Applications of Soft X-Ray Spectroscopy

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Abstract

Soft X-ray emission spectroscopy is an old experimental technique that has seen a strong revival since the advent of new high brilliance soft X-ray sources in the shape of synchrotrons. This thesis covers a range of applications where soft x-ray techniques have been applied. I have looked at fluorescence yield from doubly excited helium in field free conditions as well as in the presence of weak electric and magnetic fields. Using soft X-ray emission spectroscopy (SXES) I have explored scattering mechanisms in molecular systems. Quenching of symmetry breaking transitions by detuning of the excitation energy was observed in CO₂. Bond-length dependence was seen for symmetry breaking transitions in a series of hydrocarbons. Dissociation dynamics was explored in OCS and HCl. I have also applied SXES to liquid water exploring the properties of hydrogen bonding. Buried layers of AlAs under 100 Å GaAs(100) was studied and thickness dependence and interface effects observed. The technique was also used to study the electronic structure of yttrium and vanadium hydrides. dd-excitations and accompanying spin flip excitations was observed in Cu M resonant x-ray Raman emission from Sr₂CuO₃Cl₂.

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List of Papers

This thesis is based on the following papers, which are referred to in the text by their Roman numerals.


The following papers have been omitted from the thesis due to the character of the material, or due to the limited extent of my contribution.


• Resonant Mn L emission spectra of layered manganite La$_{1.2}$Sr$_{1.8}$Mn$_2$O$_7$, Agui, A.; Butorin, S.M.; Kaambre, T.; Sathe, C.; Saitoh, T.; Moritomo, Y.; Nordgren, J. *Journal of the Physical Society of Japan, v 74, n 6*, (2005)


- Probing the Mn3+ sublattice in La0.5Ca0.5MnO3 by resonant inelastic soft X-ray scattering at the Mn L2,3 edge, Butorin, S.M. (Dept. of Phys., Uppsala Univ., Sweden); Sathe, C.; Saalem, F.; Nordgren, J.; Zhu, X.-M., *Surface Review and Letters*, v 9, n 2, (2002)


Comments on my participation

Experimental studies performed at synchrotron facilities are often the effort of many people, as reflected by the author lists. My involvement has for the most part been on the experimental side. Most of my effort has gone into constructing, preparing and conducting the experiments. I have also been involved in the analysis of the data and the subsequent discussions and authoring process. The theoretical calculations presented in the papers were for the most part done by collaborating authors. Samples in papers XI-XV were prepared and provided by co-authors. The beautiful drawings in this thesis were made by Marcus Agåker.
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Introduction

A driving interest in physics is the understanding of the structure and behavior of matter. What makes a metal a metal? Why are silicates in glass form transparent to visible light but not other forms of silicates? What makes iron a magnetic material? Why is diamond hard but a lump of coal fairly soft? They are both made of the same atoms after all. The list can be made long and it is easy to see that this is a both fascinating and in the end potentially rewarding endeavor. In order to understand the nature of matter we need to turn to its building blocks, the atoms.

My goal here is not to dive down all the way to elementary particle level but rather to explore matter on an atomic, molecular and condensed matter scale. The borderlands of physics and chemistry will be our main domain and interaction between matter and radiation will be our tool of investigation. The focus will be on the electrons and how they bind the atomic nuclei together, i.e., the electronic structure of matter.
As so often in physics it begins with Newton. In 1666 he used a lens, a prism and a simple screen to show that what was perceived as “white” light from the sun was in fact made up of a continuum of all colors in the rainbow. This led him to coin the phrase “spectrum”. Later in 1802 William Hyde Wollaston refined Newton’s observations and found dark lines in this continuum. These lines were systematically investigated by Joseph von Fraunhofer in Munich 1814 and they are named after him – the Fraunhofer lines.

In 1752 the Scotsman Thomas Melvill showed that a mixture of alcohol and salt water would burn with a yellow flame. When the salt was removed this distinctive yellow flame disappeared. Melvill is regarded as the founder of the technique of flame spectroscopy. Further studies by Talbot lead him to show in 1826 that different salts would produce different colors when put in a flame. The groundwork was now laid and in 1860 Gustav Kirchhoff and Robert Bunsen, using proper spectrosopes, found that the observed spectral lines were unique to each element. They could then put their new tool to work and in the coming few years they and others discovered the elements cesium, rubidium, thallium and indium. Maybe the crowning achievement of these early years of spectral analysis was the discovery of what turned out to be the second most abundant element in the universe, helium, in 1868, a discovery made independently by the two astronomers Pierre Janssen and sir Joseph Norman Lockyer.

The next step in the development was to turn spectroscopy into spectrometry, actually measuring the wavelengths of the recorded spectral lines. In 1868, the same year that helium was discovered, the Swedish physicist Anders Jonas Ångström published his study of the solar spectrum, giving the wavelengths of the most important lines in the unit of $10^{-10}$ m. This unit was later named 1 Ångström (Å) in his honor. Ångström later made the first reflection grating, for which the author of this thesis is indebted to him.

Finding patterns in the known spectral lines was the next level of development. A big step in this direction was taken in 1885 when Johann Jakob Balmer found that the wavelengths of the visible spectral lines of the hydrogen atom followed a simple mathematical formula. This series was later named after him – the Balmer series. Balmer’s findings were later generalized in 1888 by Johannes Rydberg in Lund into
\[ \frac{1}{\lambda} = R_H \left( \frac{1}{n^2} - \frac{1}{m^2} \right) \]

where \( R_H \) is now called the Rydberg constant, \( n \) and \( m \) are integers where \( n < m \). In the particular case of the Balmer series \( n = 2 \) and \( m \geq 3 \). The validity of Rydberg’s discovery was strengthened in 1906 when Theodore Lyman discovered a series of spectral lines in the ultraviolet wavelength region of hydrogen corresponding to \( n = 1 \) and \( m \geq 2 \) in Rydberg’s formula.

Outside the developing field of spectroscopy Heinrich Hertz found in 1887 that materials could emit electrons if illuminated with light of sufficiently high frequency, and this frequency depends on the material. It was also later found that the energy of the emitted electron depends on the frequency of the impinging light. Having this knowledge as well as Max Planck’s explanation of the black-body radiation at hand, Albert Einstein formulated in 1905 what is known as the photoelectric law. He proposed that light was in fact made up of discrete quanta, which were later on called photons by Gilbert Newton Lewis. Einstein further proposed that the energy of each of these quanta was determined by their frequency \( \nu \), which is related to the energy \( E \) by

\[ E = h\nu \]

where \( h \) is the so-called Planck's constant.

Bohr's Model of the Atom

The Danish physicist Niels Bohr now tasked himself with solving the riddle set forth by the Rydberg formula. Taking a lead from Rutherford's scattering experiments, which showed that the atom consists of a heavy positively charged nucleus surrounded by a cloud of negative charges, he proposed a new descriptive model based on classical motions augmented by three postulates.

1. The electrons can only travel in certain stationary orbits; at a certain discrete set of distances from the nucleus with specific energies.

2. The electrons do not lose energy as they travel. They can only gain and lose energy by undergoing a transition from one allowed orbit to another, absorbing or emitting electromagnetic radiation with a frequency \( \nu \) determined by the energy difference of the levels according to the relation

\[ \Delta E = E_2 - E_1 = h\nu \]
3. The frequency of the radiation is as it would be in classical mechanics the reciprocal of the classical orbit period $T$:

$$\nu = \frac{1}{T}$$

In his study, Bohr introduced a quantization of the angular momentum, $L$, of the electrons in the atom according to

$$L = n \frac{\hbar}{2\pi} = n\hbar$$

where $n = 1, 2, 3, \ldots$ suggesting an atomic model akin to that of the planetary system with the electrons orbiting the nucleus much like the planets orbit the sun.

*Figure 1.* The Bohr atom
This simple model was a big step forward in the understanding of the atom and probably its biggest achievement was that it could accurately give the value of the Rydberg constant, $R_H$. Using the classical formulas for the kinetic energy and Coulomb interaction of an electron orbiting the nucleus along with its quantized angular momentum, gives the following expression for the energy of an electron in the $n$-th level of a hydrogen atom

$$ E_n = -\frac{(k_e e^2) m_e}{2\hbar^2 n^2} = -R_H \frac{1}{n^2} $$

where

$$ R_H = \frac{(k_e e^2) m_e}{2\hbar^2} $$

Here $k_e$ is the Coulomb constant, $e$ is the charge of the electron and $m_e$ is the mass of the electron. A transition from level $m$ to lower level $n$ realizes an energy that fits well to the Rydberg formula.

This first atomic model had some serious shortcomings. In particular, it cannot properly predict energies of multi-electron atoms, it cannot predict relative intensities of emission lines and it cannot provide an explanation for the fine structure or splitting of atomic lines as observed by Johannes Stark and Pieter Zeeman in external electric and magnetic fields, respectively. Another difficulty is that it provides no real explanation as to why the electron does not loose energy as it undergoes centripetal acceleration while orbiting the nucleus as predicted by classical theory. Already Bohr himself was aware of these shortcomings.

Quantum Mechanics

In the 1920's there were several important developments and breakthroughs in the theoretical treatment of the atom. Based on the work of, in particular, Louis de Broglie, Werner Heisenberg and Erwin Schrödinger, another step was taken from the semi-classical quantized description into the realm of quantum mechanics, culminating in the Copenhagen interpretation of quantum mechanics in 1927. In order to understand quantum mechanics it is good to consider a few of its fundamental ideas.
Wave-Particle Duality

As first demonstrated by Einstein, light cannot be described as either wave or particle but rather exhibits behaviors of both aspects. This idea was extended to electrons as well as all matter by de Broglie in 1923. It was previously known from Thomson’s cathode ray experiments in 1897 that the electron is indeed particle-like. In light of all these findings, de Broglie proposed that all matter has an associated wavelength $\lambda$, known as the de Broglie wavelength, which is related to its momentum $p$ by the formula

$$\lambda = \frac{h}{p}$$

Since Planck's constant is very small ($6.626 \times 10^{-34}$ Js) compared to the momentum of macroscopic objects the wave nature of matter is effectively hidden to us. However, on an atomic scale it becomes the dominating feature. De Broglie’s idea was confirmed in 1927 through electron diffraction measurements independently by two different laboratories. The fact that the electrons could be described as waves pointed towards a description of the discrete energy levels in atoms as a standing wave phenomenon rather than particles orbiting a nucleus. This leads to the formulation of a wave-mechanical description of quantum mechanics.

The Schrödinger Equation

In 1926 Erwin Schrödinger presented an equation reminiscent to the Hamiltonian version of Lagrangian classical mechanics. He basically formulated a wave-mechanical description that in its most general form looks like

$$i\hbar \frac{\partial}{\partial t} \Psi = H\Psi$$

where $\Psi$ denotes the wave function. The operator on the left hand side of the equation is called the energy operator and $H$ is the Hamiltonian operator corresponding to the total energy of the system. As in classical mechanics, the Hamiltonian can be broken down to

$$H = T + V$$

where $T$ is the kinetic energy and $V$ is the potential energy. Using

$$H = -\frac{\hbar^2}{2m_e} \nabla^2 + V(r)$$
where \( V(r) \) is the potential from the nucleus seen by the electron. Schrödinger was able to reproduce Bohr's results for the hydrogen atom. The square of the wave function, \( \Psi^2 \), was later interpreted by Max Born as the probability amplitude of the particle. The wave function itself lacks concrete physical meaning; it is only when it is operated on that it gives rise to a measurable physical quantity.

Heisenberg's description, Matrix mechanics

One very important discovery that came out of Heisenberg's work was the realization that an attempt to measure two observables simultaneously can become troublesome. Effectively, such an attempt is equivalent to a collapse of the system into two solutions at the same time, and more often do these not commute. This happens when the following holds true for two matrices \( A \) and \( H \)

\[
[A, H] = AH - HA \neq 0
\]

In particular this is true for the position and momentum operators as well as for energy and time. In the case of energy and time we get the relation

\[
\Delta E \Delta t \geq \hbar
\]

This gives rise to a well-known spectroscopic phenomenon, the natural lifetime broadening. The uncertainty principle is often misunderstood as an effect of the measurement, but is really an intrinsic property of the quantum mechanical description of nature.

Splitting the Energy Levels, quantum numbers and the exclusion principle

So far we have not gone beyond Bohr and his explanation of the Rydberg series as far as describing emission lines in atomic spectra. However, already in 1887 Albert Michelson and Edward Morley noted a splitting in the principal emission line of hydrogen which was so apparent that some more physics needed to be understood. The explanation of their observation relates to the fact that the electron is a charged particle and is associated with it two types of magnetic moment as it is bound in the atom. One is associated with the orbital angular momentum expressed by the quantum number \( l \). The binding energy of an electron will depend on how far away from the nucleic charge its orbital is and how many electrons shield it. This will lead to different binding energies for different \( l \) even though their value of \( n \) is the same.
ditionally these lines were named *sharp, principal, diffuse* and *fundamental* giving rise to the nomenclature *s, p, d* and *f* corresponding to *l = 0, 1, 2, 3*… The other magnetic moment associated with the electron is that of its spin, an intrinsic property of the electron always with the value \( \frac{1}{2} \).

The concept of quantum numbers is, as we shall see later on in this thesis, very useful when studying quantum mechanical systems such as atoms, molecules and condensed systems. A quantum number describes values of conserved physical quantities in the dynamics of a quantum system. They must also either correspond to the Hamiltonian, or an operator that commutes with it. In the case of solving the Schrödinger equation for an atom one ends up with four quantum numbers which completely define the state of an electron. The most common set of quantum numbers comprises the principal quantum number \( n \), which is associated with the energy level or the main shell the electron belongs to, and which can take values equal to or larger than 1. Furthermore, within this set of quantum numbers, \( l \) denotes the angular momentum with values ranging from \( 0 \leq l \leq n – 1 \). The third quantum number of relevance is the magnetic quantum number \( m_l \) which denotes the projection of \( l \) onto a defined axis of the coordinate system used. Values for \( m_l \) range from \( -l \leq m_l \leq l \). The fourth quantum number, \( s \), represents the spin of the electron, and as the electron is a fermion \( s=1/2 \). Akin to \( m_l \) the projection of the intrinsic spin of the electron on a defined axis gives rise to a new quantum number, \( m_s \), which can take the values \(-1/2\) and \(+1/2\).

An important fact regarding the angular momentum in quantum mechanics is that for three spatial dimensions the operators \( l_x, l_y \) and \( l_z \) do not commute. This implies that if one component is measured the others can never be fully determined. This leads to a precession of the angular momentum. Most often the angular momentum \( m_l \) is used for the projection of the orbital angular momentum onto an arbitrary axis \( z \). Associated with an electron is also an intrinsic magnetic moment, which is ascribed to a spin with the quantum number \( s=1/2 \) as mentioned above. The projection onto the \( z \)-axis can take the value \( m_s = \pm \frac{1}{2} \) relative to \( m_l \), so coupling of the angular momenta, spin-orbit coupling, causes further splitting of the energy levels. The resulting levels are defined by the quantum number \( j \) which can take values between \( l – s \) and \( l+s \) in integer steps.

In systems with more than one electron the spin and orbital angular momenta couple in a highly non-trivial way. The phenomenology is determined by the interaction strength, so that if the spin-orbit interaction is small the angular and spin momenta for all the electrons couple to a total \( L \) and \( S \) for the whole system, and these couple to a final total angular momentum \( J \). This coupling scheme is called LS, or Russel-Saunders coupling, and the state of the system is defined by the term symbol

\[
2S+1L_J
\]
along with the electron occupancy of the \( nl \) orbitals.

Figure 2. The splitting of the energy levels using quantum numbers \( n, l, \) and \( m_l \).

When the spin-orbit interaction is strong the spin and orbital angular momenta of each electron first couple to a total angular momentum \( j \). The angular momenta, \( j \), of all the electrons then add up to a total \( J \) for the system; this is scheme is called \( jj \) coupling. It is often stated that LS coupling should
be used for light atoms whereas jj coupling is appropriate for heavy atoms. Note, however, that these coupling schemes are the limits of the general intermediate coupling. The coupling scheme to be used depends on the state under study, and also other schemes can be envisioned. The strategy is always to take the strongest interaction into account first, and add the weaker interaction as a perturbation.

In 1925 Wolfgang Pauli introduced his exclusion principle which states that no two electrons (later generalized into fermions in general, i.e. particles with $s = 1/2$) could have the same set of quantum numbers. Based on this, Friedrich Hund could then propose a set of rules for how to determine the term symbol corresponding to the ground state for a multi-electron atom in the LS-coupling regime. In another, subsequent step, the concept of symmetry was introduced and in this description the exclusion principle requires that the total wave function of two electrons must be anti-symmetric with respect to exchange of the electrons.

Atoms in external fields

Observations of splitting and shifts of spectral lines due to static external magnetic (Zeeman (1896)) and electric fields (Stark (1913)) were made early on. As the electrons are electrically charged and have magnetic properties associated with the angular momentum it is easy to understand that external fields must have an influence. The external fields produced under laboratory conditions are generally very small compared to the internal fields due to the nucleus and the other electrons in the system. Thus, the influence of the external fields is mostly successfully treated as a small perturbation of the original system. The shifts are so small that they are difficult to observe directly in VUV and X-ray spectroscopy. However, when electrons are excited to levels of high principal quantum numbers, their interaction with the rest of the electron system and the nucleus becomes so small that large effects can be observed already at minute external fields.
Scattering

We now have a working theory on matter but we need some way verifying and exploring how it corresponds to reality. One cannot gain knowledge by only contemplating our model, science needs experiments and observations. If you want to know which of two eggs is boiled, what do you do? If you just observe the eggs they seem identical but if you interact with them something else may be revealed. Spinning the two eggs will reveal that since the boiled egg has a solid content it will spin much faster than the raw egg with its liquid content. We have revealed something previously hidden by a perturbation.

In learning about the nature of matter we need ways to interact with it, perturbing it and observing the results. There are many ways to do this, but our way in this thesis is to study how matter interacts with radiation and what we can learn from it. We need to describe the process by which radiation scatters from matter. Since my region of interest is the ultra soft x-ray energy region the descriptions below will always center on the particulars of that energy region. This means that we will typically always talk about core electron transitions for the lighter elements and outer core/inner valence transitions for the heavier elements. This also means we can make certain assumptions about the processes.

Fermi’s Golden Rule

Derived by Dirac and named by Fermi, we have an expression for the transition rate $T$ from one electronic state $\psi_i$ into a continuum of eigenstates. Expressed using the bra-ket notation [1] we get

$$ T_{0\rightarrow f} = \frac{2\pi}{\hbar} |\langle \Psi_f | \hat{V} | \Psi_0 \rangle|^2 \rho $$

where $\rho$ is the density of final states and $\hat{V}$ is the operator describing the interaction between photons and electrons. The values of the matrix elements will depend on the electronic system and if the interaction is absorption, spontaneous emission or stimulated emission. They can be calculated
using the Einstein coefficients [2]. Discrete electronic states are described using the Dirac function, \( \delta \) in place of \( \rho \).

**Dipole approximation and selection rules**

If we assume that the wavelength of the radiation is longer than the atomic dimension (~1 Å), which is certainly true in the soft x-ray region, the interaction operator becomes

\[
\hat{V} \propto \vec{r} \cdot \vec{\epsilon} = \vec{D}
\]

where \( \vec{\epsilon} \) is the polarization of the radiation. This assumption is called the dipole approximation.

This gives certain selection rules that will limit the states allowed to participate in the transitions. For transitions in an atom governed by LS coupling this implies that the angular momentum quantum number has to change by one i.e. \( \Delta l = \pm 1 \), the z-projection \( m_l \) has to change by \( \Delta m_l = \pm l \) or 0 and the spin will be conserved, \( \Delta S = 0 \). In molecular systems the rules will be slightly different depending on the symmetry of the molecule and less stringent since we have to account for vibronic-coupling.

**X-ray absorption**

The electronic structure of a material will consist of occupied orbitals populated by the available electrons according to Hund’s rules. There will also be available empty bound orbitals of lower binding energy and a continuum of unbound orbitals. Each orbital will have associated with it an ionization energy, the energy necessary to eject the electron from that orbital into the continuum. Illustrated in figure 3 below we can see the two possible processes of absorption, (a) a photon of energy \( h\nu = E_f - E_0 \) is absorbed leaving the system in a core excited state and (b) where the energy of the photon is large enough to leave the system in a core ionized state. This gives us access to an experimental technique called x-ray absorption spectroscopy (XAS), the process described by (a) is called a resonance. A sample absorption spectrum can be seen imaged in (c).
Figure 3. X-ray absorption. In (a) the energy of the incoming photon matches the energy difference between an occupied and an unoccupied level and we get a resonant excitation. In (b) the energy of the photon is large enough to make a continuum excitation and we end up in a core-ionized intermediate state. (c) is a sample representation of how a simple XAS spectra may look.

X-ray emission

If the system is already in an excited state we can get spontaneous emission. In this case Fermi’s golden rule becomes

\[ T_{i \rightarrow f} \propto (E_i - E_f)^3 |\langle \Psi_f | \bar{D} | \Psi_i \rangle|^2 \delta (E_i - E_f - \hbar \nu) \]

where index \( i \) indicates the core excited intermediate state and \( f \) the final state which can be either the same as the ground state or a valence excited final state depending on the decay path. Depending on whether the excitation is resonant or to the continuum the final state will be neutral or ionized. The resonant case is shown in (a) in figure 4 below and the non-resonant case in (b), a sample x-ray emission spectrum is shown in (c).
Figure 4. The process of X-ray emission. In (a) a core excited state decays into a valence excited state and the emitted photon has an energy corresponding to the energy difference between them. (b) shows the decay of a core-ionized state into a valence-ionized one. This corresponds to the classical X-ray emission spectroscopy. In (c) we see representations of how the two cases would look recorded in a spectrum.

This technique goes under the name x-ray emission spectroscopy (XES), nowadays this name is however only used for the non-resonant case since the resonant case should be viewed as a one-step scattering process rather than a two-step one like $\Psi_0 \rightarrow \Psi_i \rightarrow \Psi_f$. One should note that the core decay is a very fast process. The timescale involved is typically of the order $10^{-15}$ s, a femto-second timescale. This is manifested in a significant life-time broadening due to the Heisenberg uncertainty principle. It should also be noted that since we are looking at decays of core hole excited states we get highly element specific information since the core hole is largely localized.

**Competing channels**

The radiative process is not the only way a core excited state can decay. There is a competing channel where an ejected electron carries away the energy while a second electron fills the core hole. This leaves the system ionized and possibly in a valence excited state. This decay is called Auger
decay and in the soft X-ray region it is in fact the dominating channel accounting for > 99.9% of the transitions. It is also prudent to point out that in the case of the absorption process described above one can detect the energy of the ejected electron, thereby measuring the binding energy of the electron. This technique is called photoemission spectroscopy (PES) and is the basis for the very successful Electron Spectroscopy for Chemical Analysis (ESCA) technique pioneered by Kai Siegbahn in Uppsala. There are many sub-techniques of PES and it is at the moment probably the most prevalent experimental method for determination of the electronic structure of a material.

Resonant Inelastic X-ray Scattering
As experimentalists gained access to better and more well defined light sources it became clear that a simple two-step model of resonant X-ray emission was insufficient to describe the experimental results. In some cases it turned out to be essential to view the process as a one-step scattering process. Experimentally, it was for instance shown by Eisenberger, Platzman and Winick in 1976 [3] that by tuning the energy of the incoming photon around Cu K-edge one could obtain sub-lifetime linewidths of the emitted emission lines. Clearly the dynamics of the scattering process needed to be addressed. Here we can fall back to a formula first derived by Hendrik Kramers and Werner Heisenberg in 1925 [4].

\[ T_{0 \rightarrow f} (h\nu_1, h\nu_2) \propto \sum_f \sum_i \left| \langle \psi_f | \hat{D} | \psi_i \rangle \langle \psi_i | \hat{D} | \psi_0 \rangle \right|^2 \delta \left( E_0 - E_f + h\nu_1 - h\nu_2 \right) \]

where \( \Gamma_i \) is the intrinsic linewidth of the intermediate state. We need to take the interference between the channels into account summing up the amplitudes rather than just adding the channel intensities like in a two-step model.

Combining state of the art light sources like modern third generation synchrotrons and well constructed spectrometers we can now study Resonant Inelastic X-ray Spectroscopy (RIXS), a powerful technique gaining in importance as it becomes more available. In figure 5 below a schematic representation of RIXS can be seen in (a) and in (b) an example of how a RIXS measurement can be presented.
Figure 5. The one-step process of Resonant Inelastic X-ray Scattering (RIXS). In (a) we see an incoming photon scatter, producing a valence excited state. The energy of the scattered photon will be $h\nu(E_i - E_f)$. In (b) we see a sample representation of how spectra taken at different excitation energies may look.

This thesis covers a few examples of RIXS applications, where the unique features of the process are exploited. Before describing these examples we briefly describe some technical aspect of the experiments. If you are further interested in the theory of quantum mechanics and scattering I recommend Advanced Quantum Mechanics by J.J Sakurai [5].
Experiment

Synchrotron Radiation

The research covered in this thesis was conducted primarily at various synchrotron radiation sources around the world, in combination with extensive preparation in our home laboratory. Synchrotron radiation (SR) is generated when a relativistic charged particle undergoes acceleration in a magnetic field [6,7]. The wavelength of the radiation typically ranges from the infrared to the X-ray region well covering our region of interest from VUV to soft X-rays. The synchrotron consists of an injection device and a storage ring. The injection device is typically a linear accelerator that operates to ensure that the current in the storage ring is maintained at sufficiently high level and is injected at the appropriate energy. A matrix of magnets makes up the storage ring where a beam of charged particles is kept at constant kinetic energy by means of radio frequency cavities. The magnets are needed in order for the beam to be maintained in the desired orbit and to focus the beam. The details of how this is done is beyond the scope of this summary. Figure 6 is a schematic view of a typical storage ring.
Figure 6. A schematic representation of a storage ring

The means of producing SR vary from letting the beam of charged particles pass through a single dipole magnet (called bending magnet), to a series of magnets designed to make the particles undergo small oscillations. The period and field strength from the magnets in the device can be tuned in such a way that the intensity of the emitted radiation is greatly pronounced for the desired wavelength. The latter design is called an undulator and is employed at all state-of-the-art third generation synchrotron facilities.
As can be seen in figure 7 above the oscillations of the charged particles will be in one plane giving rise to highly plane polarized radiation in the forward direction. It is however possible to obtain radiation with circular or elliptical polarization by using two crossed undulators or new novel design undulators like the Apple II undulator [8]. In the papers presented in this thesis all radiation has been plane polarized. An in depth description of undulators and undulator radiation can be found in [7]. If you consider the low fluorescence yield for the scattering processes that are of interest to us (typically < 0.1) [9], the use of an undulator as a high spectral brightness source is vital to the success of our experiments. Spectral brightness is defined as the brightness per unit relative spectral bandwidth $\Delta \omega$, with brightness being radiated power ($\Delta P$) from an area $\Delta A$ into a solid angle $\Delta \Omega$ [7].

\[
B_{\lambda \omega} = \frac{\Delta P}{\Delta A \cdot \Delta \Omega \cdot \Delta \omega / \omega}
\]

We now have a high brightness source of synchrotron radiation in the desired wavelength region, but the spectral range of the radiation is still far too wide for our purpose, and the beam too unfocused. The solution to this problem is an optical array called a monochromator.
Monochromator

The monochromator consists of a series of optical elements designed to narrow the wavelength bandwidth of the radiation. The word is derived from Greek and a free translation would be a verb form of one color. In order to monochromatize the radiation wavelength dispersive elements, either crystals or gratings, are used. The choice depends on the wavelength of the incoming radiation. Crystals are used for shorter wavelengths (<1 Å) while a grating is more suitable for longer X-ray wavelengths. In the soft X-ray and VUV wavelength regions of interest here we exclusively use gratings so I will not discuss crystals and their wavelength dispersive properties, but refer to [10] for more information. Gratings, however, are of central importance in this work so I will make a more in-depth description of them.

Gratings

A diffraction grating is an optical element with periodically modulated optical properties. Most commonly this is realized as a set of parallel grooves in a material. Diffraction and interference have played a great role in the development of our understanding of the nature of waves and wave mechanics, and the realization that light is in fact a wave phenomenon. When radiation is scattered against a periodic structure interference between the different scattered wave fronts leads to a complicated angular dependence. Depending on the wavelength of the scattered waves, the periodicity of the grating structure and the incidence angle of the incoming radiation in relation to the structure. In order for us to understand why this happens we can look at a simple system where we only have two sources. This famous two-slit experiment is illustrated in figure 8 below.
Here we can see that the impinging plane wave gives rise to two sources of radiation. These will send out wave fronts that at certain conditions will give rise to constructive interference, increasing the amplitude of the waves by adding them together for certain angles. This will happen periodically giving rise to what is referred to as orders of diffraction, noted as $m=0, 1, 2...$ in the image. There will also be conditions where the waves will cancel each other out, destructive interference. Diffraction and interference effects are
often seen in nature and everyday life. Examples include the iridescent colors of peacock feathers, mother-of-pearl and even such commonplace objects as DVDs. For those wanting to further familiarize themselves with the concepts of diffraction and interference I recommend the Feynman Lectures of Physics [11].

We can now turn our attention to the gratings used in our experiments. They are reflection diffraction gratings consisting of a surface with a known groove density measured in lines per millimeter. The surface is covered with a reflective material (gold, silicon carbide and platinum to name a few examples used depending on the wavelength region). If we assume that the incoming rays of radiation are parallel i.e. constituting a plane wave front, we can derive a simple equation for the diffraction from the grating [11]. We let the incoming radiation hit the grating at an angle $\theta_i$ and the scattered radiation exit at the angle $\theta_r$ with respect to the grating normal, as seen in figure 9. If the groove distance is $d$, we get the grating equation

$$d \cdot (\sin(\theta_i) - \sin(\theta_r)) = m \cdot \lambda$$

where $m$ is the order of diffraction, $\lambda$ is the wavelength of the radiation.

![Figure 9. Diffraction from a grazing incidence reflective grating. The groves are blazed in a saw tooth shape to enhance efficiency for the wavelengths of interest.](image)

As seen in the grating equation above the same wavelength will be diffracted to many different angles, one for each diffraction order. The value of $m$ is always an integer but can be positive or negative. If $m=0$ then we see from the grating equation that $\theta_i = \theta_r$, and we have pure reflection. The order $m$
will have impact on the dispersion and we can use this to get higher wave-
length resolution from our grating, usually at the cost of intensity. In order to
maximize grating efficiency for certain wavelengths one can tune the groove
profile in different ways, this is called blazing the grating. Usually we use
saw-toothed groove profiles with the angle of incidence on the individual
grooves such that the exit angle for the efficiency is enhanced in regions
where incidence and exit angles on the individual groove are similar. There
are other ways of blazing gratings with other groove profiles where you can
tune depth and width of the grooves/ridges, for instance laminar blazing that
will give stronger diffraction from odd orders at the price of suppressing
even orders.

An important note to make here is that in the wavelength region of inter-
est to us, most materials are very absorptive to electromagnetic radiation.
However, the refractive index \( n \) is close to but slightly less than that in vacu-
um \((n_V=1)\) for almost all materials. This will give us a way to enhance the
reflectivity by choosing the incidence angle, otherwise the reflectivity would
be close to zero at these wavelengths. Snell’s law [12] of refraction tells us
that the impinging electromagnetic radiation will refract according to

\[
n_1 \cdot \sin(\theta_i) = n_2 \cdot \sin(\theta_r)
\]

It follows that if \( n_1=1 \) and \( n_2<1 \) we will get a \( \theta_r \) that is larger than \( \theta_i \). This
gives us a way to greatly enhance the efficiency of our optical elements by
use of total external reflection. For this to occur we need to use a grazing
incidence angle of the radiation onto our grating, eliminating the transmis-
sion through the grating. The phenomenon is analogous to a phenomenon
that most people have encountered when diving under water. Water has a
higher refractive index than air, hence if you look up through the surface at
an angle it will act as a mirror. Total external reflection will also be used for
all mirrors involved in any optics for the VUV and X-ray region. This is of
course only part of the truth, for a more in depth explanation on reflection
one has to go into the Fresnel equations, more about that can be found in

We now have our wavelength dispersive element ready for use in our
monochromator. As we can see from the grating equation it is very important
to have a well defined angle of incidence onto the grating. To ensure this
either an entrance slit or some form of aperture and collimating mirror is
used. The uncertainty of the incidence angle will be one of the determining
factors of the wavelength resolution of the monochromator. We also need to
be able to choose which wavelength that is transmitted to our experiment.
This is commonly done by positioning an exit slit in focus of any optics and
at the angle of diffraction for the wanted wavelength. A monochromator
together with all necessary optical elements are usually called a beamline. A
schematic view of a typical beamline is shown in figure 10 below. Besides the grating (G1) and the exit slit, this beamline has a three mirrors (M1),(M2) and (M3) which collect the undulator radiation and focus it onto the exit slit. It also has a set of refocusing mirrors, a so called Kirkpatrick-Baez pair [13] (M4 and M5) focusing the image of the exit slit onto the sample ensuring a high brightness source for our spectrometer.

![Diagram of beamline](image)

Figure 10. The optical elements of a sample beamline. The details will vary between different designs.

There are many different ways to construct monochromators, some use spherical gratings (SGM), others use plain gratings and mirrors and others use varied line space gratings, but they all do essentially the same job. They provide us with a spot of highly monochromatic SR with a wavelength of our choosing, and with high photon flux.

The Helium Experiments (Papers I-IV)

We are now at a point where we can describe the simplest of the experiments in this thesis. By varying the wavelength of the radiation and letting it impinge onto the sample under study we have the opportunity to study how the material interacts with radiation at these wavelengths. All measurements for papers I-IV were conducted at beamline 6.2L at Elettra, Trieste Italy [14]. In paper I we let the radiation pass through a jet of helium gas from a hypodermic needle inside a differentially pumped vacuum chamber. We measured the fluorescence yield perpendicular to the plane of polarization by use of a multi-sphere plate protected by a thin polyimide window to ensure that we only measured photons. Otherwise we would run the risk of polluting the measurements with excited metastable atoms or ions. After this first simple experiment we returned with an improved experimental set-up to first refine our original experiment including a more quantified theoretical interpretation published in paper II and later with the added complexity of an external electric (paper III) and magnetic (paper IV) field. This time we used a sealed
gas cell with thin carbon coated Aluminum (1000 Å) windows to ensure a clean photonic signal. Aluminum has the advantage of being very transparent to radiation below 72 eV while the carbon coating helps us to get rid of the signal from singly excited helium at ~21 eV. By increasing the pressure to 10^{-3} Torr, using more efficient multi channel plate (MCP) detectors with simple copper anodes and mounting two detectors closer to the source thus increasing the measured solid angle, we also increased the signal strength in our experiment. Schematics of the different iterations of this setup can be seen in figure 11 below.

Figure 11. Three generations of experimental setups used for our helium experiments at Elettra.

Double excitations in helium

The scattering process under study in papers I-IV was a double excitation of the two 1s electrons in helium. The fluorescence yield spectrum was recorded as described above and the results presented as a function of excitation energy. This series has been well studied in the auto-ionization channel after the pioneering study of Madden and Codling [15] and are fundamental to our understanding of electron correlation. In the theoretical description the fluorescence channel had been ignored since auto-ionization was thought to be by far the dominating channel, especially far below the threshold. The fluorescence yield intensity $S_n$ for the state $n$ in a Rydberg series is given by

$$S_n \propto \sigma_n \times \frac{\Gamma_{f,n}}{\Gamma_{f,n} + \Gamma_{a,n}}$$

Where $\sigma_n$ is the excitation cross section, $\Gamma_{f,n}$ the fluorescence rate and $\Gamma_{a,n}$ the auto-ionization rate. If $\Gamma_{a,n} \gg \Gamma_{f,n}$ the fluorescence yield will be very low. We do however know that after ionization above the $N = 2$ threshold $\Gamma_{a,n} = 0$.
since there is only one electron left in the system so our original idea was to map the transition from a fluorescence that according to theory could be neglected to where it was the only allowed transition.

The classification of the doubly excited states put forth by Lin [16] is based on a description of the electron correlation in hyperspherical coordinates, leading to a set of correlation quantum numbers $K$ and $T$, associated with angular correlation, and $A$, associated with radial correlation. This sets up a description with three dipole allowed Rydberg series leading up to the $N = 2$ ionization threshold.

We found two fluorescence yield maxima at 20 and 35 meV below threshold that could not be explained in this model. The models used so far in describing the double excitations of helium did not aim to describe states of high quantum numbers. Note that there are three $N = 2$ thresholds, due to the splitting between $j = 1/2$ and $j = 3/2$ which is about 700 meV, and the smaller splitting between the $2s_{1/2}$ and the $2p_{1/2}$ states, due to the Lamb shift. Disregarding correlation, there are therefore at least three Rydberg series converging to these three thresholds. Here, the $LS$ coupling scheme breaks down and the $^1P$ states are split over an intermediate coupling regime just below the three thresholds.

In paper II we refined our measurements by making sure we only see the photons from the double core hole excited state to the single core hole state transition. This paired with a collaboration with Tom Gorczyca led to a more quantized interpretation of our results. We see that we do in fact have to go to a JK-coupling picture, with as many as seven JK-allowed members in our Rydberg series. The theoretical calculations yielded a quite impressive agreement with experiment even across the threshold as seen in figure 12.
Figure 12. Helium fluorescence cross sections: The solid line is the experimental results and the two dotted lines are the theoretical results convoluted with a Voigt profile. We can see a good agreement between experiment and the JK-theory.

Applied external fields

In papers III and IV we took our experiment one step further by applying external electric and magnetic fields at the point of excitation. We saw dramatic effects in the fluorescence yield spectrum already at moderate fields of a few V/cm. At such small fields the Stark shifts are not directly measurable, but instead the electric field has a strong influence on the balance between the two decay mechanisms, auto-ionization and fluorescence. The main effect is the mixing of the weak \( n^+ \) series with other states increasing its fluorescence yield while the \( n^- \) and \( n^0 \) series goes the other way due to mixing with states with lower fluorescence branching ratio. Once again the experimental results are in good agreement with theoretical calculations as can be seen in figure 13.
Note that all results in papers I-IV were obtained without measuring the wavelength of the radiation resulting from the scattering of the incoming light. It could consist of both elastically and in-elastically scattered light of a broad spectrum. Other information about the studied material can be extracted if we could also obtain this information. In order to do this we need an instrument called a spectrometer.

**Spectrometer**

Gratings are not only used in the monochromator for our experiments. They are a central part of our soft x-ray spectrometer, Grace [17]. The difference between a monochromator and a spectrometer is that in a spectrometer we measure the relative intensities of the various wavelengths from the diffraction pattern instead of just picking out a narrow bandwidth of radiation for transmission. Grace consists of three grazing incidence spherical gratings, an entrance slit and a 2-D imaging detector operation at grazing incidence. It also has baffles to ensure that we only illuminate one grating at a time and to control how much of the grating is illuminated to optimize performance. A
sketch to illustrate the principle of the instrument is shown below in figure 14.

*Figure 14. A sketch of Grace, our soft X-ray spectrometer. From right to left we see the slit, the grating selectors which give us control over which and how much of the grating we illuminate. The three gratings and finally our detector mounted on a X-Y table allowing us always to position it in the wanted focal position and the correct Rowland circle. The detector can be tilted to always stay tangential to the Rowland circle. Note that the slit is mounted at the intersection for all three Rowland circles so it can act as a source for all three gratings. The slit width can be adjusted.*

By using a spherical grating we can combine the focusing properties of a concave spherical mirror with the diffractive properties of a grating. This was first suggested by Rowland in 1882 when he found that if a source and the grating center are placed on a circle with half the radius $R$ of the grating radius $2R$, all wavelengths will with good approximation be focused onto the same circle, the Rowland circle.
Figure 15. The Rowland circle. The radius of the curvature of the grating is 2R. The source is positioned at S and the focus positions of different wavelengths are indicated by λ in the figure.

Assuming a small grating we can derive an expression for calculating the distance S from the source to the grating center

\[ S = 2R \cdot \cos(\theta_i) \]

and the distance to the focus position of any given wavelength and order with the diffraction angle given by the grating equation will become

\[ L = 2R \cdot \cos(\theta_r) \]

The fact that the gratings are spherical will produce an image that will be a slightly bent line, looking like a smile for positive orders. This means we will have to use a detector system with 2-D imaging qualities. The detector of choice for us has been a Multi-channel plate (MCP) array for amplification of the signal with either a position sensitive resistive anode or a fluorescence screen combined with a CCD based camera system. The top MCP is coated with cesium iodide to increase its efficiency in the wavelength region of interest to us. The detector has to be operated in grazing incidence due to the geometrical constraints of the instrument which means that most of the events will actually come from between the pores in the MCPs. We therefore have to introduce an electric field that will “push” the produced
electrons down into the MCP pores. This is done by having a plate above the top MCP at a higher negative bias voltage than the MCP itself.

The detector image is then recorded by data acquisition software and the image can be analyzed to produce the resulting spectra. The Grace spectrometer has been used at various beamlines in papers V through XV

Resolution

The ultimate resolving power of a grating, $P$, is given by Fourier analysis:

$$ P = \frac{E}{\Delta E} = \frac{\lambda}{\Delta \lambda} = mN $$

Where $N$ is the number of grooves which are coherently illuminated, and $\Delta E$ and $\Delta \lambda$ are the smallest possible resolvable energy difference and wavelength difference, respectively.

Slit-Limited Resolution

If everything else is perfect, this number is determined by the slit width, $w$. This is because the radiation is diffracted in the slit so that the first intensity maximum falls within the angle $\pm \Phi$ [12]

$$ w \sin \Phi = \lambda $$

In Rowland geometry light from the slit falls on the grating as seen in figure 16.
Figure 16. Light illuminating a grating through a slit with width \( w \), the incidence angle on the grating is \( \theta \), the number of illuminated grooves is \( N \) and the grating constant is \( d \).

The cosine from the projection of the grating cancels the cosine in the distance to the grating.

\[
\sin \Phi \approx \frac{N d \cos \theta_i}{R \cos \theta_i}
\]

Together they become

\[
\frac{wN d}{R} = \lambda
\]

finally we arrive at

\[
\Delta \lambda = \frac{\lambda}{mN} = \frac{wd}{mR}
\]

In a more stringent derivation the correct expression for the slit limited resolution is in fact:
\[ \Delta \lambda = 1.1 \frac{wd}{mR} \]

Note that \( \Delta \lambda \) is independent of \( \lambda \). This means that the absolute energy resolution becomes worse with energy, in convenient units we get:

\[ \Delta E(eV) = E \frac{\Delta \lambda}{\lambda} = \frac{E^2(eV)}{12400} \Delta \lambda(\AA) = \frac{E^2(eV)}{12400} 11 \frac{w(\mu m)d(mm)}{mR(m)} \]

Detector-Limited Resolution

The resolution of the position sensitive detector will also limit the resolution of our instrument. It can easily be shown geometrically how a small distance \( \Delta z \) along the detector relates to a small variation in wavelength.

\[ \Delta \lambda = \frac{d\Delta z \cos \theta_r}{mR} \]

Usually the detector resolution is something that you cannot change since it is set by hardware and/or software parameters by its design and function. Assuming a detector resolution of \( \Delta z \) the smallest useful slit will be determined by

\[ w = \frac{\Delta z \cos \theta_r}{1.1} \]

Grating-Limited Resolution

Aberration destroys the energy resolution when the gratings become too big (remember that we used the small-grating approximation to get the Rowland criterion). Therefore the illumination of the gratings can be changed by the baffles/grating selectors in front of the gratings. For the typical gratings used by us grating illumination lengths larger than 20-30 mm means that the aberration becomes important enough to become an issue if high resolution is to be attained. Optimizing for high throughput of course means opening the input slit and using the whole grating.
Gas-phase experiments

In order to study molecules in gas-phase we need to consider how to maintain the vacuum conditions dictated by the wavelength region of interest. In order to get high enough yields from our experiment we need to run with a pressure in the order of 0.1-10 mbar. This makes it very hard to keep the rest of the experiment in the needed ~10^{-7} mbar or less region unless we use a sealed gas cell to contain the sample. We used a setup where we were able to carefully control the pressure in our cell by a valve-manifold. Light from the synchrotron was admitted into the gas cell through a thin (1000 Å) Si_{3}N_{4} window. The scattered photons exited the system at 90 degrees to incoming light through a thin polyimide film mounted on an aluminium support mesh. The setup could be run with the exit angle either perpendicular or parallel to the polarization of the incoming photons. All gas-phase experiments were performed at beamline 7.0 at the Advanced Light Source, Lawrence Berkeley National Laboratory using Grace, our spectrometer. The beamline was protected by the insertion of a small pinhole between the beamline and our experiment, in case one of our windows broke.

Paper V and VI

For inversion symmetrical molecules we get strict selection rules governing dipole transitions. The total scattering process should always be a *gerade* → *gerade* transition. In a two step process this would mean that the excitation would be a *g* → *u* and the emission would be a *u* → *g* transition.

However, when measuring the O 1s → \pi_{u}^{+} resonance in CO_{2} forbidden transitions appear in the recorded spectrum. This can be explained in terms of dynamic symmetry breaking due to vibronic coupling. We found that this symmetry breaking could be quenched by detuning the excitation energy from the resonance, as demonstrated in figure 17. A hand-waving explanation of this observation is that by detuning the energy Heisenberg’s uncertainty principle gives the vibronic coupling less time to break the symmetry, leading to a restoration of the stricter selection rules. A more rigorous description of the phenomenon and an elaboration of the scattering duration time concept can be found in [18]. The observations again demonstrate the need to view the scattering in the one-step RIXS picture.
Figure 17. Oxygen K $2\pi_u$ resonant x-ray emission spectra of CO$_2$ with different detuning energies below the $2\pi_u$ resonance seen on the left. On the right we see a principal description of the dipole-allowed and forbidden transitions.

In paper VII we further investigated the observation of symmetry breaking transitions. This time for three simple hydrocarbons: acetylene, ethylene and ethane. We found that shorter bond lengths give smaller symmetry-breaking contributions in the spectra. This could indicate that the asymmetric modes are more important than previously thought due to core hole localization.

Paper VII and VIII

In some cases the core excited intermediate state will be strongly antibonding. One such example was explored in the OCS molecule when the sulphur 2p electron is excited to the anti-$\pi^*$ and $\sigma^*$ orbitals we clearly see atomic lines appearing for the resonant excitation which are absent for continuum excitation or the other resonances. Atomic lines are absent also in RIXS spectra excited at corresponding O-K and C-K resonances. Only at the specific sulphur resonances we have a competition between the de-excitation and the dissociation channels, indicating a fast dissociation process.
Figure 18. On the left we see a series of x-ray emission spectra of the S L_{2,3} excitations of OCS. On the right we have the experimental and calculated resonant x-ray emission spectra of oxygen, carbon and sulfur for the π* resonance.

In paper VIII we studied the Cl L_{2,3} RIXS from HCl. Here we also found emission lines from dissociative core-excited states, specifically the 2p^{-1}6σ state. They appear as non-dispersive lines in the spectra also prior to full dissociation due to the fact that the dissociative potentials of the core-excited and the final states are almost parallel to each other along the pathway of the nuclear wave packet. Note that both in the case of both Cl-L and S-L emission we see transitions from the inner valence as seen on the right in figure 19.
Figure 19. Experimental and theoretical RIXS spectra of HCl for different excitation energies. As seen on the right hand side of the figure we see inner valence transitions from the $5\sigma$ and $4\sigma$ band.

Liquids

The next step is to study liquids. Here we can use the large photon attenuation length to our advantage and yet again go for a sealed cell setup. This is an advantage of our photon-in-photon-out technique over competing techniques like photoemission where you would have to use solutions based on differential pumping. We opted to enclose a small amount of liquid in a small cell and glue a 1000 Å thick Si$_3$N$_4$ window in front of it. Using this window as both entrance and exit window we were able to record X-ray emission spectra of water molecules in the liquid state. We could then com-
pare these with gas-phase results obtained from our set up described in the previous section. The results, presented in papers IX and X, sparked a lively debate regarding the nature of hydrogen bonding in liquid water. The opportunity to obtain RIXS spectra from liquids and wet systems in general promises applications in a wide range of fields. These opportunities are presently being explored by several groups.

Figure 20. X-ray emission spectra of water molecules in gas-phase and liquid water, formed as electrons from the three outermost occupied molecular orbitals, schematically depicted in the right panel, fill a vacancy in the 1a1 core-level. The excitation energy is 543 eV, well above the ionization limit.
Buried Layers

The large probing depth together with the inherent element specificity of the technique makes soft X-ray spectroscopy a good choice if you want to study buried layers. We did this by looking at the Al L\textsubscript{2,3} emission from AlAs layers buried in GaAs(100). We chose AlAs layers of four different thicknesses, 20 monolayers (ML), 5 ML, 2 ML, and 1 ML. The results are presented in papers XI and XII as well as in fig 21 below.

![Figure 21. Al L\textsubscript{2,3} soft x-ray emission spectra from AlAs films buried under 100 Å GaAs(100). Theoretical spectra shown as dashed lines.](image)

A distinct thickness dependent behaviour can be seen and it corresponds well with calculations. This shows that the technique can be used to study the electronic structure of buried interfaces.
Hydrides

Hydrogen storage in multilayer and superlattices has gained increasing interest. Not only as containers of hydrogen but also due to the fact that one can tune a material’s optical and magnetic properties by introducing hydrogen into it. One good example of this is yttrium (Y). Application of a hydrogen partial pressure the material can be transformed from a conducting, opaque metal into a transparent insulator alloy (YH₃), a process which is reversible. By mounting an yttrium sample inside our gas cell and varying the hydrogen pressure we studied this process in-situ. In figure 22 we show that a band gap opens up when you transition from Y, YH₂ to YH₃.

![X-ray emission and absorption spectra](image)

**Figure 22.** Emission (dotted) and absorption (solid) spectra mapping out occupied and unoccupied states close to the Fermi level.

We also used an experimental setup where we had pre-prepared samples with a capping layer to keep the hydrogen in the sample. This gave us better con-
control over the exact hydrogen content of our samples. Once again this is possible due to the high penetration depth and element specificity of the technique. The results from these studies are covered in papers XIII and XIV.

Correlated materials and dd- excitations

In paper XV we turned our technique to Sr$_2$CuO$_2$Cl$_2$, an insulating model compound for high-T$_c$ superconductors. In order for us to be able to reach the Cu-M edge at beamline 7.0, ALS [19] we performed the experiments while the machine was operated at 1.5 GeV energy, which is lower than the energy normally used. The sample was mounted on a manipulator so we could adjust the incidence angle of the incoming radiation. The spectrometer was mounted at 90 degrees to the incoming light.

Probing a transition like Cu $3p^63d^9 \rightarrow 3p^53d^{10} \rightarrow 3p^63d^9$ in a correlated material you can see a strong participator decay where the energy of the emitted photon is the same as that of the impinging one. We also observed dd-excitations accompanied by a local spin flip excitation manifested as a loss feature in our spectrum.

![Figure 23](image)

*Figure 23.* On the left polarization-dependent x-ray resonant Raman spectra at the Cu M$_3$ resonance (74 eV). The angle between the emission direction and the sample normal is 30, 40 and 60 degrees from top to bottom. On the right, the x-ray resonant Raman spectra at the Cu M$_3$ (solid line) and Cu M$_2$ (dotted line), 74 and 76.3 eV respectively.

By tuning the incidence angle and record the intensity distribution of the emission lines we could identify the different d states involved. This technique of looking at loss like Raman features in the soft x-ray regime has since taken off in a big way due to availability of new and better synchrotron
facilities and refined instruments like the ADRESS beamline at the Swiss Light Source [20].

Conclusions and outlook

In summary I have demonstrated how the unique features of the RIXS process can be used in several applications. These range from gaining fundamental insights regarding electronic structure and ultrafast dynamics in atoms and simple molecules, over addressing the weak interaction between molecules in the liquid phase, in-situ monitoring of modifications of materials properties with reduced dimensions, and as a function of hydrogen pressure, and determining the fundamental excitations of correlated materials such as high-Tc superconductors.

I have been deeply involved in the technical achievements which have been essential to facilitate such measurements, and it is very rewarding to see how several research groups all over the world continue to develop the RIXS technique for these and similar applications. While still rapidly evolving, RIXS is now also becoming a “standard” technique which is regularly used as an analysis tool.

Especially, the brilliance of new synchrotron radiation and free-electron-laser facilities open new fascinating perspectives. This is because RIXS is a photon-hungry technique which directly benefits from the increased brilliance. For the measurements presented in this thesis the spectral resolution has been compromised to get a reasonable signal, and inevitably a lot of intrinsic fine structure is smeared out. At today’s state-of-the-art beamlines it is possible to measure RIXS spectra with a resolution that allows for studies of fine details, via spectral features that are much narrower than the lifetime width of the intermediate state. New ambitious projects are pursued, e.g. at SOLEIL and SPring-8, and large scale instruments are being planned at ESRF, NSLS-II and MAX-IV. For the latter facility the first beamlines recently received funding, with the RIXS-dedicated VERITAS beamline given highest priority.

This development promises a significantly increased spectral quality, and one can foresee that a lot of information about local electronic structure and ultrafast dynamics will be gained.

I am convinced that RIXS studies of molecules in solution have an enormous potential, once it is recognized as a new tool for biochemistry and pharmacy. The ability to probe the local structure in complex molecules, together with the feasibility to measure in-situ in the liquid phase makes the method totally unique. First, together with quantum chemical calculations RIXS will be instrumental in developing a firm physics base for interactions and processes in complex liquids, and second it may develop into a diagnostics tool, providing spectral fingerprints for crucial interactions.
At LCLS, the free-electron-laser facility in Stanford, the first pump-probe RIXS experiments have recently been performed. RIXS, being entirely photon based, is an ideal method at these new facilities where large plasma potentials distort the signals from charged particles measured with alternative techniques. As these new sources become more available RIXS experiments will most likely use a large share of the beamtime, especially when we learn to use non-linear effects in the soft X-ray region.

Throughout this development the experimental challenge continues to be the exploitation of the improved brilliance to optimize the quality of RIXS spectra. My intention is to continue to make significant contributions to this quest.
Acknowledgements

Even though our experiments are conducted under vacuum conditions, rarely will you see scientific progress in a social vacuum. Science and especially experimental physics is a joint venture with an array of collaborators. In order to build, set up, run and analyze experiments at synchrotrons you need a number of people, usually with different specialties. In my case, since my work spans a considerable time the list of people to thank runs long. I will surely unintentionally miss a few but I have to try so here goes.

To start I have to thank professors Joseph Nordgren and Jan-Erik Rubensson without whom any of this would have been impossible. Working with and alongside you really puts one in awe of the depth and width of your understanding and overview of the field.

Early on I learnt the ropes from co-workers Jinghua Guo and Akane Agui. We spent many weeks playing backbone to a multitude of collaborations in Berkeley, Grenoble and Hamburg. They also helped fireproof my stomach while introducing me to the world of asian cooking. Really Jinghua, 6 jalapenos per serving?

A freezing Trieste in late November was made warmer by co-workers like Magnus, Marcus and Johan. This time around the culinary excursions centered around a selection of primi piatti, secondi piatti and an assortment of Italian pizza. But the long night-shifts and discussions, scientific and other, continued in new constellations.

Special thanks goes out to Marcus Agåker and Raimund Feifel for kicking me back on track after I strayed off the path and into darkness.

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Vi vet att materien består av atomer som har en massiv kärna med en positiv laddning i mitten och ett antal elektroner som är bundna till systemet. För en neutral atom är antalet elektroner lika med antalet positivt laddade protoner i kärnan. Ju större kärnladning desto hårdare bundna kan elektroner vara. De löst bundna elektronerna är de som är inblandade i kemiska bindningar. Det är de som delas mellan flera atomer när de sätter ihop sig till molekyler, vätskor och fasta material. För att en foton skall kunna absorberas av ett material måste dess våglängd matcha energiskillnaden mellan två elektronstillstånd i ett material. Det måste dessutom finnas plats för fler
elektroner i det exciterade tillståndet. Fotonen kan även absorberas om våglängden är så kort att dess energi räcker till för att kasta ut en elektron ur systemet, så kallad joniserande strålning. Gränsen för joniserande strålning går i det ultravioletta våglängdsområdet. Mjukröntenområdet omfattar strålning som motsvarar bindningsenergin hos de hårdest bundna elektroner i lättare grundämnen som kol, syre och kväve för att nämnas några av de vanligaste. Mjukrögenstrålning kan endast färdas en mycket kort sträcka i luft innan den absorberas, det är alltså nödvändigt att sätta de material vi vill undersöka i ett vakuum annars kommer vi inte kunna se något.

En typisk spridningsprocess som vi studerar är att skicka in en stråle med mycket välbestämd energi mot ett prov. Vi vet på förhand vilka atomslag som ingår i ett material och kan därför välja en energi som är precis lagom för att flytta upp en av de hårdest bundna elektronerna till antingen ett tomt elektronstillstånd eller slunga ut den. Systemet har nu hamnat i ett mycket stört och instabilt tillstånd och sannolikheten är stor att det mycket snart kommer göra sig av med sin förhöjda energi genom att låta en av de lösare bundna elektronerna fylla det tomrum i elektronstrukturen som den tidigare hårdat bundna elektronen lämnat efter sig. I den processen kommer en foton att skickas ut med en våglängd som motsvarar energiskillnaden mellan de två elektronstillstånden och vi får alltså en möjlighet att mäta bindningsenergin hos den lösare bundna elektronen. De hårdest bundna elektronerna i en molekyl eller kemisk förening sitter däremot fast på sin moderatomkärna. Detta gör att vi genom välja på vilken atom vi ska skapa elektronhålet kan studera just denna atoms bidrag till den elektroniska strukturen hos materialet, vi är elementspecifika.

För att kunna göra dessa mätningar behöver vi fotoner, massor med fotoner och dessutom med välbestämd våglängd. Dessa produceras av en sorts partikelacceleratorer som kallas synkrotroner där laddade partiklar under acceleration ger ifrån sig elektromagnetisk strålning av en välbestämd våglängd. Vi förfinar vidare urvalet av fotoner genom att kasta bort de som avviker från det vi vill ha i en konstruktion som vi kallar monokromator. Vi låter sen denna stråle träffa det prov vi vill studera. För att sen kunna mäta den strålning som kommer från experimentet så använder vi en spektrometer, en våglängdsövervågning. I vårt fall använder vi ett gitter, som likt ett prism delar upp strålningen så att olika våglängder kommer ut i olika riktningar. Vi mäter sedan fördelningen av fotoner på en detektor som likt en gammeldags fotofilm sparar ner bilden av våglängdsfördelningen i ett spektrum. Allt detta måste ske i vakuum.

I den här avhandlingen presenterar jag resultaten från mätningar på flera olika material. Jag har vid Elettra i Trieste, Italien studerat grundläggande växelverkan mellan elektroner i högt exciterade heliumatomer. Vi har sett hur man genom att samtidigt utsätta atomerna för relativt svaga elektriska eller magnetiska fält kan påverka hur atomerna sprider ljus. Jag har vid the Advanced Light Source i Berkley, USA i gasfas-mätningar studerat urvals-
regler i koldioxid och några olika kolväten samt dissociationsdynamik hos molekyler som karbonylsulfid (OCS) och väteklorid (HCl). Jag har deltagit i studier av vatten i såväl gas som vätskeform, där en livlig debatt om hur vätebindningarna i vätskefasen fungerar satts igång mellan flera forskningsgrupper runt om i världen. Tekniken har använts för att titta på begravda tunna lager av aluminiumarsenid (AlAs) under ett lager av galliumarsenid (GaAs) där vi kunnat utnyttja det faktum att fotonerna trots allt kan ta sig hundratals atomlager ner. Vi kan därigenom studera dolda strukturer bara man kan särskilja materialets innersta elektroners bindningsenergi från de som ligger ovanpå. Jag har tittat på hur elektronstrukturen ändras om man pumpar in vätgas i ett material. Yttrium förändras från att vara en ogenomskinlig och ledande metall till att vara ett genomskinlig och isolerande material när väte introduceras i det. Vi kunde se hur den elektroniska strukturen ändrades på motsvarande sätt. Vi har även tittat på system som liknar de högtemperaturupsupraledare som så mycken forskning fokuserats på.

Mjukröntgenspektroskopin är fortsatt under stark utveckling och runt om i världen byggs såväl spektrometrar som synkrotroner av allt bättre kvalitet. Framtiden ser ljus ut för mjukröntgenspektroskopin och jag hoppas kunna vara en del av dess framtid.
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