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1 **Role of the AMP kinase in cytokine-induced human EndoC-βH1 cell death**

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20

21

Abstract

22 The aim of the present investigation was to delineate cytokine-induced signalling and
23 death using the EndoC- β H1 cells as a model for primary human beta-cells. The
24 cytokines IL-1 β and IFN- γ induced a rapid and transient activation of NF- κ B, STAT-
25 1, ERK, JNK and eIF-2 α signalling. The EndoC- β H1 cells died rapidly when exposed
26 to IL-1 β + IFN- γ , and this occurred also in the presence of the actinomycin D.
27 Inhibition of NF- κ B and STAT-1 did not protect against cell death, nor did the
28 cytokines activate iNOS expression. Instead, cytokines promoted a rapid decrease in
29 EndoC- β H1 cell respiration and ATP levels, and we observed protection by the
30 AMPK activator AICAR against cytokine-induced cell death. It is concluded that
31 EndoC- β H1 cell death can be prevented by AMPK activation, which suggests a role
32 for ATP depletion in cytokine-induced human beta-cell death.

33

34 **1. Introduction**

35 Pro-inflammatory cytokines, such as IL-1 β and IFN- γ , have been suggested to
36 participate in the destruction and suppression of function of beta-cells in Type 1
37 diabetes (Pirrot, Eizirik, 2008). *In vitro* studies have demonstrated that the combination
38 of IL-1 β + IFN- γ promotes dysfunction and death of beta-cells, and that this is mainly
39 mediated via activation of the NF- κ B/iNOS (Eizirik et al., 1996), STAT-1 (Moore et
40 al, 2011) and MAP kinase (Welsh, 1996) pathways. *In vivo*, increased expression of
41 IL-1 β and IFN- γ is observed at early stages of insulinitis (Eizirik et al, 1996), and
42 diabetes in NOD mice is delayed when the mice were treated with the IL-1 β receptor
43 antagonist or when lacking the IL-1 receptor (Eizirik, Mandrup-Poulsen, 2001,
44 Thomas et al, 2004). Although there are discordant results concerning the role of IFN-
45 γ (Thomas et al., 1998), knockout of the IFN- γ receptor resulted in one study in
46 protection against diabetes (Wang et al., 1997). Also in Type 2 diabetes a role for pro-
47 inflammatory cytokines has been suggested. In this case it has been proposed that islet
48 macrophages and dendritic cells release cytokines in response to pro-amyloid IAPP
49 fibrils (Masters et al, 2010, Skeldon et al, 2014), causing a vicious cycle with
50 increasing inflammation and amyloid deposits.

51 Our knowledge on IL-1 β - and IFN- γ -induced beta-cell signalling is to a large extent
52 based on studies with rodent beta-cells. As rodent cells behave differently from
53 human cells (Seok et al, 2013), it may be that the cytokine-induced events delineated
54 above are not representative for the human beta-cells. For example, it has been
55 reported that cytokines promote the expression of anti-apoptotic genes in human islets
56 (Sarkar et al, 2009), and that NF- κ B is mainly anti-apoptotic in human beta-cells
57 (Hindlycke et al, 2012, Hägerkvist et al, 2007, Mokhtari et al, 2009), whereas it is
58 clearly pro-apoptotic in rodent beta-cells (Eizirik et al, 1996, Pirrot, Eizirik, 2008). In

59 addition, human islets contain typically only 30-50% beta-cells (Scharfmann et al,
60 2014, Welsh et al, 2005), as opposed to mouse islets that contain on average 77%
61 beta-cells (Cabrera et al, 2006), which makes it uncertain to what extent effects
62 observed in human islets actually reflect the beta-cell population. To address this
63 problem we have presently utilized the recently generated human beta-cell line
64 EndoC- β H1 (Ravassard et al, 2011). These cells are transformed human beta-cells
65 that contain one order in magnitude less insulin than primary human beta-cells, but
66 respond to both glucose and GLP-1 with an increased insulin release (Ravassard et al,
67 2011). Moreover, a recent study has reported that the glucose-induced respiration and
68 stimulus-secretion coupling responses of EndoC- β H1 cells resemble those of human
69 islets (Andersson et al, 2015). Thus, the EndoC- β H1 cells share important
70 characteristics with primary beta-cells, which allows us to study cytokine-induced
71 signalling events in a pure human beta-cell population.

72 **2. Methods**

73

74 **2.1. Materials**

75 Lipofectamine 2000 was obtained from Invitrogen. Human recombinant IL-1 β ,
76 murine- and human IFN- γ were from Peprotech. PD98059 was from Calbiochem.
77 Indomethacin, aminoguanidine and bromophenacyl bromide were from Sigma-
78 Aldrich. IKK inhibitor X and epigallocatechin gallate was from Santa Cruz.
79 SP600125 was from Tocris Bioscience. Cyclosporine A, Fludarabin was from Sellec
80 Chemicals. Compound C, 5-Aminoimidazole-4-carboxamide ribonucleotide (AICAR),
81 PD98059 and SB302480 were from Calbiochem. Actinomycin D was from Amresco.
82 5,8,11-Eicosatriynoic acid was from Enzo Life Sciences and PGE₂ was from Cayman
83 Chemical Company.

84 **2.2. Cell culture**

85 Murine betaTC-6 cells, which respond to cytokines with increased nitric oxide
86 production and cell death similarly to other rodent beta-cell lines (Makeeva et al,
87 2008), were cultured in RPMI-1640 supplemented with 10% fetal calf serum + 2 mM
88 L-glutamine and penicillin + streptomycin. Human EndoC- β H1 cells were cultured in
89 ECM/fibronectin-coated plates in low-glucose DMEM with supplements as
90 previously described (Ravassard et al, 2011).

91 **2.3. siRNA mediated silencing of STAT-1**

92 For knock-down of STAT-1, EndoC- β H1 cells were plated one day before
93 transfection to achieve 50% confluency at the time of transfection. On the day of
94 transfection cells were incubated in serum- and antibiotic free medium, and Mission

95 siRNA Universal Negative Control #1 (Sigma) or human STAT-1 siRNA (NM-
96 007315, Sigma) were combined with Lipofectamine 2000 for 30 min at room
97 temperature. Cells were incubated over night with the siRNA/liposome mixtures (30
98 nM), after which full culture medium was added.

99 **2.4. Insulin release**

100 Cells were preincubated for 30 min in Krebs Ringer bicarbonate buffer (Krebs and
101 Henseleit, 1932) containing 10 mM HEPES pH 7.4, 2 mg/ml bovine serum albumin
102 and 1 mM glucose, and then incubated for 1h in either 1 mM glucose, 20 mM glucose,
103 1 mM glucose + 0.5 mM IBMX or 20 mM glucose + 0.5 mM IBMX, at 37°C in
104 Krebs Ringer Bicarbonate buffer with the same additions as during the pre-incubation.
105 Insulin concentrations were measured using an Insulin Assay Kit (catalog #: 10-1113-
106 01, Merckodia).

107 **2.5. Evaluation of cell viability**

108 The cell viability of EndoC-βH1 was determined by staining the cells with propidium
109 iodide (Sigma) (20 µg/ml) for 10 min at 37 C. After washing, cells were trypsinized
110 and analyzed for red fluorescence (FL-3) using flow cytometry (FacsCalibur, BD). In
111 some experiments cells were inspected and photographed with a Nikon fluorescence
112 microscope.

113 **2.6. ATP contents**

114 Cells were washed in ice-cold phosphate buffer saline (PBS), sonicated for 10 seconds
115 and then centrifuged for 3 min at 12000g. The supernatants were then analyzed for
116 ATP content using the Human Adenosine Triphosphate (ATP) ELISA Kit from

117 MyBiosource (catalog #: MBS9310359). ATP contents were normalized to total
118 protein obtained by Bradford analysis.

119 **2.7. Oxygen consumption**

120 Oxygen consumption rates (OCR) were determined by Seahorse Extracellular Flux
121 Analyzer XFe96 (Seahorse Bioscience, Billerica, MA, USA) as previously described
122 (Malmgren S et al). EndoC- β H1 cells were cultured with or without the cytokines IL-
123 1 β (20 ng/ml) and IFN- γ (20 ng/ml) and 1 mM AICAR at 5.6 mM glucose for 6 hours.
124 Prior to assay, cells were preincubated with 175 μ l assay medium (Malmgren S et al,
125 2009) supplemented with 5.6 mM glucose in the presence or absence of cytokines for
126 1 h at 37 °C in the air and OCR was then measured for 20 min at this condition. The
127 proportions of respiration driving ATP synthesis and proton leak were determined by
128 blocking ATP synthase by the addition of 2 μ M oligomycin. After 16 min, 2 μ M of
129 the uncoupler carbonyl cyanide *p*-trifluoromethoxyphenylhydrazone (FCCP) was
130 added to determine the maximal respiratory capacity. After a further 16 min, 2
131 μ M rotenone and 2 μ M antimycin A were added together to block transfer of
132 electrons from complex I and complex III of the respiratory chain to measure the
133 remaining non-mitochondria-dependent respiration. Non-mitochondrial respiration
134 was subtracted from the other values when calculated different portions of respiration.
135 Data were normalized to protein contents determined by the DC protein assay (Bio-
136 Rad).

137 **2.8. Immunoblotting**

138 Cells were washed in ice-cold PBS, lysed in SDS sample buffer, boiled for 5 min and
139 separated by SDS-PAGE. Proteins were electrophoretically transferred onto a
140 Hybond-P membrane (GE Healthcare). Membranes were incubated with the following

141 primary antibodies: phospho-JNK (Thr183/Tyr185), phospho-GSK-3-alpha/beta
142 (Ser21/9), phospho-eIF2alpha (Ser51), phospho-AMPKalpha (Thr172), phospho-
143 ERK(thr202/tyr204), phospho-Akt(Ser473) antibodies (Cell Signaling Technology),
144 total-ERK, total IκBalpha (C21), and total iNOS (C11) (Santa Cruz) antibodies. The
145 immunodetection was performed as previously described (Mokhtari et al, 2009).

146 **2.9. RNA sequencing**

147 For whole transcriptome sequencing, input total RNA, isolated using the UltraSpec
148 Reagent, was analyzed using the SOLiD5500XL system as previously described
149 (Wang et al, 2013). Alignment of reads to the human reference sequence (hg19
150 assembly) was performed using v2.1 of the LifeScope Software. MicroRNA genes
151 were not included in the analysis.

152 **2.10. Gene Ontology analysis**

153 The official gene symbols of the DE genes were submitted to the Database for
154 Annotation, Visualization and Integrated Discovery (DAVID) Bioinformatics
155 Resources 6.7 (<http://david.abcc.ncifcrf.gov/>) for the functional annotation chart
156 analysis. The highest classification stringency setting was used for the GO analysis.
157 We used the criteria of FDR-corrected $P < 0.001$.

158

159 **3. Results**

160 **3.1. Characterization of EndoC-βH1 cells by insulin release determinations and**
161 **RNA sequencing (RNA-seq)**

162 In a typical experiment the insulin release of EndoC-βH1 cells at 1.0 mM glucose
163 during a 60-min incubation was 0.4 ng/100000 cells. The release of insulin at 20 mM
164 glucose, 1 mM glucose + 0.5 mM IBMX and 20 mM glucose + 0.5 mM IBMX was
165 0.7, 2.6 and 3.8 ng/100000 cells, respectively. This corresponds well with the results
166 of a more detailed study on EndoC-βH1 cell insulin release and glucose-induced
167 stimulus secretion coupling (Andersson et al, 2015). The islets from the three
168 cadaveric organ donors responded to a 17 mM glucose stimulation with an increased
169 insulin release in islet perfusion experiments (stimulation index 2.2, 5.9 and 8.8). The
170 age, gender, BMI and blood group of the three donors were, 51/58/57 years,
171 male/male/male, 28/21.4/23.4 kg/m² and AB/A/A, respectively.

172 RNA isolated from three different human islet donor preparations and three different
173 EndoC-βH1 cell preparations was used for whole transcriptome analysis. We chose to
174 compare intact human islets with the EndoC-βH1 cells, and not sorted human beta-
175 cells from dissociated human islets, because dissociation and sorting of human beta-
176 cells is a harsh procedure that may considerably affect mRNA levels. The majority of
177 the genes were expressed at a level in the range of 1-1000 reads per kilobase per
178 million (RPKM). The detection threshold for the RNA-seq analysis was set to a mean
179 RPKM value of 0.5 in both of the two groups of samples. We detected 14,105 genes
180 in human islets and 13,055 in EndoC-βH1 cells out of 23,383 annotated RefSeq genes
181 using this criterion (Online Suppl. Table 1). EndoC-βH1 cells expressed high levels of
182 transcripts typical for beta-cells, whereas in human islets expressed also high levels of

183 transcripts coding for glucagon, somatostatin, antitrypsin and cytokeratin 7 (Online
184 Suppl. Table 1), indicating that human islets contain a mixture of alpha-, beta-, delta-,
185 acinar and duct cells.

186 A comparison of the expression of genes of particular importance for beta-cell
187 function is shown in Table 1. Expression of beta-cell transcription factors tended to be
188 generally higher in the EndoC- β H1 cells than in human islets, suggesting that the
189 percentage beta-cells is lower in islets than in the cell line, and that the functional
190 state of the EndoC- β H1 cells was high. Also the higher expression of glucokinase,
191 Glut2 and the potassium channel KCNJ11 (Kir6.2), and the lower expression of
192 hexokinase and lactate dehydrogenase support this notion. On the other hand, EndoC-
193 β H1 expression of the zinc transporter ZnT8 and IAPP was considerably lower than in
194 islet cells (Table 1).

195 We next compared the expression of genes that mediate proximal steps in IL-1 β - and
196 IFN- γ -induced signalling (Table 2). Using $p < 0.001$ as significance level, to reduce the
197 risk of type 1 errors associated with multiple comparisons, we observed only a
198 difference in the expression of the phospholipase C gene PLCG2, which was higher in
199 EndoC- β H1 cells than in human islets. Besides this significant difference, expression
200 of some other genes involved in IL-1 β -induced signalling tended to be lower (IL1R1,
201 MAP3K1 and NFKBIA) or higher (IL1RAP, MAP2K6, MAPK13 and MAPK12) in
202 the EndoC- β H1 cells (Table 2). Among the genes that convey IFN- γ signals
203 expression of JAK1, PTK2B and SOCS1 appeared to be lowered, whereas MAP3K4
204 and SRC appeared higher in EndoC- β H1 cells. As these trends may signify both
205 increased and decreased IL-1 β /IFN- γ -induced signalling, it is possible that overall
206 cytokine signalling in EndoC- β H1 cells is similar to that of human islets. Interestingly,

207 Database for Annotation, Visualization and Integrated Discovery (DAVID) analysis
208 did not reveal any significant clustering of inflammation or cytokine-signalling related
209 genes among the differentially expressed (DE) genes (results not shown), suggesting
210 that the cytokine-response of EndoC- β H1 cells may be similar to that of human islets.

211 We found 2491 differentially DE genes, out of which 1426 were lower in EndoC- β H1
212 cells as compared to human islets, and the remaining 1065 genes were increased in
213 EndoC- β H1 cells (Online Suppl. Table 2). The DE-genes (increased and decreased
214 genes separately) were submitted for functional annotation clustering analysis using
215 DAVID, which showed that the EndoC- β H1 enriched genes, using the highest
216 classification stringency, are involved in different proliferation-associated events,
217 such as mitosis/cell cycle, meiosis, ATP-binding, minichromosomal maintenance and
218 kinesin motor protein function (results not shown). Thus, the continuous proliferation
219 of the EndoC- β H1 cells, with a doubling time of approximately 7 days (Andersson et
220 al, 2015), as compared to the non-proliferating human islet beta-cells, is paralleled by
221 alterations in gene expression of cell cycle/mitosis genes. Further analysis of these
222 differences could give important clues to the reasons underlying the non-proliferative
223 state of mature human beta-cells.

224 The genes which were lower in EndoC- β H1 cells than in human islets, however, were
225 clustered in GO categories such as cadherin 1-4 domains, triple helix (collagens),
226 laminins, IGFBP N-terminal domains, and TNFR cysteine rich domains, consistent
227 with the notion that the EndoC- β H1 cells have fewer cell-to-cell contacts and
228 clustering molecules as compared to cells of intact human islets (results not shown).

229

230 **3.2. The combination of IL-1 β and IFN- γ kills EndoC- β H1 cells rapidly by**
231 **inducing apoptosis and secondary necrosis**

232 The mode and kinetics of IL-1 β and IFN- γ -induced EndoC- β H1 cell death was
233 analysed by vital staining using propidium iodide and the Hoechst stain. We observed
234 a rather high basal cell death rate, which was usually above 10% (Fig. 1A). The dead
235 cells at basal conditions displayed often both chromatin condensation and
236 fragmentation, suggesting secondary necrosis (Fig. 1B). When IL-1 β and IFN- γ were
237 added together there was a consistent increase in EndoC- β H1 cell death already after
238 8 h (Fig. 1A+B). At this early time point we observed both signs of increased early
239 apoptosis (chromatin condensation and fragmentation without propidium iodide
240 uptake) and secondary necrosis (similar to apoptosis but with propidium iodide
241 positivity), indicating that the cells start out by executing the apoptotic programme,
242 but that loss of plasma membrane integrity occurs before the entire apoptotic
243 programme has been completed. To corroborate the morphological findings, we
244 incubated the EndoC- β H1 cells with cyclosporine A and observed that cytokine-
245 induced cell death was partially counteracted (Fig. 1C). Cyclosporine A blocks the
246 intrinsic apoptotic pathway by preventing mitochondrial membrane permeability
247 transition. Thus, cytokine-induced EndoC- β H1 cell death involves activation of
248 mitochondrial events leading to early apoptosis and secondary necrosis. Similar
249 cytokine-induced events seem to occur also in human islet cells, but at a slower rate
250 (Delaney et al, 1997, Noguiera et al, 2013).

251

252 **3.3. Cytokines induce phosphorylation of STAT-1, JNK, ERK, AMPK and eIF-**
253 **2 α , and promote degradation of I κ B**

254 Levels of P-STAT-1, I κ B, P-JNK, P-ERK, P-AMPK, P-eIF-2 α , P-PKB, P-GSK3
255 were analysed to determine which signalling pathways that are activated in response
256 to cytokines in EndoC- β H1 cells. We observed that P-STAT-1, P-JNK and P-ERK
257 were all increased already after 20 min (Fig. 2). Also NF- κ B was activated at this time
258 point as a decrease in I κ B levels was observed. At 60 min P-JNK, P-ERK and NF- κ B
259 returned back to control levels. P-STAT-1 returned back to control levels at 300 min.
260 P-AMPK was activated at 60 min and remained high at least until 300 min. P-eIF-2 α
261 was only increased at 60 min. We observed no effect on the phosphorylation of GSK3
262 and PKB. This suggests that cytokines induce a transient activation of classic
263 cytokine-induced signalling pathways (STAT-1, NF- κ B, MAPK, ER stress), but that
264 only the AMPK was persistently activated by cytokines. This is in contrast to similar
265 rodent experiments, in which these cytokine-induced signalling factors are often more
266 persistently activated (Eizirik and Mandrup-Poulsen, 2001).

267

268 **3.4. Cytokine-induced EndoC- β H1 cell death does not require *de novo* mRNA** 269 **transcription**

270 We next studied whether this cytokine-induced Endo- β H1 cell death requires
271 transcriptional activation, which is the case in rodent islets (Welsh et al, 1991). For
272 this purpose actinomycin D, an inhibitor of RNA polymerase II, was used. We
273 observed that both cytokines and actinomycin D by themselves promoted increased
274 EndoC- β H1 cell death (Fig. 3). However, cytokines were able to increase EndoC- β H1
275 cell death in the presence of all three concentrations of actinomycin D. This indicates
276 that cytokine-induced cell death does not require *de novo* mRNA transcription.

277

278 **3.5. Cytokine-induced EndoC- β H1 cell death does not require increased NF- κ B**
279 **or iNOS activity**

280 To test whether NF- κ B/iNOS activation promotes EndoC- β H1 cell death, we
281 analysed cell death of EndoC- β H1 and betaTC-6 cells exposed to IL-1 β + IFN- γ with
282 or without the NF- κ B inhibitor IKK inhibitor X and the iNOS inhibitor
283 aminoguanidine. We observed that neither the NF- κ B inhibitor nor the iNOS inhibitor
284 affected cytokine-induced EndoC- β H1 cell death (Fig. 4A). In addition, we did not
285 observe any detectable increase in nitrite production in EndoC- β H1 cells exposed to
286 cytokines (Fig. 4B). On the other hand, both the NF- κ B and the iNOS inhibitors
287 counteracted cytokine-induced betaTC-6 cell death (Fig. 4C), which was paralleled by
288 decreased nitrite levels (Fig. 4B). In addition, immunoblot analysis revealed that the
289 iNOS protein was induced by cytokines in betaTC-6 cells, but not in EndoC- β H1 cells
290 (Fig. 4D). Thus, in contrast to murine betaTC-6 cells, NF- κ B activation in human
291 EndoC- β H1 cells does not lead to induction of iNOS, the subsequent production of
292 toxic levels of nitric oxide (NO), and cell death.

293

294 **3.6. Cytokine-induced EndoC- β H1 cell death does not require increased STAT-1**
295 **activity**

296 To investigate whether the IFN- γ -activated transcription factor STAT-1 (Pirrot et al,
297 2008) initiates death of EndoC- β H1 cells, we knocked down STAT-1 using RNAi.
298 This approach resulted in a 55% decrease in P-STAT-1 levels 48 h after the
299 lipofection procedure (Fig. 5A). Yet, there was no protection against cytokine-induced

300 cell death (Fig. 5A). It may be that the 55% reduction in P-STAT-1 levels was
301 insufficient to affect cytokine-induced cell death. We therefore also exposed EndoC-
302 β H1 cells to the STAT-1 inhibitors epigallocatechin gallate (Menegazzi et al, 2001)
303 and fludarabine (Frank et al, 1999) 15 minutes prior to and during an overnight
304 cytokine culture period. Neither STAT-1 inhibitor protected against cytokine-induced
305 cell death (Fig. 5B+C). This gives further support to the notion that STAT-1 does not
306 mediate cytokine-induced EndoC- β H1 cell death.

307

308 **3.7. Inhibitors of MAP kinases, the prostaglandins/leukotriene pathways and p53** 309 **did not affect cytokine-induced EndoC- β H1 cell death**

310 Because MAP kinases have been reported to participate in cytokine-induced rodent
311 beta-cell death (Ammendrup et al, 2000, Pavlovic et al, 2000, Saldeen et al, 2001), we
312 incubated EndoC- β H1 cells with p38, JNK and ERK (SB203580, SP600125 and
313 PD98059, respectively) inhibitors. None of these inhibitors counteracted cytokine-
314 induced EndoC- β H1 cell death (Fig. 6A). We also incubated EndoC- β H1 cells with
315 inhibitors of phospholipase A₂, lipoxygenase (Lox) and cyclooxygenase (Cox),
316 because prostaglandins and leukotrienes have been suggested to promote beta-cell
317 damage (Luo, Wang, 2011). Also in this case no protection was observed (Fig. 6B).
318 The supplementation of 10 μ M of prostaglandin E₂ to the culture medium did not
319 further increase cytokine-induced cell death (Fig. 6B). Also the inhibitor of p53,
320 pifiphirin-alpha, failed to protect against cytokine-induced cell death (Fig. 6C).

321

322 **3.8. Cytokines decrease cellular ATP contents and mitochondrial respiration,**
323 **and the AMPK activator AICAR protected against cytokine-induced EndoC-**
324 **βH1 cell death**

325 As the AMPK has been implicated in cytokine-induced beta-cell damage (Allagnat et
326 al, 2013, Riboulet-Chavey et al, 2008), we next studied whether the ATP contents of
327 EndoC-βH1 cells were affected by cytokine treatment. The combination of IL-1β and
328 IFN-γ promoted a rapid decrease of the cell ATP content (Fig. 7A). At 6 h of cytokine
329 treatment, ATP contents were reduced dramatically with 41% (Fig. 7A), which most
330 probably explains the parallel activation of AMPK (Fig. 2). To explain the reduction
331 in ATP, we next assessed EndoC-βH1 cell respiration using the Seahorse technique.
332 A 7 h cytokine exposure resulted in a modestly reduced mitochondrial respiration at
333 basal conditions (5.6 mM glucose) (Fig. 7B+C). The decreased respiration was mainly
334 explained by a lowered mitochondrial ATP turnover, whereas no effect on proton
335 leakage was observed (Fig. 7C). Cytokines also reduced the maximal respiration in
336 the presence of FCCP (Fig. 7C). The AMPK activator AICAR promoted a lowering
337 of basal respiration and ATP turnover rates (Fig. 7C). However, when AICAR was
338 combined with cytokines, maximal respiration, basal respiration and ATP turnover
339 was partially restored as compared to cytokine exposure only. These findings suggest
340 that the cytokine-induced loss of ATP, at least in part, was caused by a lowered
341 mitochondrial respiration, and that AICAR counteracts this effect.

342 Because AICAR improved mitochondrial respiration in the presence of cytokines, we
343 next studied whether AICAR and the AMPK inhibitor Compound C affected
344 cytokine-induced death rates. Compound C (2 μM) increased basal death rates, but
345 did not affect cytokine-induced rates (Fig. 7D). AICAR, however, protected dose-

346 dependently against cytokine-induced cell death so that at a concentration of 1.0 mM
347 of the activator cell death rates were restored back to control levels (Fig. 7D).

348

349 **4. Discussion**

350 Much due to the low availability and difficulties in isolating pure human primary
351 beta-cells, the mechanisms by which pro-inflammatory cytokines induce death of this
352 particular cell type are still largely unknown. However, a recent publication reported
353 the successful generation of a new human beta-cell line, EndoC- β H1 (Rassavard et al,
354 2011), that displays similar insulin release and stimulus-secretion coupling as human
355 islets (Andersson et al, 2015), which to some extent may circumvent the difficulties of
356 obtaining pure and functional human beta-cells. We presently observed that the
357 EndoC- β H1 cells express a majority of typical beta-cell specific genes at levels
358 similar to those of human islet beta-cells. However, because the isolated human islet
359 is composed of only 30-50% beta-cells, with the rest being alpha-cells, delta-cells,
360 exocrine cells and duct cells, there were many differentially expressed genes in
361 EndoC- β H1 cells as compared to human islets. In addition, EndoC- β H1 cells are
362 transformed beta-cells that grow in monolayers, which is reflected by the decreased
363 expression of cell-to-cell contact genes, and that continuously proliferate, which is
364 reflected by the increased expression of mitosis-associated genes. Both the continuous
365 proliferation and the monolayer growth probably explain the rather low insulin
366 content of EndoC- β H1 cells, as a recent publication has reported that cessation of
367 EndoC- β H2 cell proliferation results in a markedly improved insulin production of the
368 beta-cells (Scharfmann et al, 2014), and since a three-dimensional organization of
369 beta-cells is known to improve beta-cell function (Meda, 2013). Despite the observed

370 differences in gene expression between EndoC- β H1 cells and human islets, our results
371 demonstrate that EndoC- β H1 cells retain many of the characteristics typical for
372 primary human beta-cells, including a similar expression of genes associated with IL-
373 1β - and IFN- γ -induced signal transduction, and it is possible that the cytokine-induced
374 signalling events that occur in EndoC- β H1 cells, at least in part, represent those of
375 primary human beta-cells.

376 Similar to previous finding with rodent and human islets (Pirot et al, 2008), we
377 observe that EndoC- β H1 cells respond to cytokines by transiently activating NF- κ B,
378 STAT-1, ERK, JNK and eIF-2 α . However, and in variance with what has been
379 observed in rodent beta-cells, these particular events did not result in an increased cell
380 death. Also inhibition of p53, p38 MAPK, phospholipase A₂, cyclooxygenase (Cox)
381 and lipooxygenase (Lox) failed to rescue EndoC- β H1 cells from cytokine-induced
382 death. Instead, EndoC- β H1 cell death was; a) rapid (starting at 8 hours after addition
383 of the cytokines); b) independent from *de novo* mRNA synthesis; c) occurring via
384 secondary necrosis; d) paralleled by a gradual AMPK activation; e) paralleled by ATP
385 depletion and decreased mitochondrial respiration; and f) counteracted by the AMPK
386 activator AICAR. These observations collectively suggest that the IL- 1β + IFN- γ
387 cytokine combination promotes an energy crisis of the EndoC- β H1 cells, and that a
388 pronounced activation of AMPK rescues the cells from the lack of ATP. Indeed, the
389 AMPK is activated by a lowered ATP/AMP ratio and protects from ATP depletion by
390 reducing ATP consumption rates. Interestingly, cytokines have been reported to
391 promote AMPK activation (Riboulet-Chavey et al, 2008) and a gradual loss of ATP
392 starting at 24 h in rat islets (Collier et al, 2006), which is somewhat slower than in the
393 EndoC- β H1 cells. However, in studies using rodent cells the AMPK was instead

394 assigned a pro-apoptotic role in cytokine-induced beta-cell death (Collier et al, 2006,
395 Riboulet-Chavey et al, 2008, Allagnat et al, 2013, Santos et al, 2011). The reason for
396 these contradictory and opposite roles of AMPK is not clear, but in rodent beta-cells
397 AMPK activation participated in iNOS induction (Santos et al, 2011), suggesting that
398 AMPK in these cells aggravates NO-mediated inhibition of the Krebs cycle enzyme
399 aconitase and mitochondrial respiration (Welsh et al, 1991). This is in contrast to the
400 human EndoC- β H1 cells, in which iNOS expression is not induced in response to
401 cytokines, even though AMPK is activated, which means that the AMPK may play a
402 different role in human than in rodent beta-cells.

403 It is unclear whether also human primary beta-cells respond to inflammatory
404 cytokines by lowering their ATP contents. We analysed ATP in human islets, but
405 failed to observe any effect of IL-1 β + IFN- γ when present during culture for up to 3
406 days (results not shown). This argues against ATP depletion, but as human islets
407 usually contain not more than 30-50% beta-cells (Welsh et al, 2005, Scharfmann et al,
408 2014), it can be envisaged that cytokine-induced effects on non-beta-cells might have
409 masked any putative effect on the beta-cells. Analysis of beta-cell ATP contents and
410 AMPK activation in cytokine-treated intact human islets, although experimentally
411 challenging, is highly warranted.

412 It was early reported that human islets produce NO when cultured in the presence of
413 cytokines (Corbett et al, 1993). However, although results are conflicting, it has been
414 observed that the bulk of the NO produced is derived from non-beta-cells, such as
415 duct cells (Pavlovic et al, 1999), and that cytokines damage human islets by NO-
416 independent mechanisms (Eizirik et al, 1994, Rabinovitch et al, 1994). The findings
417 of the present study concur to the notion that human beta-cells fail to induce

418 substantial expression of the iNOS gene when challenged with cytokines, which
419 probably explains why NO inhibition, at least in some cases, does not protect human
420 beta-cells against cytokines. Furthermore, as it has been reported that human beta-
421 cells are more resistant than rodent beta-cells to streptozotocin, alloxan, nitric oxide
422 donors and hydrogen peroxide (Welsh et al, 1995), it is likely that human islets not
423 only produce less NO, but also have a better defence against oxidative/nitrosative
424 stress.

425 Our finding that human EndoC- β H1 cells die from an energy crisis rather than from
426 persistent activation of inflammatory transcription factors, for example STAT-1, was
427 unexpected. However, it should be emphasized that the present findings do not
428 exclude an important role of pro-inflammatory mediators in primary human beta-cells.
429 For example, it can be envisaged that the energy crisis is particularly rapid and
430 dramatic in proliferating EndoC- β H1 cells *in vitro*, and if the loss of ATP is less
431 pronounced *in vivo*, other cell death mechanisms, perhaps in synergy with a partial
432 decrease in ATP, could exert important roles in other stages of the beta-cell death
433 process.

434 In summary, our present findings motivate increased focus on the AMPK as an energy
435 saver and beta-cell anti-apoptotic factor during conditions of inflammation. Indeed,
436 the AMPK has been reported to mediate beta-cell survival at other circumstances than
437 those presently investigated (Meares et al, 2010). It is also noteworthy that the Type-2
438 diabetes drug metformin, which seems to promote some beneficial effects also in
439 Type-1 diabetes (Lund et al, 2008), is known to activate the AMPK. Although
440 metformin is preferentially taken up in liver cells, it is possible that it accumulates
441 also in beta-cells when present throughout prolonged time periods (Leclerc et al,

442 2004), which might confer protection to beta-cells against inflammatory conditions
443 and loss of ATP, explaining, at least in part, some of its anti-diabetic properties.

444

445 RGF, JC and CK performed the experiments and analyzed data. AA performed the
446 bioinformatic analysis. PB, PR, RS and NW analyzed data and wrote the manuscript.

447

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674

GENE	Human islets (RPKM)	EndoC-βH1 (RPKM)
PDX1	15,9±3,9	81,6±8,8*
MAFA	36,4±18,2	37,3±10,9
MAFB	51,7±12,7	153±38,6
NKX2-2	9,1±2,1	15,9±0,6
NKX6-1	14,1±6,5	23,6±1,5
ISL1	33,8±6,8	55,5±9,4
FOXA2	27,8±7,0	50,9±1,8
NEUROD1	75,5±16,5	80,6±0,3
NEUROG3	0	1,4±0,25*
PAX4	0	0,5±0,18
PAX6	33,8±8,3	33,7±3,0
GCK (Glucokinase)	6,1±1,5	43,3±8,1*
HK1 (Hexokinase)	10,5±1,5	0,15±0,02*
SLC2A1 (Glut1)	17,5±4,4	14,0±3,1
SLC2A2 (Glut2)	2,9±1,9	4,2±1,1
SLC2A4 (Glut4)	0,1±0,02	0,1±0,02
LDHA (lactate dehydrogenase)	119±25,6	65,6±4,0
SLC30A8 (ZnT8)	237±58,1	21,6±3,9*
KCNJ11 (potassium inwardly-rectifying channel)	9,1±2,0	20,9±1,5
INS (insulin)	4040±1260	3120±679
IAPP (islet amyloid protein)	661±169	38,7±9,3*
PCSK1 (proprotein convertase 1)	195±32,6	119±11,3

675 *Table 1. Expression in human islets and EndoC-βH1 cells of genes with particular*
676 *importance for beta-cell function cells as determined by RNA-seq. Results are*
677 *means±SEM for three independent observations. * denotes p<0.001 using Student's t-*
678 *test.*

679

GENE	Human islets (RPKM)	EndoC-βH1 (RPKM)
IL1R1	21,6±5,0	1,0±0,1
IL1RAP	2,9±0,6	8,5±3,3
IRAK1	16,9±1,6	29,1±3,4
IRAK4	10,1±0,5	5,4±1,1
MYD88	15,2±3,2	8,9±0,9
TOLLIP	16,5±2,9	28,3±2,0
TRAF6	4,1±0,5	3,1±0,5
UBE2N	12,1±0,9	14,8±1,0
UBE2V1	15,6±1,3	28,9±1,8
ECSIT	7,0±1,0	8,0±1,2
TAB1	5,4±0,4	9,5±1,7
TAB2	31,4±5,8	25,2±5,8
MAP3K1	12,6±2,1	3,2±0,2
MAP3K7	19,8±1,9	17,1±4,1
IKBKB	6,8±1,1	4,8±0,4
IKBKG	1,1±0,2	0,9±0,2
CHUK	21,0±2,3	31,8±8,7
MAP3K14	5,3±1,1	2,0±0,3
MAP2K4	14,6±1,0	20,6±2,5
MAP2K6	2,1±0,2	14,2±4,2
MAPK8	22,6±0,8	32,3±4,4
MAPK9	12,1±1,3	9,9±0,5
MAPK10	6,4±1,0	9,8±1,7
MAPK14	14,9±0,4	23,1±1,0
MAPK13	22,8±1,1	67,2±10,2
MAPK12	1,4±0,5	6,0±1,1
NFKB1	16,4±4,7	7,7±0,2
RELA	10,4±1,4	6,5±0,4
NFKBIA	112±76,4	22,8±1,4
NFKBIB	4,2±1,1	4,0±0,3
NFKBID	1,1±0,2	1,2±0,1
IFNGR1	57,9±7,2	21,7±4,1
IFNGR2	37,1±12,4	30,4±4,0
JAK1	77,8±8,3	24,9±4,1
JAK2	4,2±0,3	2,42±0,7
MAPK1	36,9±0,4	50,9±2,5
MAPK3	16,9±1,8	20,9±2,8
PTK2B	6,35±0,8	2,2±0,1
PTPN11	15,7±1,7	15,5±4,0
MAP3K4	17,4±1,8	37,2±2,1
PLCG2	3,2±0,8	31,9±2,5*
PRKCA	6,2±1,2	13,2±1,2
SRC	6,9±1,1	14,2±0,9
PRKCD	8,6±1,3	11,0±0,7
CAMK2G	15,6±0,9	7,5±0,5
CAMK2B	4,2±0,9	2,9±0,2
CAMK2D	15,2±1,6	11,9±2,0
SOCS1	3,5±1,6	0,4±0,1

680 *Table 2. Expression of genes in human islets and EndoC-βH1 cells that participate in*
681 *IL-1β- and IFN-γ-induced signalling as determined by RNA-seq. Results are*
682 *means±SEM for three independent observations. * denotes p<0.001 using Student's t-*
683 *test.*

684

685 LEGENDS TO THE FIGURES

686

687 *Fig. 1. EndoC-βH1 cells die in response to cytokine exposure by apoptosis and*
688 *secondary necrosis.* EndoC-βH1 cells were exposed to the cytokines IL-1β (20 ng/ml)
689 + IFN-γ (20 ng/ml) for various time points and then labelled with propidium iodide
690 and Hoechst for 10 min. (A) Results were quantified by fluorescence microscopy and
691 counting of the cells showing signs of apoptosis (nuclear condensation/fragmentation)
692 or primary/secondary necrosis (propidium iodide fluorescence). Results are sum of
693 both apoptosis and necrosis and represent 3 independent observations ± SEM. (B)
694 Photographs showing typical patterns of cell death. At 0 and 4 hours basal levels of
695 apoptosis and necrosis were observed. At 8 hours an increased number of apoptotic
696 (condensed/fragmented nuclei, arrows) and secondary necrotic (propidium iodide
697 positive, arrows with circleheads) cells was observed. (C) EndoC-βH1 cells were
698 cultured 21 h with cytokines (Cyt) with or without cyclosporine A (CyA, 10 μM) and
699 then labelled with propidium iodide and analysed with flow cytometry. Results are
700 means ± SEM for 3 independent experiments. * denotes p<0.05 vs. control.

701

702 Fig. 2. IL-1 β + IFN- γ induces phosphorylation of STAT-1, JNK, ERK, AMPK and
703 eIF-2 α , but not PKB and GSK3, and induces degradation of I κ B in EndoC- β H1 cells.

704 Cells were exposed to IL-1 β + IFN- γ for various time periods (x-axis) and then
705 analyzed for activation of signaling factors using immunoblot analysis. Results are
706 normalized to total ERK signals and are means \pm SEM for 4 independent experiments.
707 * denotes p<0.05 vs 0 min of cytokine exposure. The lower right panel shows bands
708 for the different antibodies obtained from one filter stripped between the different
709 antibody incubations.

710

711 Fig. 3. Actinomycin D does not protect against cytokine-induced EndoC- β H1 cell

712 death. EndoC- β H1 cells were pre-exposed actinomycin D (AmD) for 15 min and then
713 cultured for another 8 hours in the presence of IL-1 β + IFN- γ before analysis of cell
714 death using propidium iodide staining and flow cytometry. Results are means \pm SEM
715 for 4 experiments. * denotes p<0.05 using Students paired t-test when comparing vs.
716 corresponding group without cytokine exposure.

717

718 Fig. 4. Inhibitors of iNOS and NF- κ B do not protect against cytokine-induced EndoC-

719 β H1 cell death. (A) EndoC- β H1 cells were pre-exposed to 750 μ M of the iNOS
720 inhibitor aminoguanidine (AG) or to 10 μ M of the NF- κ B inhibitor IKK inhibitor X
721 (NF- κ B inh) for 15 min and then cultured for another 18 hours in the presence of IL-
722 1 β + IFN- γ before analysis of cell death using propidium iodide staining and flow
723 cytometry. Results are means \pm SEM for 3-4 experiments. * denotes p<0.05 using
724 Students paired t-test when comparing vs. corresponding group without cytokine
725 exposure. (B) Culture medium from cells in Fig. 4A + B were analyzed for nitrite

726 content using the Griess reagent. * denotes $p < 0.05$ using Students paired t-test when
727 comparing vs. the group with cytokine exposure only. (C) BetaTC-6 cells were
728 incubated and analyzed as in (A). Results are means \pm SEM for 3 experiments. *
729 denotes $p < 0.05$ using Students paired t-test when comparing vs. the group with
730 cytokine exposure only. (D) EndoC- β H1 and betaTC-6 from Figures 4A and 4C were
731 analyzed for iNOS protein expression using immunoblotting.

732

733 Fig. 5. Inhibition of STAT-1 does not prevent cytokine-induced EndoC- β H1 cell death.

734 (A) EndoC- β H1 cells were treated with control or STAT-1 siRNA. Two days later
735 cells were exposed to IL-1 β + IFN- γ overnight and cell death rates were analyzed by
736 flow cytometry. For immunoblot analysis of P-STAT-1 cells were exposed to
737 cytokines for 30 min. Upper panel shows the means \pm SEM for 4 experiments and the
738 lower panel shows a 55% knockdown of Phospho-STAT-1 induced by siRNA
739 treatment. The intensities of the P-STAT-1 bands were normalized to total protein
740 loading and transfer, as assessed by amidoblack staining. (B) and (C) EndoC- β H1
741 cells were pre-exposed to 10 μ M epigallocatechin gallate (EGCG) or 50 ng/ml
742 fludarabine (Flud) for 15 min and then cultured for another 18 hours in the presence
743 of IL-1 β + IFN- γ before analysis of cell death using propidium iodide staining and
744 flow cytometry. Results are means \pm SEM for 4 independent observations.

745 Fig. 6. Inhibitors of MAPK, Lox, Cox, phospholipase A₂ and p53 do not protect

746 against cytokine-induced EndoC- β H1 cell death. (A) EndoC- β H1 cells were pre-
747 exposed to 20 μ M PD98059 (PD), 10 μ M SB203580 (SB) or 10 μ M SP600125 (SP)
748 for 15 min and then cultured for another 18 hours in the presence of IL-1 β + IFN- γ
749 before analysis of cell death using PI-staining and flow cytometry. (B) EndoC- β H1

750 cells were incubated with 10 μ M of PGE₂, 5 μ M of the Lox-5 inhibitor 5,8,11-
751 Eicosatriynoic acid (LTH), 25 μ M of the Cox inhibitor indomethacin (IM) and 10 μ M
752 of the phospholipase A₂ inhibitor bromophenacyl bromide (BRB) as above. (C)
753 EndoC- β H1 cells were incubated with 10 μ M of the p53 inhibitor pifithrin-alpha (p53
754 inh). Results are means \pm SEM for 3-4 experiments.

755

756 Fig. 7. Cytokines decrease ATP contents and oxygen consumption of EndoC- β H1
757 cells, and the AMPK inhibitor AICAR protected against cytokine-induced cell death.

758 (A) EndoC- β H1 cells were exposed to IL-1 β + IFN- γ for 3, 6 or 24 h and then
759 analyzed for ATP contents using and ELISA kit. Results are means \pm SEM. N=6 and
760 * denotes p<0.05 using Student's t-test when comparing vs. 0 h of cytokine exposure.

761 (B and C) EndoC- β H1 cells were incubated for 6 + 1 h at 5.6 mM glucose with or
762 without cytokines and 1 mM AICAR, and then analyzed for oxygen consumption
763 rates (OCR) using the Seahorse technique. Results are means \pm SEM. N=6, each
764 performed in at least triplicates, and * denotes p<0.05 using one-way ANOVA and
765 Holm-Sidak's multiple comparison test when comparing vs. control. # denotes p<0.05

766 when comparing vs. the cytokine group. (D) EndoC- β H1 cells were pre-exposed to 2
767 μ M Compound C (CC) or 0.5 and 1.0 mM AICAR for 15 min and then cultured for
768 another 18 hours in the presence of IL-1 β + IFN- γ before analysis of cell death using
769 PI-staining and flow cytometry. Results are means \pm SEM for 4-7 independent
770 observations. * denotes p<0.05 using Students paired t-test when comparing vs. the
771 cytokine exposed group.

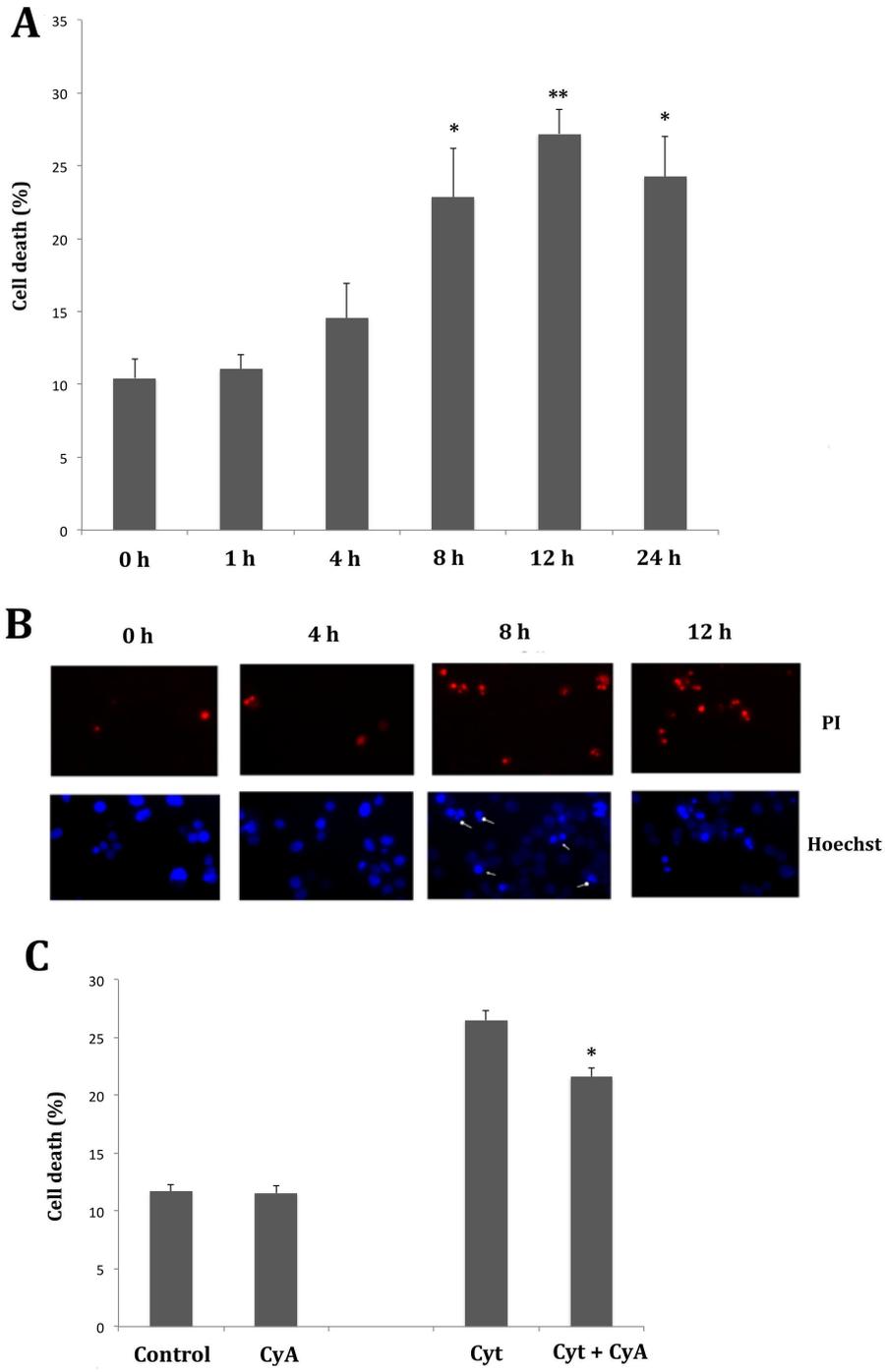
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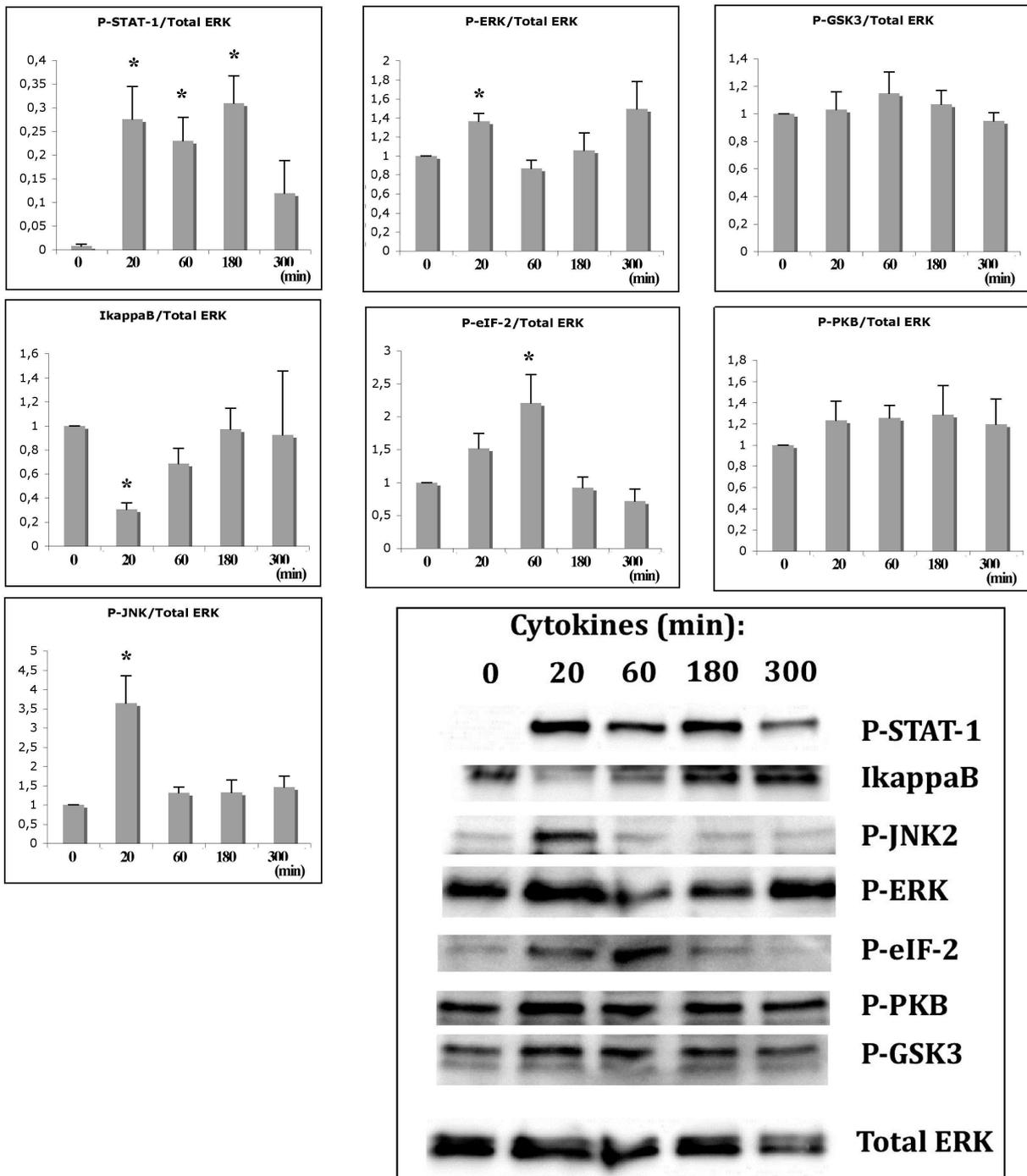
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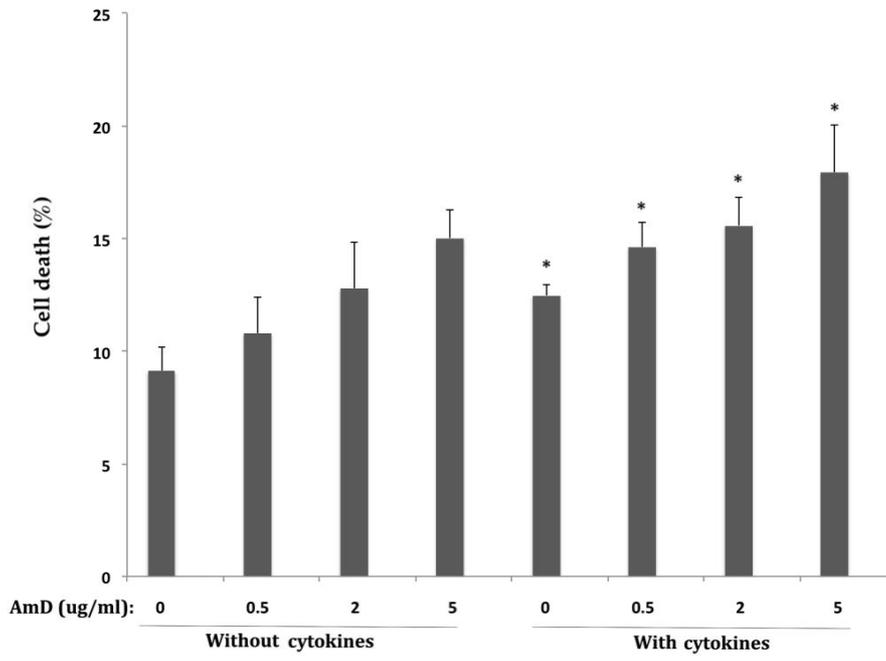
Fig. 1



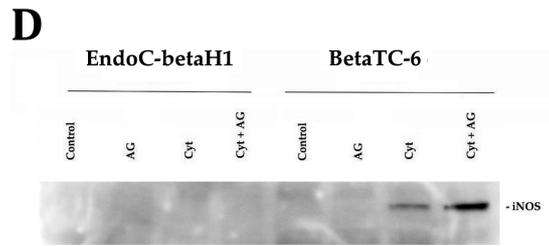
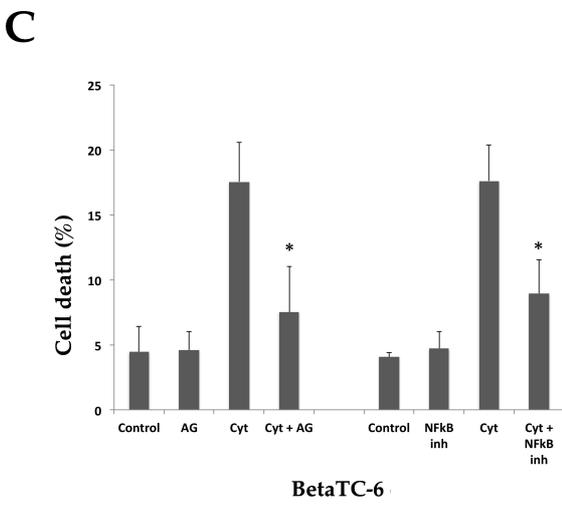
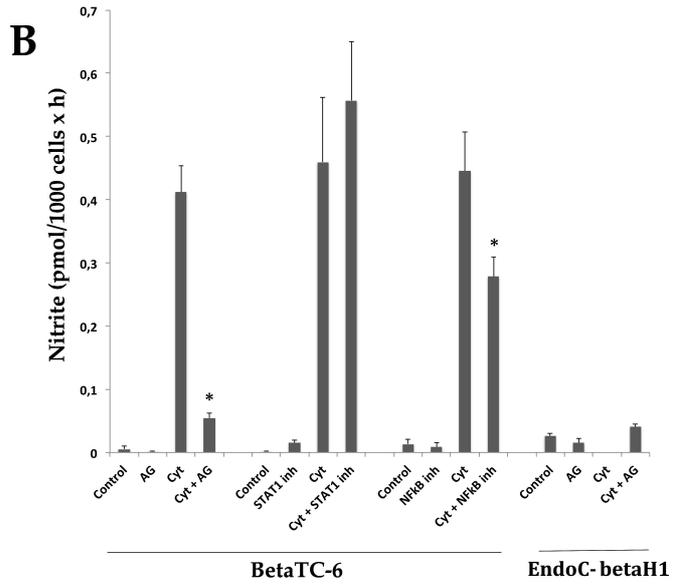
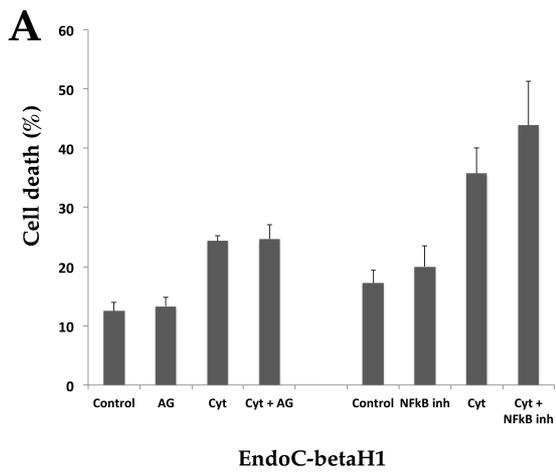
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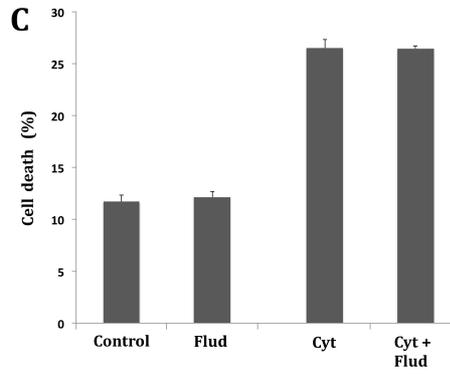
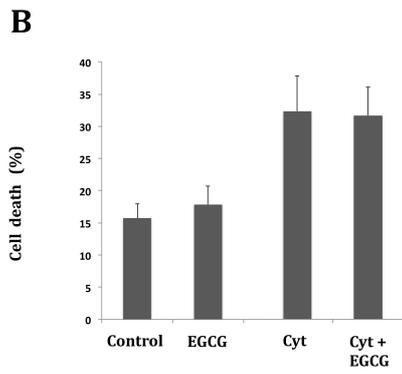
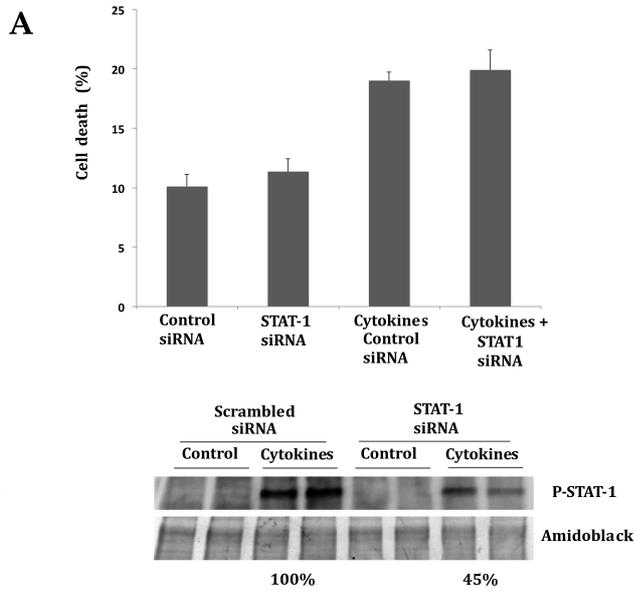
781 Fig. 3
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783
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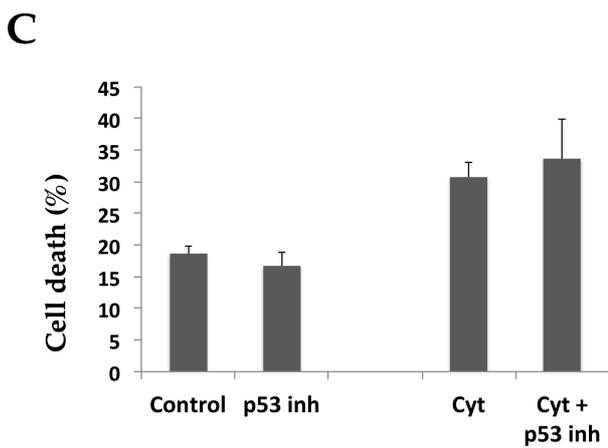
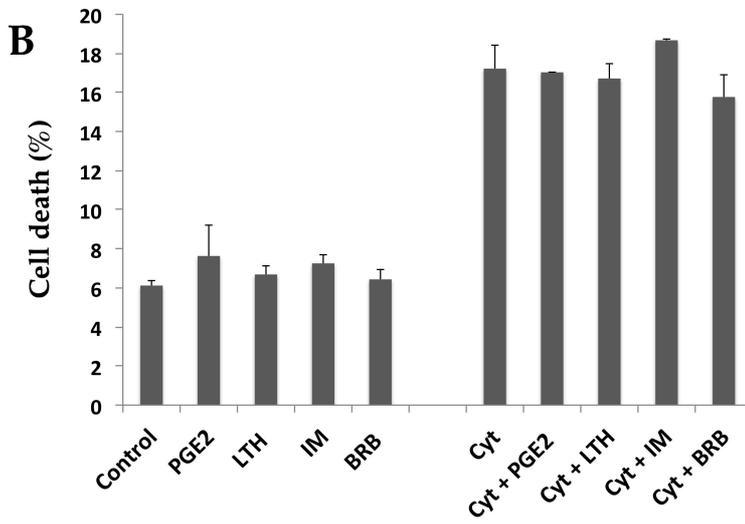
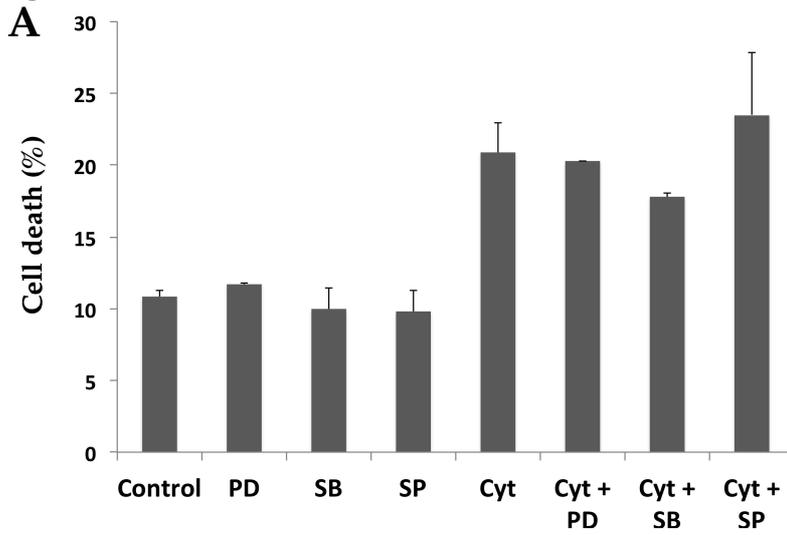


788 Fig. 5



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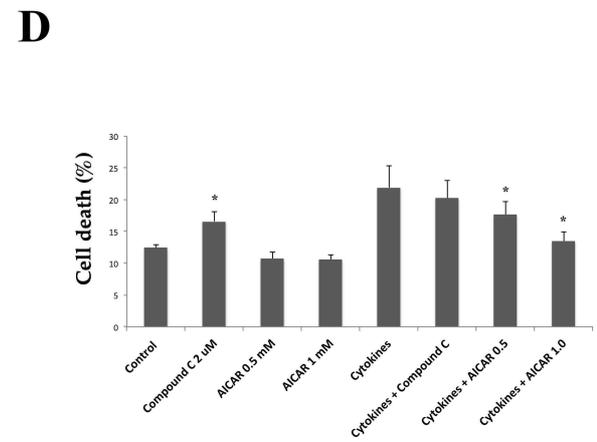
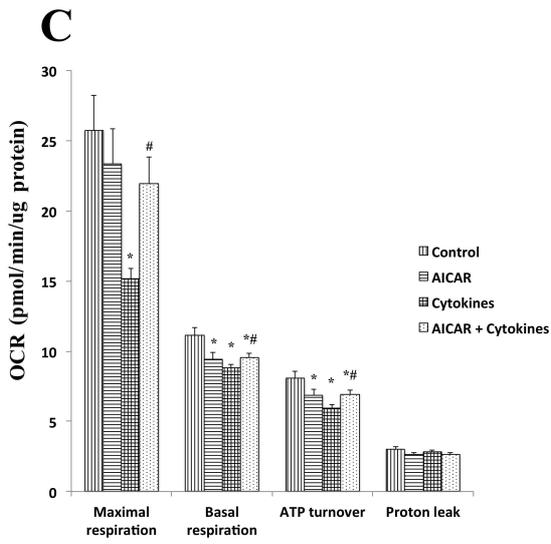
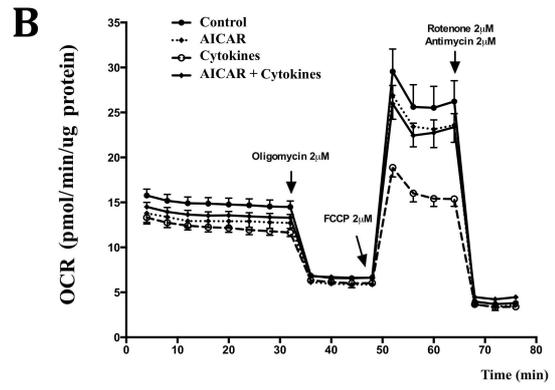
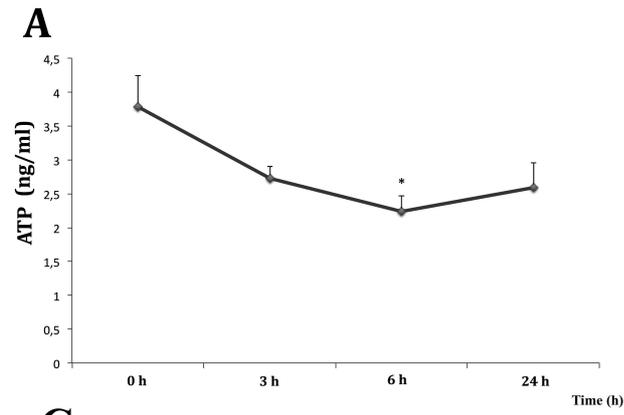
791 Fig. 6



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794 Fig. 7

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