemolyticus* were also detected, and this result was similar to a previously published *P6* assay (110). The *bexA* PCR was specific (except for *H. parahaemolyticus*), but could not detect four capsular types (a, e, f and one b strain) and none of five non-capsular *H. influenzae* strains. This result was in concordance with a previous report (106). As shown in Table 5 all four target genes had limitations for diagnostic use. The obvious specificity problem for *H. influenzae* PCRs is mainly explained by the frequent genetic exchange by transformation and recombination in the *Haemophilus* genus (59, 75-77).

Table 5. Bacterial strains used in specificity test

Culture collection		Bacterial species	Capsular type	PCR assay			
CCUG	ATCC			<i>P6</i>	<i>16S rRNA</i>	<i>rnpB</i>	<i>bexA</i>
3715 ^T	33389	<i>Aggregatibacter aphrophilus</i> †		-	-	-	-
25716 ^T	11116	<i>H. aegyptius</i>		+	+	+	-
31340		<i>H. cryptic genospecies</i>		+	-	+	-
12834 ^T	33390	<i>H. haemolyticus</i>		+	-	+	-
6881		<i>H. influenzae</i>	<i>a</i>	+	+	+	-
23946	9334	<i>H. influenzae</i>	<i>b</i>	+	+	+	-
15195		<i>H. influenzae</i>	<i>b</i>	+	+	+	+
6879		<i>H. influenzae</i>	<i>c</i>	+	+	+	+
6878		<i>H. influenzae</i>	<i>d</i>	+	+	-	+
6877		<i>H. influenzae</i>	<i>e</i>	+	-	+	-
15435		<i>H. influenzae</i>	<i>f</i>	+	+	-	-
45442		<i>H. influenzae bio var I</i>	Non-capsular	+	+	+	-
23945 ^T	33391	<i>H. influenzae bio var II</i>	Non-capsular	+	+	+	-
45156		<i>H. influenzae bio var II</i>	Non-capsular	+	+	+	-
35407		<i>H. influenzae bio var III</i>	Non-capsular	+	+	+	-
36704		<i>H. influenzae bio var V</i>	Non-capsular	+	+	+	-
11096		<i>H. intermedius subsp. intermedius</i>		+	+	+	-
32367		<i>H. intermedius subsp. intermedius</i>		+	+	+	-
3716 ^T	10014	<i>H. parahaemolyticus</i>		-	-	-	-
51599		<i>H. parahaemolyticus</i>		-	+	-	+
8259		<i>H. parainfluenzae</i>		-	+	-	-
12836 ^T	33392	<i>H. parainfluenzae</i>		-	+	-	-
44486		<i>H. parainfluenzae</i>		-	+	-	-
44743		<i>H. parainfluenzae</i>		-	+	-	-
45191		<i>H. parainfluenzae</i>		-	+	-	-
7596		<i>H. parainfluenzae</i>		-	+	-	-
48703 ^T	NCTC 13334	<i>H. pittmaniae</i>		-	+	+	-
10787 ^T	33393	<i>Aggregatibacter segnis</i> *		-	-	-	-
46700		<i>H. segnis</i>		-	-	-	-
Clinical isolates (7)		<i>H. parainfluenzae</i>		-	+	+	-
				(5 of 7)	(2 of 7)		

T type strain

† Formerly *H. aphrophilus** Formerly *H. segnis*

In nasopharyngeal aspirates from 166 CAP patients, *H. influenzae* was identified by culture in 40 cases, and tested positive by gel-based *16S rRNA* PCR in 43 cases, and by *P6* PCR in 59 cases. Of the 40 culture positive cases, 39 were positive by *P6* PCR, while 36 cases were positive by *16S rRNA* PCR. Moreover, 20 cases were culture negative but positive in *P6* PCR, of which 13 also proved positive by *rnpB* PCR and 6 were confirmed by *16S rRNA* PCR. To further test the specificity of the *P6* PCR on the 20 cases that were culture negative and *P6* PCR positive, an additional examination was performed by *fucK* PCR, an assay not designed for maximal analytical sensitivity but for genotyping of isolates. Out of 20 cases, 18 were positive by *fucK* PCR.

Among the 84 control patients, *H. influenzae* was identified by culture in 1 case, by *P6* PCR in 7 cases, by *rnpB* PCR in 8 cases, and by *16S rRNA* PCR in 4 cases. Furthermore, the 6 samples that were culture negative but positive in *P6* PCR were also all positive by *fucK* PCR. *H. influenzae* can be found as a normal flora in the upper respiratory tract system (asymptomatic colonization). This colonization is problematic for both culture and PCR diagnostics. As mentioned above (paper I) quantitative real-time PCR provides rapid quantification that may help to distinguish between infection and colonization. In this study we calculated the sensitivity and specificity of the *P6* PCR at a detection limit of the PCR system itself and at a cut-off level of 10^4 DNA copies/mL. As all culture positive patients had *P6* DNA determined at $>10^4$ DNA copies/mL, no change in the sensitivity was seen if the cut-off limit was raised to 10^4 DNA copies/mL. However, the specificity increased from 84.1% to 96.0% (Table 6).

Table 6. Sensitivities and specificities of *P6* PCR compared to culture for detection of *H. influenzae* in nasopharyngeal aspirates from pneumonia patients

<i>P6</i> PCR cut-off (genome copies/mL)	Sensitivity ^a	Specificity ^b	Positive predictive value ^c	Negative predictive value ^d
Detection limit of the PCR	97.5 (39/40)	84.1 (106/126)	66.1 (39/59)	99.0 (106/107)
$\geq 10^2$	97.5 (39/40)	84.9 (107/126)	67.2 (39/58)	99.0 (107/108)
$\geq 10^3$	97.5 (39/40)	88.1 (111/126)	72.2 (39/54)	99.0 (111/112)
$\geq 10^4$	97.5 (39/40)	96.0 (121/126)	88.6 (39/44)	99.0 (121/122)

^a Reported as percentage (number of positive PCR/number with positive culture).

^b Percentage (number of negative PCR/number with negative culture).

^c Percentage (number of positive culture/ number with positive PCR).

^d Percentage (number of negative culture/ number with negative PCR).

Paper V

Multiplex quantitative PCR for detection of lower respiratory tract infection caused by *Streptococcus pneumoniae* and *Haemophilus influenzae*

In this study, the quantitative Spn9802 PCR for the detection of *S. pneumoniae* (paper I), was combined with the *P6* PCR for the detection of *H. influenzae* (paper IV) and the *ctrA* PCR for the detection of *N. meningitidis* (88) in a multiplex PCR format. It is well known that *N. meningitidis* is not a respiratory pathogen, but *S. pneumoniae* and *H. influenzae* are common causes of both respiratory infections and of meningitis. Therefore it was reasonable to include the important meningitis pathogen *N. meningitidis* in a multiplex PCR useful for both situations. The multiplex PCR was evaluated on 156 BAL samples from patients with LRTI and 31 BAL samples from controls. As shown in Table 7, the analytical sensitivity and quantification was not affected by using a combined mixture of reagents and a combined DNA standard (*S. pneumoniae/H. influenzae*) in single tubes. From 156 patients, *S. pneumoniae* and *H. influenzae* were detected by culture and urinary antigen test in 21 and 31 cases, respectively. These pathogens were identified by the multiplex PCR in 52 and 72 cases, respectively (Table 8).

To evaluate a highly sensitive test like real-time PCR with a less sensitive method like culture is problematic and even more difficult if patients are treated with antibiotics before sampling. In this study the Spn9802 target was evaluated by a composite reference standard composed by *lytA* PCR, urinary antigen test and culture. From evaluation of the *P6* PCR discrepant analysis was used by applying the *fucK* PCR on samples which were culture negative but *P6* PCR positive. This resulted in increased specificity and a higher number of pneumonia cases with defined etiology, as shown in Table 9. In this study a cut-off limit of 10^5 DNA copies/mL for positive Spn9802 and *P6* PCRs yielded a high specificity but somewhat reduced the sensitivity. Similar results have been seen in previous studies (33, 142, 143).

In this study *N. meningitidis* was detected as normal flora in 7 samples from the patient group and in 3 samples from controls. Our study on respiratory samples does not enable evaluation of PCR detection of *N. meningitidis*, but the *ctrA* primer pair in our multiplex assay has been shown to reliably detect meningococci in cases of bacterial meningitis in other studies (88, 144-146). This indicates that our multiplex assay can also be useful in the diagnosis of bacterial meningitis caused by *S. pneumoniae*, *H. influenzae* or *N. meningitidis*.

Table 7. Comparison of using PCR reaction mix with a single DNA standard and oligos for one target organism versus duplex DNA target standard and oligos for three target organisms

Oligos for a single target		Oligos for three targets					
DNA standard copy number of target DNA (number of reactions)	Mean Ct value	Mean measured copy number (log10)	DNA standard <i>S. pneumoniae</i> and <i>H. influenzae</i> copy number of each target DNA	Mean Ct value	Mean measured copy number (log10)	Δ Ct	Δ copy number (log10)
Spn 10000 (5)	27.7			27.8		0.1	
Spn 2000 (5)	30.2			30.4		0.2	
Spn 500 (7)	32.7			32.4		-0.3	
Hi 10000 (5)	23.8			23.7		-0.1	
Hi 2000 (5)	26.4			26.4		0.0	
Hi 500 (7)	28.6			28.5		-0.1	
Spn (23 clinical samples)	27.7 \pm 7.6	3.9 \pm 1.8		28.2 \pm 7.6	3.8 \pm 2.0	0.5	-0.1
Hi (50 clinical samples)	24.1 \pm 10.7	3.9 \pm 2.8		24.7 \pm 7.6	3.8 \pm 3.0	0.6	-0.1

Ct = Cycle of threshold; Spn = *S. pneumoniae*; Hi = *H. influenzae*

Table 8. Results of tests for *Streptococcus pneumoniae* and *Haemophilus influenzae* in 156 patients with lower respiratory infection

<i>A. Streptococcus pneumoniae</i>					
BAL culture	Blood culture	Urinary antigen test	Spn9802real-time PCR	<i>lytA</i> PCR	Number of samples
+	+	-	+	+	1
+	-	-	+	+	8
+	-	-	+	-	1
-	+	+	+	+	3
-	+	-	+	+	2
-	-	+	+	+	4
-	-	+	+	-	1
-	-	-	+	+	17
-	-	-	+	-	12
-	-	-	-	+	9
-	-	+	-	-	1
-	-	-	-	-	97

<i>B. Haemophilus influenzae</i>			
BAL culture	<i>P6</i> real-time	<i>lytA</i> PCR	Number of samples
+	+	+	26
+	+	-	2
+	-	+	1
+	-	-	2
-	+	+	32
-	+	-	8
-	-	+	14
-	-	-	71

Table 9. Sensitivities and specificities of multiplex real-time PCR for detection of *Streptococcus pneumoniae* and *Haemophilus influenzae* in bronchoalveolar lavage from 156 adults with lower respiratory tract infection

Species	Reference test	Detection limit of the assay		Cutoff 10 ⁵ copies/mL	
		Sensitivity	Specificity	Sensitivity	Specificity
<i>S. pneumoniae</i>	BAL culture, blood culture and urinary antigen test	95% (20/21)	75% (101/135)	90% (19/21)	80% (108/135)
	BAL culture, blood culture and urinary antigen test + <i>lytA</i> PCR	91% (43/47)	89% (97/109)	79% (37/47)	95% (104/109)
<i>H. influenzae</i>	BAL culture	90% (28/31)	65% (81/125)	81% (25/31)	85% (106/125)
	BAL culture + <i>ficK</i> PCR*	93% (69/74)	96% (79/82)	63% (47/74)	100.0% (82/82)

* *ficK* PCR was performed in the PCR positive and culture negative samples

Conclusions

- The Spn9802 PCR is sensitive and specific for detection of *S. pneumoniae* and *S. pseudopneumoniae*.
- The *ply* PCR is not specific for the detection of *S. pneumoniae*, and quantification does not appear to be clinically useful.
- The Spn9802 and *lytA* PCRs are useful for rapid detection of bacteraemic pneumococcal pneumonia
- The *ompP6* real-time PCR is sensitive and specific enough for identification of *H. influenzae* in respiratory secretions.
- Quantification enables discrimination between disease causing infection and commensal colonization by *S. pneumoniae* and *H. influenzae*.
- The multiplex format of the PCR assay enables diagnosis of *S. pneumoniae* and *H. influenzae* in single tubes which leads to reduction in reagent costs and labor time.
- The PCR assay enables detection after antibiotic treatment has been installed.

Future directions

My work has focused on development and use of quantitative real-time PCR for detection of two major respiratory tract pathogens. The importance of specific target genes, the value of quantification and the possibility to design multiplex assays have been high-lighted.

Concrete follow up tasks from my study are:

- To evaluate the quantitative real-time PCR for *S. pneumoniae* and *H. influenzae* on respiratory samples from children to find a cut-off limit by which disease causing pathogens and commensal organisms may be separated.
- To improve the detection of *H. influenzae* by a new real-time PCR based on the *fucK* gene.
- To evaluate the multiplex PCR for detection of *S. pneumonie*, *H. influenzae* and *N. meningitidis* in liquor samples from persons with suspected bacterial meningitis.

There are also several other challenges waiting ahead. Molecular methods are still expensive compared to conventional culture of bacteria and do not allow antibiotic resistance determination. Quantification can be improved by easier and more robust methodology. Broader detection platforms that provide answer on the medical question: “Which microorganism is causing disease in this patient?” are called for.

The rapidly increasing amount of genetic information provides possibilities to compare entire genomes and thereby identify better targets for detection of pathogens. In addition there has been a constant development of detection techniques in recent years. When array technologies, DNA sequencing and new unconventional techniques become cheaper and even more sensitive and robust they can be combined with bioinformatics and lead to powerful diagnostics in clinical routine laboratories.

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